

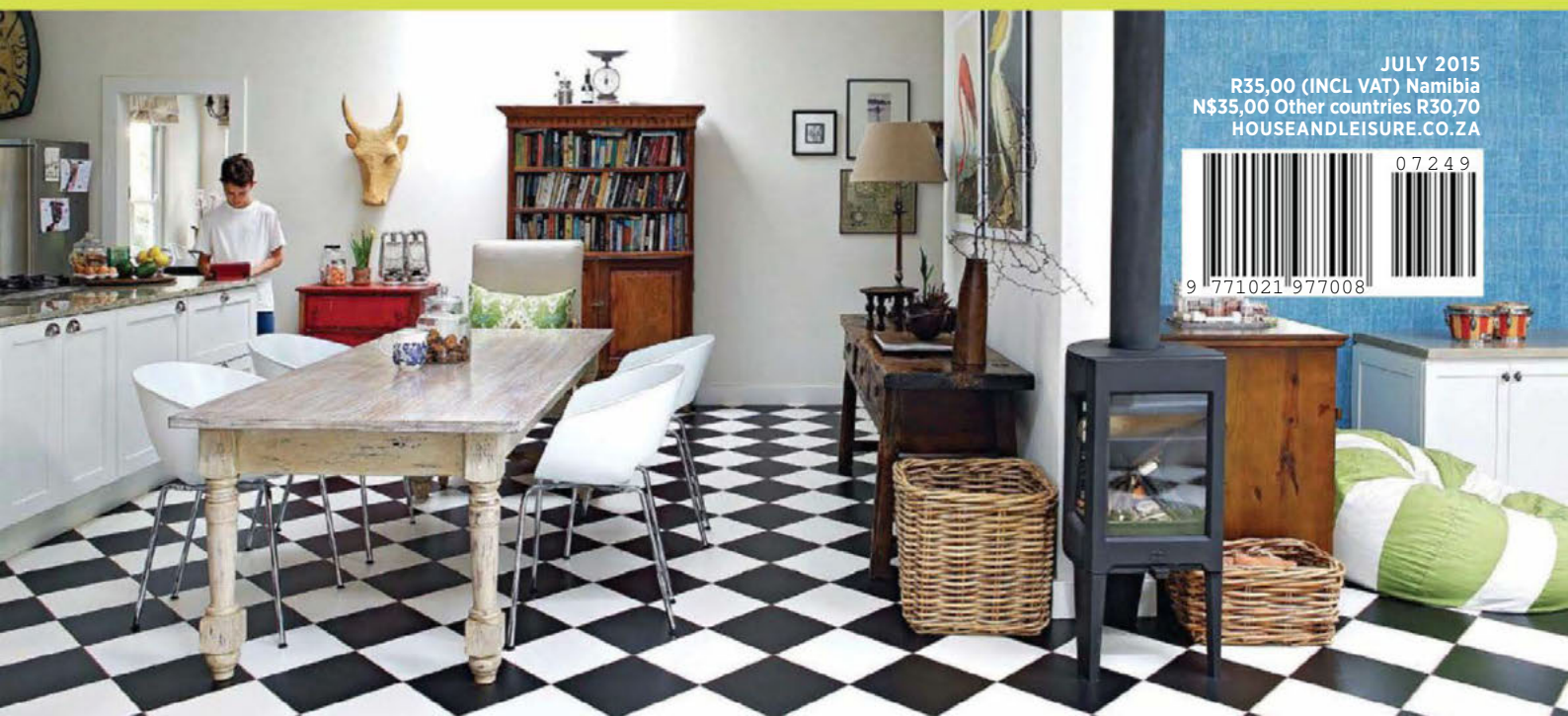
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Depth through Design

Today we live increasingly multi-dimensional lives, and we are able to express ourselves through added depths and successive outer layers that want to be explored. This new in-vogue trend of multi layers is translated in the subtle use of clusters of colour, rather than a single shade used in isolation.

The combination of various colours is key here, in predominantly soft and pastel hues, while the use of fading, overlaying and opaque materials adds to the sense of depth.

"We surround ourselves with layers of skins - every layer represents who we are, expressing our need for identity. Colour plays an important role in revealing the various aspects of our character to the world, from the colours we wear to the interior of our home." - Sonica Bucksteg, Dulux Colour Specialist

AkzoNobel

Add visual interest to your room step by step



You will need the following materials:

- Masking Tape
- String
- Scissors
- Chalk
- Neutral Base Colour (Such as Luxurious Silk™ Mid Sheen Interior Wall Paint)
- Feature Paints

Sunny Savannah 4 (T)

Wholemeal Honey 2 (T)

Inky Pool 5 (T)

Maraschino Mocha 1 (T)

Bleached Lichen 2 (T)



STEP 1: Apply 2-3 coats of your favourite neutral colour. This will serve as your base colour and complement your feature colour.



STEP 2: Using your chalk, preferably in a colour close to that of your neutral base colour, mark the highest point of design on either sides of the wall which you would like to use as a focal point. Repeat 2-3 times below your original marks.



STEP 3: Measure enough string to stretch horizontally between the two points. Run chalk along the length of the string followed by rapping each point so that it runs horizontally against the wall. **HINT:** Ensure the string touches the wall after taping. Once you've removed the string, you will be left with a chalk line which will serve as a guideline. Repeat lower down.



STEP 4: Load a medium amount of paint on your brush and apply medium pressure whilst following the chalk guidelines. **TIP:** To achieve a feathery effect do not apply too much pressure.



STEP 5: Express yourself through colour and create your own unique style by using neutral to bold, striking hues. You can also use different brushes to create various visual effects.



Colour references are as accurate as printing will allow. Please refer to the Dulux on-shelf displays for an accurate representation of the colour. Available in a variety of tinted colours (T) from the Dulux Colour Display Unit. For more information visit www.dulux.co.za or contact the Dulux Careline on 0860 330 111

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32

44



trends

- 19 LOVE THIS LOOK** Timber! We're falling for these beautifully crafted wooden pieces
- 24 TREND SCOOP** Cape Town creative Carla Kreuser draws inspiration from the vibrant city she calls home
- 26 WANT IT!** Divide and conquer. Our pick of the prettiest screens
- 28 WANT IT!** You'll be transported to a tropical paradise with an abundant display of indoor plants
- 30 SOFT SPOT** Make a statement with bold geometric fabrics and wallpapers
- 32 SHOPPING INSPIRATION: DREAM TEAMS** We showcase three hot colour combos
- 36 BEFORE & AFTER** A dated farm kitchen gets a glossy remake
- 38 STYLE SNOOP** Take a peek inside designer couple Rich and Alice Perks' upgraded KZN house
- 40 BEAUTY** Our pick of the best local skin-care products

- 42 BY DESIGN** Take a peek at the new showroom and coveted carpet designs of luxury British brand The Rug Company
- 44 WHAT'S HOT** The latest news on the retail scene
- 46 ART SMART** Soweto's Zanele Mashumi, owner of Mashumi Art Projects, on the impact art has had on her life
- 48 HIGH PERFORMANCE** The Infiniti Q50 2.0T Sport offers a luxury drive at a competitive price



homes

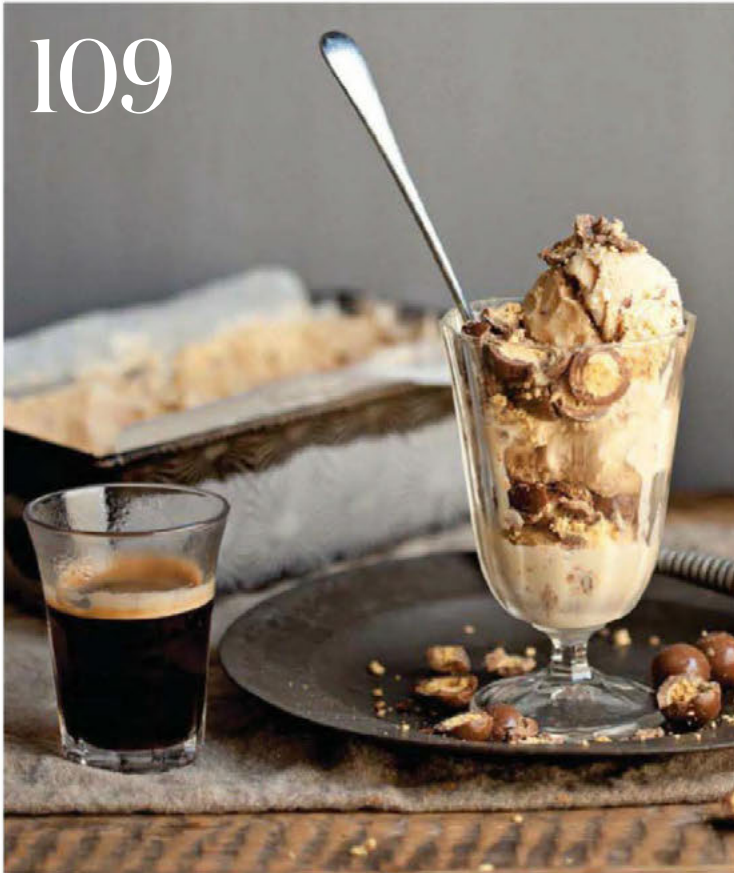
- 52 HOUSE OF THE MONTH: RENOVATION #1**
A disjointed property in Morningside, Johannesburg, is turned into a relaxed, contemporary space
- 60 RENOVATION #2**
The union of two structures in leafy Newlands, Cape Town, results in a spacious family home
- 68 RENOVATION #3**
A 1940s bungalow in Johannesburg is transformed into a warm space filled with light, texture and colour
- 78 RENOVATION #4**
A clever renovation turns a beach house into an all-weather home for young and old alike

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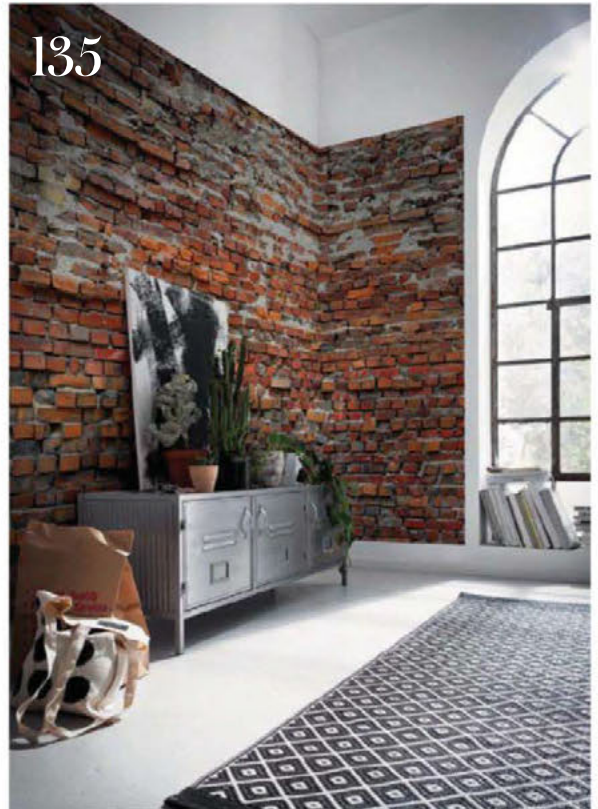
CONTENTS

JULY 2015

109



135



leisure

- 87 **HOT SPOT** Imibala Restaurant & Deli in Somerset West offers an uplifting foodie experience with seasonal dishes and elegant surrounds
- 90 **HOT SPOT** Reinvigorated and revamped Peddlers & Co. in Cape Town now caters to an even broader clientele with four distinct dining and socialising concepts
- 92 **MARKET OF THE MONTH** Pop-up initiative Market @ The Sheds can be found at a hot new venue in Pretoria each month
- 94 **SPOTLIGHT** Foodie News
- 95 **TASTE SHAPER** Charcutier Richard Bosman is serving up the hottest food item of the moment: bacon, and lots of it
- 96 **THIRST QUENCHER** The latest updates on the drinks scene
- 97 **DRINK UP** Local wines to savour
- 98 **A TASTE OF TASHAS** Tasha Sideris shares easy and delicious recipes from her new cookbook with HL

- 102 **SLOW FOOD** Beat the winter chill with hearty comfort recipes
- 109 **COFFEE SUPPLEMENT** Coffee culture has grown up and is embracing the world
- 118 **LADY SOUL** With its magnificent old trees and impressive collection of roses, this old Victorian garden in the KZN Midlands is still as charming as it was in 1880
- 124 **THE LUXE LEAGUE** A progressive resort group is setting a whole new standard for grand, lavish relaxation on Mauritius
- 132 **TRAVEL TALK** Local getaways
- 160 **WEEKEND WITH** Joburg street-style photographer and blogger Anthony Bila shows us (in Instagrams) how he spends his weekends

solutions

- 135 **WALL OF FAME** New patterns, colours and textures to transform your walls

- 146 **WHAT'S NOW** Shopping inspiration for the kitchen (page 146), lounge (page 149), bedroom (page 150), bathroom (page 153), garden (page 154) and great new ways to go green (page 155)

regulars & wins

- ON THE COVER** Photographs by Elsa Young
- 12 **EDITOR'S LETTER** Naomi Larkin on the Renovations Issue
- 14 **HL ONLINE** Reasons to visit houseandleisure.co.za
- 16 **CONTRIBUTORS** Some of the creative people who've contributed to this issue
- 133 **HL WIN** One reader will win a five-night stay for two at Kapama River Lodge in the Kruger National Park worth R50 000
- 159 **STOCKISTS** Where to find everything in the issue, and our terms and conditions

EDITOR'S LETTER



HOUSE OF THE MONTH

This Morningside home's contemporary upgrade included replacing the dark, narrow kitchen with a more social, open-plan space.

In our increasingly connected world change happens as fast as you can update your news feed. Clicking refresh on your home, however, is hardly a quick fix. Anyone who's carried out a renovation will testify to the myriad frustrations, disruptions and delays that go hand-in-hand with big alterations. In this arena, it's slow and steady that wins the race, and *HL's* waiting at the finish line to reward your hard work. Our annual Renovations Issue

However, not every transformation needs to be a large-scale operation. If you're looking for a little instant gratification, turn to our Trends section. Decor editor Leana Schoeman's taken chic to new heights with a covetable spread of Scandi-style timber furnishings (page 19) and we've breathed new life into the home with a lush, viridescent interior in Want It (page 28). Making over entire rooms is a breeze with our shoppable mood boards

IN THIS ARENA, IT'S SLOW AND STEADY THAT WINS THE RACE, AND *HL'S* WAITING AT THE FINISH LINE

is not just a celebration of the beautiful builds that emerge from this debris, but of the incredible homeowners, designers, architects and teams of contractors and craftsmen who've turned big ideas into dream homes, too.

The architect of our House of the Month (page 52), Georg van Gass, shows us that a fresh face-lift, contemporising the Morningside home's facade and opening up the flow of the once 'small and awkward spaces', makes all the difference. Cleverly identifying and reimagining 'dead areas', Roxanne and Craig Denbury's home (page 60) in Newlands is now light and lofty, with room for their growing family. As the 'before' and 'after' pictures show, architect Kobus Nieuwoudt's sleek update to a holiday retreat in Stilbaai (page 78) doesn't detract from the laid-back beach-house feel inside. Even this month's Hot Spot, Cape Town local Peddlars & Co, underwent a major revamp (page 90).

of modern colour schemes that exude sophistication and style (page 32).

There's no hiding from winter come July so, for those finding it hard to part with your bed on cold winter mornings, check out our coffee feature (page 109) – an edit of the latest cafés, beans and brews on the market – that is sure to rouse you from the deepest slumber. And what better way to survive the chill than with a hearty stew or soul-validating potpie? We've concocted five comfort recipes (page 102) to keep you warm while the mercury's low.

Naomi

Follow Naomi
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BEFORE



editor's picks




FROM ABOVE Toast your renovation success with these top local bubblyies: Graham Beck Cuvée Clive R580 (grahambeckwines.co.za); Muratie Lady Alice Rosé MCC 2012 R160 (muratie.co.za); 2011 Charles Fox Cipher R400 (charlesfox.co.za).

DON'T FORGET TO SUBMIT YOUR ARTWORK

BEFORE THE SANLAM PORTRAIT AWARD ENTRIES

CLOSE ON 23 JULY. SEE PAGE 47 FOR DETAILS.



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FINISHING TOUCHES

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ESTEE KERSHOFF

is *House and Leisure's* new Chief Copy Editor and compiles the Solutions What's Now Garden and Green Living features every month.

What is your renovation approach: DIY or call in the professionals? 50/50. **If you could redesign one thing in the world what would it be?** Oven mitts – they're either so thick and bulky that you can't work

properly or too thin to be of any real use. **And what would you leave just as it is?** Libraries. **What is the best way to update walls?** Rotate the art. **Designer item you covet?** A Barcelona chair and footstool by Mies van der Rohe. **What do you love most about July?** The sounds of winter (rain, thunder, crackling logs, rustling pages, simmering pots) and coats – I have a slight addiction to stylish trenches!

NATASHA SIDERIS

is the woman behind the much-loved Tashas restaurant chain. We share some recipes from her new cookbook, *Tashas* (page 98). **If you could redesign one thing what would it be?** Economy-class seats on aeroplanes. **And what would you leave just as it is?** Farnsworth House by Mies van der Rohe. **What's your renovation approach: DIY or call in the professionals?** Professionals. I love to collaborate with people on design. **What do you love most about July?** My birthday. **Favourite remake?** Baz Luhrmann's *Romeo + Juliet*. **Favourite winter comfort food?** My mom's chicken soup with kritharaki (orzo).



QUANITA RINQUEST

is *HL's* advertising controller. She also worked on Associated Media Publishing's annual *WOW* booklet.

If you could renovate one room in your house which would it be? My kitchen – I need more space so that our entire family can cook together and chat at the end of each day. **What is the best way to update walls?** Wallpaper. **What's your renovation tip?** Planning

properly saves costly mistakes. **If you could redesign one thing what would it be?** The electrical systems of households to make them more energy efficient. **And what would you leave just as it is?** The Eiffel Tower – I'm a hopeless romantic. **Designer item you covet?** The Boy Chanel Flap Bag with chevron quilting in military green. **Favourite coffee spot?** Deluxe Coffeeworks in Church Street, Cape Town. **Favourite remake?** Mini. **Favourite winter comfort food?** Home-made soups.



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THE PLEASURE OF LIVING HERE NOW

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ABOVE, FROM LEFT PVA matt **paint** in 50YR 53/160 R111/litre, Dulux; Oakwood Manor laminate **flooring** with painted V-groove from the Black Forest range R450/m², Finfloor; Theo **side table** in Fumed Oak R4 995, La Grange Interiors; wooden Boy **figurine** R699 (medium), Weylandts; **broom**, stylist's own; Hinaki **pendant light** in Natural by David Trubridge R5 632, Glo Lighting & Living; birch-and-elm Originals Chairmakers **chair** in Clear Lacquer by Ercol R9 710, Tonic; Ladder pine **trestles** R500 each, and laminated-pine **table top** R350 (180×54cm), all Wood You Believe It; Doss ash **table lamp** with sanded finish R2 995, La Grange Interiors; timber **vessels** from R4 170 each, Tonic; wooden **bird house** R330, Nonna.

PREVIOUS PAGE, FROM LEFT PVA matt **paint** in 50YR 53/160 R111/litre, Dulux; Oakwood Manor laminate **flooring** with painted V-groove from the Black Forest range R450/m², Finfloor; Smart beech **chair** in #310 R3 545, Lineal natural oak **chair** in #310 R7 180, and Sail solid ash **chairs** in Stain #310 R 7 220 each, all by Andreu World, Tonic; Bau **pendant light** in Nature by Normann Copenhagen R3 000, Entrepo; Vidun **table base** in Natural from the é DePadova collection by Vico Magistretti R27 588, and glass **table top** from R7 500, both Generation; **books**, stylist's own; round wooden **candle holder** R223, Nonna; wooden Lumberjack **candle holders** in Ash by Simon Legald for Normann Copenhagen from R400, Entrepo; Nami **rack** R1 399, Country Road.



ABOVE, FROM LEFT PVA matt **paint** in 50YR 53/160 R111/litre, Dulux; Oakwood Manor laminate **flooring** with painted V-groove from the Black Forest range R450/m², Finfloor; Spati oak **mirror** R3 595, Weylandts; Up Y **coffee table** with oak top and frame in Traffic Grey R8 900, La Grange Interiors; **books**, stylist's own; Wood **lamp** with White chord by TAF Architects for Muuto R2 000, Entrepo; Modulab slatted **bed set** with four shelves R7 800 (queen), Old Barn Originals; Quince **quilt** in White R3 995, Weylandts; Log scatter **cushion** R350, and Log chair **cushion** R340, both The Space; Kater oak **tray** R999, Country Road; Jambo wooden drinking **bowl** R288, Jacaranda **cup** R112, and wooden **egg cup** R68, all Nonna; Looker **floor lamp** in Madera Natural by Santiago Sevillano R10 486, Glo Lighting & Living; Scandi Back **dining chair** in Oak R1 499, @home.

NEXT PAGE, FROM TOP Oakwood Manor laminate **flooring** with painted V-groove from the Black Forest range R450/m², Finfloor; Ducky **figurine** in Oak by Normann Copenhagen R1 500, Entrepo; PVA matt **paint** in 50YR 53/160 R111/litre, Dulux; Pebble **coffee table** in Oiled Oak and Walnut R5 521, Mezzanine; Elma **tray** in Natural R279, Aki oak **salad servers** R229, and Britta ash **trivet** R129, all Country Road; Polygon **armchair** with coated-metal frame and plywood armrests upholstered in Lama 2 fabric by Prostor R22 900, Hip Republic.



TRENDS LOVE THIS LOOK



PRODUCTION ASSISTANTS: HEATHER BOTING, MATTHEW MOSSELS. FOR SUPPLIER'S DETAILS SEE THE STOCKISTS PAGE



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carla kreuser

This Cape Town-based illustrator and graphic designer takes to the streets for inspiration

TEXT AMY-LEIGH PATERSON PHOTOGRAPHS JAC DE VILLIERS

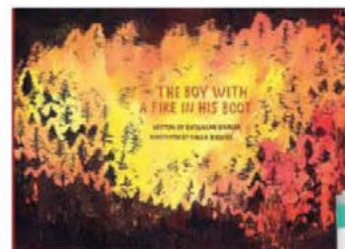


'In the same way that there's a partner for every person, there's a place.' Quoting Swedish poet Bodil Malmsten, Pretoria-born Carla Kreuser reflects on her affinity for the Mother City that she now calls home.

A creative director at The Jupiter Drawing Room, Carla fills her sketchbooks by exploring the CBD on foot, absorbing all the city has to offer. 'I get inspired by beautifully crafted and well-thought-out work, and I try my best to do the same for my own projects,' she says – an effort clearly evident in her book illustrations.

Carla's eclectic, feminine style also reflects her appreciation for Cape Town's creative talent. She turns to local designers for 'clothes that are worn by and flatter women, not girls'. Ideally, this means anything with pockets or that can be paired with her pink *veldskoene*.

She credits Brandt Botes and Garth Walker as having influenced her work but her study sabbatical to complete her master's degree in illustration as having been the start of her artistic evolution. 'I'm learning to embrace not knowing exactly how a project will turn out and to trust the messy creative process,' she says. [@skallakind](#), [carlakreuser.co.za](#)



CLOCKWISE FROM LEFT Carla Kreuser; she illustrated Katharine Kilalea's *The Boy with a Fire in his Boot*; she's a fan of REN Skincare products; Carla loves Oumou Sangaré's music.



CLOCKWISE FROM ABOVE Perfume by Tammy Frazer and a felt Country Road backpack (right) is on her wish list; her Thomas Pepler photograph; Carla would love one of Louise Bourgeois' original illustrated books; she'd like a Bucket Floor Lamp by Studio Job; Frauke Stegmann tea cups were a gift from her grandmother; she covets a Catch Chair by Hayon Studio.





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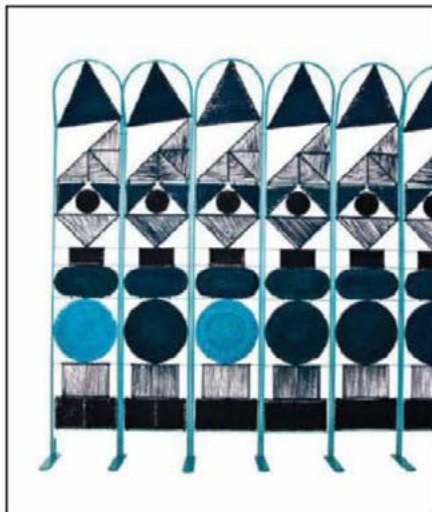


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screen stars

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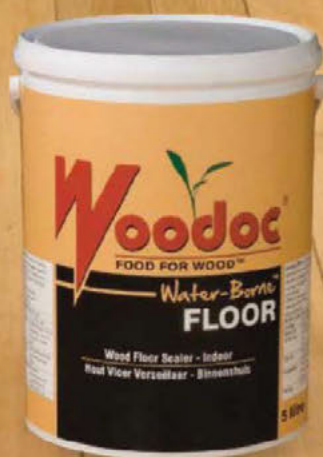
COMPILED BY **MIA VINCENT**
PHOTOGRAPHS **SUPPLIED**



FROM TOP LEFT **Abstract** MDF screen in Plascon Zen Retreat B2-E1-4 R10 500 (1.85×1.92m), Kitch Inc; **Louvre** screen with Black steel frame and oak slats R39 445 (1.5×2.1m), Okha; **Fiore** laser-cut steel partition wall in White from Zanotta R116 000 (1.78×1.97m), A + I Unlimited Design; **Five-panel** screen with White wooden frame and woven palm inserts R8 300 (2.5×2.1m), Madwa; **Paper Patchwork** wood-and-cardboard screen with lacquered-paper finish in Oak, RAL 8016 and RAL 5024 from the Paper Collection by Sudio Job for Moooi R36 690 (1.75×1.8m), Edge Interiors; **Four-panel** screen with wooden frame and porcelain inlays R24 000 (2×1.9m), Norick Interiors; **Soldier** partition-screen system with metal frames and handwoven inserts by Gone Rural and Dokter and Misses R3 000 each (0.4×2.3m), Dokter and Misses; **Three-panel** screen with walnut frame and handwoven cloth inserts R8 800 (1.8×2.15m), Livision.

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PRODUCTION LEANA SCHOEMAN PHOTOGRAPH GRAEME WYLLIE

For suppliers details see page 159



graphic design

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LEFT TO RIGHT, FROM TOP TO BOTTOM **Geometric Marble** wallpaper in Marbled Ash Grey and Black by Rebel Walls R964/m², St Leger & Viney; **Metro Square Reverse** fabric in Black from The Geometrics Collection by Melissa Kerkhoff R555/m, Lula Fabrics; **Geometric Trellis** wallpaper in AB2156 from the 735-Black & White collection by York Wallcoverings R1 492/roll, Halogen International; **F2992001 Perspective** fabric in Noir & Blanc by Pierre Frey R5 317/m, Mavromac; **356051** wallpaper in Black and White from the Black & Light collection by Eijffinger R1 315/roll, Dreamweaver Studios; **Dimension** wallpaper in White by Rebel Walls R964/m², St Leger & Viney; **356012** wallpaper in Grey and Silver from the Black & Light collection by Eijffinger R2 355/roll, Dreamweaver Studios; **Abstract Pytheas** wallpaper in Noir from the Abstract collection by Casamance R2 700/roll, Hertex; **Kamla** fabric in Black from the Vignettes Vol. XIII collection by Fabricut R1 242/m, The Silk and Cotton Company; **Clarke Gable** fabric in Charcoal from The Spring Collection by Melissa Kerkhoff R555/m, Lula Fabrics; **Muzio** fabric in Raven from the Traviata collection by Clarke & Clarke R1 334/m, Home Fabrics.

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dream teams

Reinvigorate any room with these sophisticated colour combos

PRODUCTION MIA VINCENT



gold & beige

1. Hex **side tables** by Haldane Martin R32 814 (set of three), Leon at CCIX 2. Ruku Fired **tea bowl** R289, Lim 3. Tissu Bergamo Faux Unis Losange Jaune (BGM 26002213) **fabric** from the Bergamo collection by Casadeco R1 238/m, Halogen International 4. Dulux **paint** in Khaki Mists 5 R185/litre, Builders Warehouse 5. Bend **side table** in Brass R4 285, Leg Studios 6. Gold Orb **lantern** R500 (large), Isabelina 7. Josephine **lamp** in Brass R6 400, La Grange Interiors 8. Leaf wool **rug** from the Contemporary Collection R4 000/m², Mae Artisan Rugs 9. Mild-steel Hinge four-door **server** in Gold with ash legs and plywood backing board R16 200, Dokter and Misses.



green & grey

1. 3 x Green Glass Round Cluster **light** (M-KLCH-5011-3G) R4 422, K. Light Import 2. 12152/160 **rug** from The Vintage Collection POR (160×230cm and 200×290cm), Fotakis Brothers 3. Drops **side table** by Verónica Martínez for Tribù in Olive R6 590, Marlanteak 4. Moon & Back **flag banner** in Grey R210, Zana 5. Studio.W Frosted Glass **vessel** (502823518) R325 and Studio.W Frosted Glass **vessel** in tinted-green glass (502822200) R199, both Woolworths 6. **cushion** in Silver Grey-Light Grey fabric R259, **cushion** in Herringbone Grey-Medium Grey fabric R269, and **cushion** in Herringbone Charcoal-Dark Grey fabric R269, all Biggie Best 7. Mr Grey **easy chair** R7 176, Leon at CCXIX 8. Plascon **paint** in Hong Kong Mist (DC22 64) R145/litre, Builders Warehouse.



butternut & nude

1. Sisal Fabric **pendant lampshade** (LS55) R690, Ashanti Design 2. Dulux **paint** in Autumn Fern 4 (60YR 56/190) R165/litre, Builders Warehouse 3. Veg Dye Indian **kelim** R1 600/m², Gonsenhausers 4. ceramic **candle holder** R1 000 (short), R1 480 (tall) and ceramic **block** R680, all by Helen Vaughan at Africa Nova 5. Rain Chain **fabric** in Grapefruit from the Spice Market Collection R831/m, Mavromac 6. ceramic **pots** in Rose R255 (large), R195 (medium), and R145 (small), Pezula Interiors 7. three-seater Cube **bench** with Open Square Weave in Grey, Black and Orange outdoor plastic and ash base (with custom Iroko stain) R14 860, Vogel 8. Mezi **cushion** in Nude R349, Country Road at Woolworths 9. Monster Divina Melange **chair** by Marcel Wanders for Moooi R35 280, Edge Interiors.

Vero Badmöbel - Design by Kurt Merki Jr.

DETAIL. LOVE.

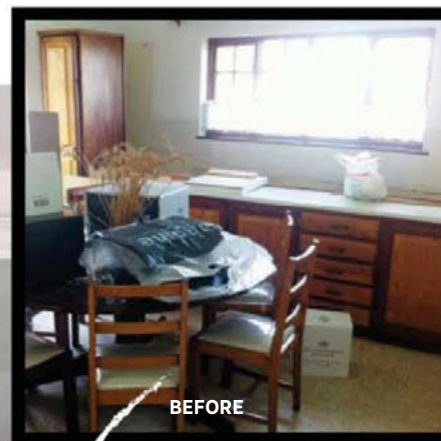
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#HLmakeover

Glossy white surfaces and black accents turn a drab, outdated kitchen into a modern space

PRODUCTION **MIA VINCENT**
PHOTOGRAPHS **MICKY HOYLE**



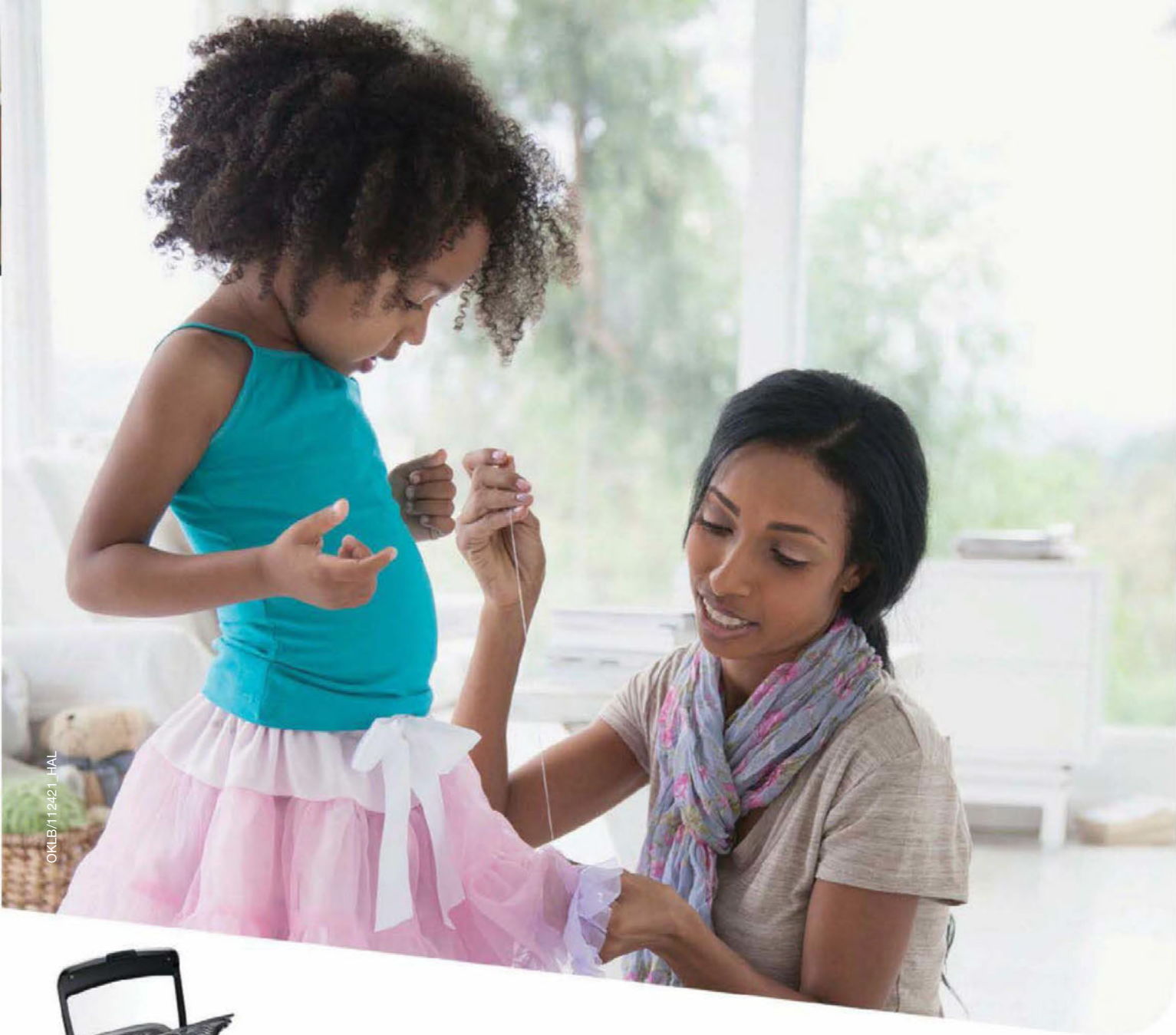
BEFORE

UPDATE A 1980S KITCHEN
Inspired by the charm of the old farmhouse to which it belongs, designer Gera De Wet combined a glamorous monochromatic palette with a rustic feel to create a more contemporary kitchen with floating shelves and a new cooking area (installed by Unique Kitchens).

FROM BACK Shaker-style supawood **kitchen cupboards and floating shelves** with White Duco satin finish POR, Unique Kitchens; quartz **counter tops** in Snow White from the Classico range POR, Caesarstone; Plascon gloss enamel **paint** in Black G2 R180/litre, Builders Warehouse; ceramic Nacar decorative **wall tiles** in White Gloss from the Prisma range R524/m², Kenzan Tiles; Concert **cooker** with gas hob and electric oven (SSA9MFP9) in Cream R21 500, Smeg; quartz centre-island **surround and counter top** in Vanilla Noir from the Classico range POR, Caesarstone; ND416/61 **pendant light** in Black R3 557, Eagle Lighting.

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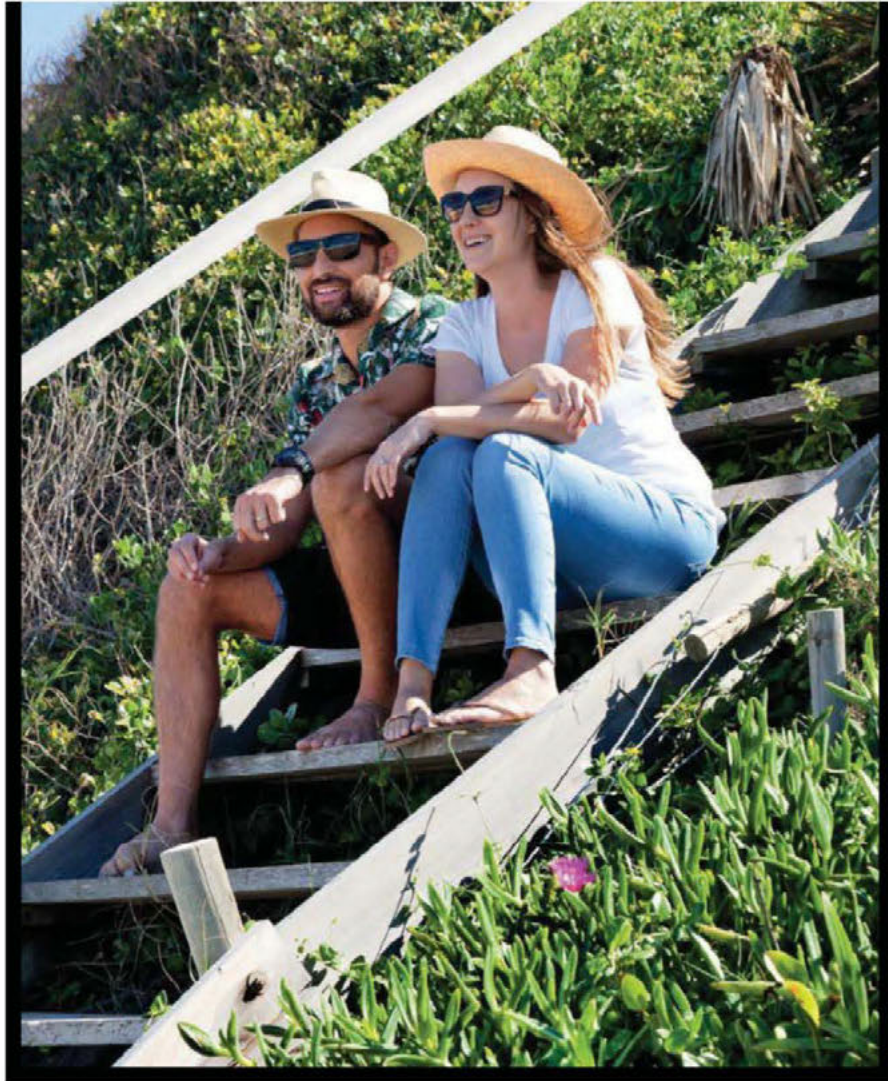
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alice and rich perks

This designer couple have used their talents to upgrade their beach home in Salt Rock, KZN, on a shoestring

TEXT **GLYNIS HORNING** PHOTOGRAPHS **SALLY CHANCE**



Alice and Rich Perks first met at boarding school but romance only bloomed when they bumped into each other again in 2011 and discovered a shared aesthetic. Alice had honed hers studying graphic design in Cape Town and shoe design in Milan; Rich had found his crewing on yachts, teaching himself carpentry and starting a custom kitchen and furniture business, Green Furniture, in Salt Rock, KZN, where he settled in his grandfather's old beach cottage.

The house was built by Stan Perks in 1947 from cinder blocks he made himself. When Rich and Alice married in 2013 the renovations began. Using Stan's cinder-block machine, Rich built a wall across the big veranda to create a master bedroom.

Rich's signature furniture pieces followed, including a striking cypress table and benches with white cotton riempie strapping. Even the kitchen is lined with the chopping blocks he manufactures for Alice's online business, The Block Shop.

Alice chose white and charcoal, lit with coral and kiwi green, for walls and softs. She covered cracked floor tiles with grass matting and scatter rugs, and finished furnishing with old family pieces and junk-shop finds.

'Friends can't believe how much we did on a tight budget,' says Rich. Small wonder he's now also in property development. hello@greenfurniture.co.za; theblockshop.co.za

CLOCKWISE FROM TOP LEFT Rich and Alice Perks; in the living area, Rich's cypress server shares space with a cane chair found at a pawn shop with a cushion crocheted by Alice's mom; the cosy kitchen.





‘Friends can’t believe how much we did on a tight budget,’ says Rich.



CLOCKWISE FROM TOP LEFT
The main bedroom; a hole in the wall links the work studio to the living area with a dining table made by Rich’s grandfather; Rich built a deck and swing shutters from recycled timber.



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COMPILED BY **LEIGH TOSELLI**
PHOTOGRAPHS **PATRICK TOSELLI**

FROM TOP LEFT **Ordinary Skincare** Extra Ordinary Eye Gel R450, Extra Ordinary Cleanser R150, Plain Ordinary Moisturising Balm R310, Extra Ordinary Day Cream R285, Extra Ordinary Day Cream SPF 30 R302, and Extra Ordinary Night Cream R306; **Lulu & Marula** Calming Bath & Body Kit with Calming Bath Oil (50ml) and Calming Body Balm (50ml) R390; **Esse Organic Skincare** Toner Plus R370, Refining Cleanser R190, and Omega Deep Moisturiser R390 (5x10ml); **Pure Beginnings Organic Care** Revitalising Body Wash R65; **Africa Organics** Kalahari Melon Body Lotion R65; **Optiphi** Moisture Control Light R1 390, and Rejuvenating Revitalizer R1 580.



FROM LEFT **SKNLogic Skincare** Eye Revitalise R130, Cleanse Cream R140, and Exfoliate Enzymatic R122; **Skoon** Body Oil Vanilla + Blood Orange R425, Spot Stick R345, and Solid Body Oil Frangipani Flowers R475.

PREVIEW

Next month in
House and Leisure

the luxury issue

From the most luxurious homes in SA to beautiful items to shop, delightful designs, sumptuous food and grand escapes, the August issue of *HL* is all about living stylishly.



LIGHTEN UP



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woollen innovation

Luxury brand The Rug Company unrolls its design collaborations and handcrafted modern classics in its first South African store

TEXT **LEIGH ROBERTSON** PHOTOGRAPHS **JAC DE VILLIERS, SUPPLIED**



A selection of designs in The Rug Company's vast portfolio (from top to bottom, left to right): Reflections by Allegra Hicks; Oriental Birds by Paul Smith; Fire by Vivienne Westwood; Cypress by Suzanne Sharp; Monarch Fire by Alexander McQueen; India by Suzanne Sharp; Cubes by Paul Smith; Sybil Diamond Blue by Jonathan Adler; Carnival by Paul Smith.

Sinking your toes into the silken pile of a beautiful rug takes on a whole extra level of sensory pleasure when the floor covering in question is also a bona fide work of art and a fashion statement woven into one exquisite, timeless piece.

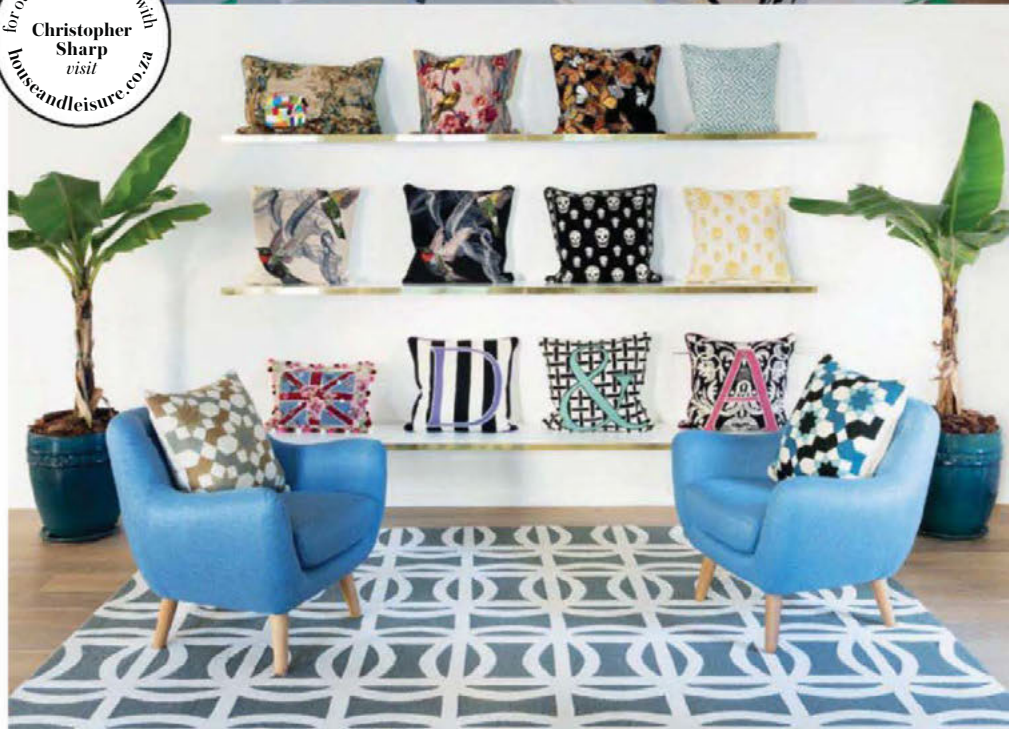
This description applies to any of the products in the portfolio of British brand The Rug Company, which sells its ethically produced, handcrafted and thoroughly original wares across 12 countries. At last, South Africans also get to share in the tactile bliss (for it's exactly that) with the opening of an ultra-stylish store in Cape Town's Bree Street.

Since founding The Rug Company in 1997, CEO Christopher Sharp and his wife, Suzanne, creative director and herself the source of many of the iconic designs in the collection, have significantly reinvigorated an ancient industry in a state of decline. Starting out with a passion for collecting rugs while travelling abroad, their enterprise now fuels micro economies in Tibet (where the wool is from) and Nepal (where it is carded, dyed and knotted by hand), and is as much about working within a humanitarian framework as it is pushing the boundaries of contemporary design.

They're renowned for working with some of the most respected design names, from the likes of Tom Dixon and Kelly Wearstler to fashion industry luminaries. Paul Smith's signature stripes translate magnificently onto the rugs, as do Vivienne Westwood's tartans. You won't find foxier floor coverings than Diane von Fürstenberg's python, zebra and leopard prints.

These will all be available in the Cape Town showroom, alongside rugs produced under The Rug Company's eponymous label, from chic and simple shaggy angora or mohair in white and slate to washed-out ikat or modern geometric styles. There are also wall hangings and cushions, all crafted using traditional weaving processes. 'Everything is entirely handmade and will last a lifetime,' explains Christopher.

Customers can expect a full design consultation with the expert sales team as well as the opportunity to try the rugs at home before making a decision. Christopher adds, 'We also encourage our clients to explore the endless possibilities of rug design with our Bespoke Service. Any design in our collections can be customised or you can commission an entirely one-off design.' And on the possibility of future collaborations with local designers, he thinks it's 'a great idea'. **The Rug Company, 34 Bree St, Cape Town, therugcompany.com**



FROM TOP The Cape Town showroom is located in a refurbished Victorian on Bree Street. 'We wanted a beautiful building that would be a good backdrop to our rugs, with lots of light,' says CEO Christopher Sharp (below, left). Cushions and wall hangings (below, right), such as this one by Paul Smith, are included in the superbly curated collection on show.





Louis Vuitton



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WALK THIS WAY

Sandton City has unveiled its dazzling new Diamond Walk, a dedicated zone for those uber-luxury labels we've battled to get our hands on, including Prada, Dior, Dolce & Gabbana, Burberry, Ermenegildo Zegna, Billionaire Italian Couture, Jimmy Choo, Tod's and Arque Champagne Crescent. The Diamond Walk is housed in a new section of the mall near the entrances of the Sandton Sun and InterContinental Johannesburg Sandton Towers. You'll know you've arrived when you glimpse the impressive 150-metre-long chandelier that carves a glimmering path between the stores. This way to shopper's paradise!

83 Rivonia Rd, Sandton, 011-217-6000, sandtoncity.com

news &

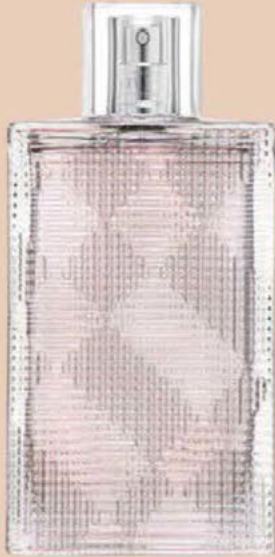
COMPILED BY MILA CREWE-BROWN, CATRIONA ROSS
PHOTOGRAPHS JAC DE VILLIERS, ANDRE WEPENER/PIXEL LOUNGE, SUPPLIED

We're impressed by the new Minerals collection of mugs, bowls and spoons from SA's Love Milo. 'As always we used nature as our guide. This time we looked below the earth for inspiration and used materials and patterns from minerals,' says founder Nicki Ellis. The nature-chic range features brass-plated metal saucers and ceramics with an agate-inspired design. lovemilo.com



BOTTLED MUSIC

Get a taste for sultry florals with Burberry's new fragrance, Brit Rhythm For Her Eau de Toilette (from R680 for 30ml). Inspired by live music, it's fresh and feminine with a rock'n'roll edge. **Available at Edgars, Red Square, Stuttafords, Truworths, Woolworths and Foschini stores.**

**RETRO FLAVOUR**

Coffee is served with a dash of vintage cool at Posie's Café in C20 Galerie in Woodstock, Cape Town. Owner-collector Emma de Crespigny, who studied at Cooper-Hewitt, Smithsonian Design Museum in New York, has decorated the delicious coffee spot with a machine motif. Explore adjoining rooms decorated in full-blown vintage style, complete with mid-century lighting, glass and ceramics, or sit by the fire on a classic chair. **103 Roodebloem Rd, Woodstock, Cape Town, 021-448-8512, edecrespigny@gmail.com**

NOW IN ITS THIRD YEAR, JOBURG'S TURBINE ART FAIR IS GAINING CRED AS GROUND ZERO FOR BUDDING COLLECTORS. CATCH IT FROM 16 TO 19 JULY AT TURBINE HALL, 65 NTEMI PILISO ST, NEWTOWN, TURBINEARTFAIR.CO.ZA

views

NATURAL DEVELOPMENT

Launching this month, Cotton On's new homeware range has been created in collaboration with Australian brand Mark Tuckey. From chunky throws to chopping blocks, find pared-back designs in natural materials, such as cotton, linen and wood, based on a palette of neutral shades with pops of colour. Available online from 3 July and in selected stores from 8 July. cottonon.co.za

**PIMP MY BED**

IF YOU HAVE A WEAKNESS FOR DESIGNER LINEN HEAD TO SA'S FIRST GRAYS HOME STORE IN MELROSE ARCH FOR TOWELS, SHEETS AND MORE FROM THE LINES OF RALPH LAUREN HOME, CALVIN KLEIN HOME AND HUGO BOSS (PICTURED). **30 MELROSE BLVD, JOHANNESBURG, 011-684-2795, SURTEEGROUP.CO.ZA**



zanele mashumi

Born in Soweto, Mashumi Art Projects' owner and curator hopes to influence the growing art community around her

TEXT MILA CREWE-BROWN PHOTOGRAPHS GRAEME WYLLIE (PORTRAIT), SUPPLIED

Although she wasn't formally exposed to art at school, Zanele Mashumi attended Mofolo Community Centre as a girl where she took art classes under the guidance of Kenny Nkosi. After matric she honed her skills with fine art classes at the Funda Community Training Centre.

Now at just 26 years old, that she manages Kenny as an artist, runs a shared gallery space on Soweto's happening Vilakazi Street and has worked on exhibitions such as the FNB Joburg Art Fair, speaks volumes of the impact art has had on her.

'It was in my second year at UJ that I knew I wanted to start something in Soweto that would introduce art to the people,' says Zanele. Her monthly shows through Mashumi Art Projects serve to connect emerging artists from Soweto and surrounds with first-time buyers.

She's currently curating a collective of work by undiscovered artists called Fresh Produce sponsored by RMB for the imminent Turbine Art Fair from 16 to 19 July in Johannesburg (see page 44). mashumiartprojects.wordpress.com

What art would you buy with R10 000?

One of Tony Gum's photographs from her Black Coca-Cola series. I'd love to exhibit her work one day. **R50 000?**

A painting by Simphiwe Ndube, whose work combines the literal and abstract aspects of Xhosa initiations. **R500 000?**

Anything by Lionel Smit. I've always wanted to paint like him. **R1 000 000?** Work by William Kentridge. **Which one artwork do you regret not buying?** I don't have that regret as yet. **What one artist's work should our readers buy right now?**

Simphiwe Ndube. **New artists you've got your eye on?** Asanda Kupa, Audrey Anderson, Banele Njadayi and Tony Gum.

Who is currently seriously big on the local art scene? Blessing Ngobeni and Benon Lutaaya. **Which local artists are doing well on the international market at the moment?** Mohau Modisakeng. **What's your favourite piece of art in your own home?**

A painting of my own: it was part of a series called Child Care Takers. **What would you buy now for investment purposes?** I would definitely buy work by

Mohau Modisakeng, Bambo Sibiyi and Lionel Smit. **And because you love it?** Audrey Anderson. **Is there a dominant theme in current local art?** Art has moved to a very commercial space; works are very bold and colourful. They can fit into any space. **Who is your favourite contemporary local artist?** Asanda Kupa. **And great South African master?** It would have to be Kagiso Pat Mautloa because I just love everything he does. **Describe your personal art preference.** I love portraits. They're expressed in so many different ways based on the artist's view and how the artists identify themselves within the portrait. ☐

CLOCKWISE FROM TOP LEFT Zanele Mashumi; Blessing Ngobeni's 'Vulnerable Stare'; an image from the Black Coca-Cola series by Tony Gum; 'Crocodiles' by Audrey Anderson.

FOR MORE COVERAGE OF THE LOCAL ART SCENE GO TO HOUSEANDLEISURE.CO.ZA

sanlam portrait award 2015

Both artists and art lovers win with the Sanlam Portrait Award

Reminder: last call for entries

The window for artists to enter the second Sanlam Portrait Award is on the brink of closing with the date for submissions set to close on 23 July 2015. Launched in 2013, the award celebrates and showcases the best of original portraiture in South Africa. Sponsored by Sanlam Private Wealth, in partnership with Durbanville's Rust-en-Vrede Gallery, it offers a substantial prize of R100 000.

Not an artist but a lover of art?

Enter the 2015 Sanlam Portrait Award Readers' Choice competition

For those with a keen eye for art who prefer to appreciate the works of others, we invite you to cast your vote in the 2015 Sanlam Portrait Award Readers' Choice competition.

At the end of August 2015 *House and Leisure* will feature the top 40 portraits, as selected by the judges, online at houseandleisure.co.za and readers will be able to vote for their favourite work of art. With one easy click you can cast your vote and in so doing stand the chance to win R10 000 in cash for yourself as well as R10 000 for the artist of the winning portrait.

Entry details and winner-announcement updates regarding the Readers' Choice competition will also be featured on houseandleisure.co.za in August with the winner announcement to take place late September 2015.

See the works of art up close – visit the country-wide exhibition

The top 40 portraits will also be exhibited around the country for viewing and purchase. Under the auspices of the



'L'Hommage à Ingres: African Chic(k): Ms Tshegofatso Phage Seated' by Nicholas Allen

Sanlam Art Collection the selected top 40 portraits will tour to various museums and galleries throughout South Africa after the exhibition at Rust-en-Vrede Gallery. At the same time an additional 60 works will be exhibited at the Irma Stern Museum and the Casa Labia Gallery in Cape Town. The overall winner of the 2015 Sanlam

Portrait Award will return to Durbanville's Rust-en-Vrede Gallery for a solo exhibition in July 2017.

For more information on the competition, entry forms and competition rules, visit www.sanlamportraitaward.co.za or www.rust-en-vrede.com



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driving pleasure

If you're looking for a luxury car, the Infiniti Q50 2.0T Sport will give you the performance and specs at a competitive price

TEXT **CIRO DE SIENA**

Launching a luxury brand in South Africa is a brave move but Infiniti is not exactly a garage start-up – it's owned and underpinned by Nissan, with that company's wealth of experience and money. So, does this translate into a good product? Having driven both the 2.0T and S Hybrid models, I was left hugely impressed.

The Infiniti feels thoroughly well put together. The build quality is incredibly reassuring and even over some of the worst roads the car didn't give even a hint of a rattle or a squeak.

The front seats are large and lounge like, if a little firm. The interior is dominated by two large touchscreens, double stacked on the centre console, which I felt should have been angled towards the driver as it makes it a little difficult to read the screens in direct sunlight. Nevertheless the infotainment system is absolutely state of the art. It's made for Infiniti by Intel and it feels like a big smartphone. Plus, with two USB ports and Bluetooth, you can charge and sync all your devices simultaneously. The system will even log in to Facebook.

The tech extends into the fundamental aspects of driving. A steering-wheel button activates what a colleague called 'force-field mode' – a graphic displays a glowing green ring around the car to show the system is active. Not only will it detect lane markings and gently nudge the car into the centre but it will also brake and bring the car to a stop on your behalf, which is great in traffic.

If it thinks your following distance is a bit dangerous it will push the accelerator up against your foot and if someone is sitting on your backside the car will flash the brake lights. It's brilliant, if a little intrusive, but always errs on the side of safety, which we know many motorists don't.

The Infiniti brand might have little heritage but the engines in the car certainly do, as Infiniti buys them from Mercedes-Benz. The result is that if you decide to purchase a Q50 with either a 2.0T petrol or 2.2d turbo diesel engine you will share a power plant with the latest Mercedes-Benz C Class. The S Hybrid is a Nissan system and is almost more impressive, with astonishing performance for a sedan but, at an extra R110 000, it remains a niche product.

The Infiniti feels like an honest attempt at making a solid product at a fair price. Fortune might not always favour the brave but, for the South African buyer, being brave will reward you with premium comfort and luxury at a substantially lower price. infiniti.co.za

under the bonnet

Model: Infiniti Q50 2.0T Sport
Engine: 2.0 litre turbocharged 4-cylinder petrol, 155kW, 350Nm, 0-100km/h: 7.2 seconds
Top speed: 245km/h
Combined fuel consumption: 7.0 litres/100km
CO₂: 162g/km
Price: From R480 700
Luggage compartment: 500 litres

SNAPSHOT: MAZDA3

The long-awaited, new-generation Mazda3 rivals cars such as the VW Golf and Renault Mégane, and offers an incredibly impressive ride, upmarket interior trim and high levels of comfort. The entry-level 1.6L Original undercuts the Golf by just over R37 000, at R232 900, but it feels as if the 2.0L petrol is the one to have – perhaps look out for a demo model.



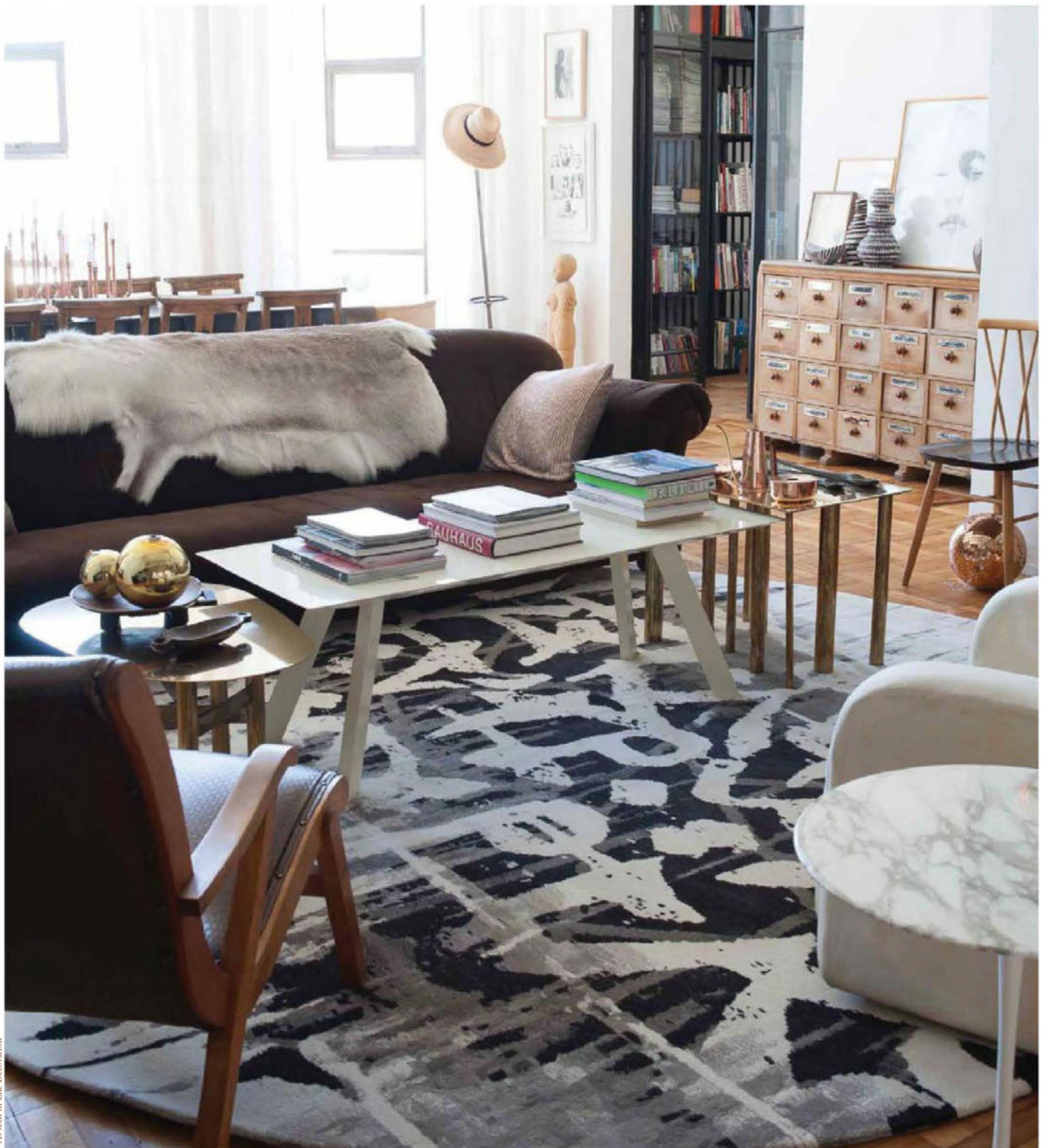
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HOMES

‘I knew exactly what I wanted,’ says interior decorator Claire Frost of her renovated home in a leafy Joburg suburb. ‘I pictured a farmy Cape feel but was terrified of a “hotel chain” look with a gable!’ Throughout the project Claire kept to her vision of a timeless Karoo farmhouse. ‘We really tried to pare things down,’ she says and ‘looked for the purest forms of every detail’. **68**



RENOVATION #1

A smart renovation left the owners of this Morningside abode with generous joint spaces and all-round views
page 52

RENOVATION #2

Combining two houses resulted in a lighter, airier space for a growing family in leafy Newlands, Cape Town
page 60

RENOVATION #3

Inspired by old Karoo farmhouses, this 1940s bungalow in Johannesburg has been completely transformed into a family home
page 68

RENOVATION #4

A seaside holiday retreat in Stilbaai gets an update to accommodate different generations under one roof
page 78

unifying therapy

A SMART RENOVATION LEFT THE OWNERS OF THIS JOHANNESBURG HOME WITH
GENEROUS JOINT SPACES, AMPLE LIGHT AND ALL-ROUND VIEWS

TEXT **MILA CREWE-BROWN** STYLING **LEANA SCHOEMAN** PHOTOGRAPHS **ELSA YOUNG**



BIG IDEA #1

FACE-LIFTING

Rather than go the expensive route of filling in and designing a new pool the owners took advantage of the current pool's great positioning and updated its look by getting rid of the curved profile, and ripping up the old red-brick paving. Next they decked the veranda in *Corymbia maculata* timber. The lightweight pergolas not only provide shade (and a spot for morning coffee) but also echo the strong, linear aesthetic of the house's facade. The monopitch roof amplifies light inside, simplifies the structure visually and adds volume to the living spaces.



BEFORE

The new facade of Eddie and Marie's Johannesburg home showcases its clean structure and uncomplicated aesthetic.





Simple and functional are the words that roll off the tongue when Marie describes her ideal home – ‘ideal’ normally being some conjured-up notion, realised in the distant-to-never future – but Marie, a French expat who runs a local travel agency servicing the French community, is already living it. ‘This is my dream house,’ she insists. ‘Even if I could, I wouldn’t change a thing.’

Having been on the hunt for a new home in the neighbourhood of the French school in Morningside, Johannesburg, Marie and her husband Eddie – the owner of a mobile crane company – hit the jackpot. The property they quickly settled on was, as it turns out, close to the school gates, requiring no more than a short walk with her daughters Andrea, three, and Mila, six, in hand.

The building they were to call home was divided into a small house and 80m² of home offices. ‘We walked around the property 10 times trying to get a vision for change. The space was small and very awkward,’ she recalls. Her vision for change did arrive – in the form of great architects and a heap of

Pinterest boards featuring images of open-plan interiors, white-walled beach homes, concrete, wood and splashes of turquoise (her favourite colour) – all features she conveyed to architects CJ Eisenstein and Georg van Gass of Gass Architecture Studios.

Having seen their work first hand, she and Eddie had become fans of CJ and Georg’s contemporary aesthetic, signature use of timber and light steel, as well as their ethos of keeping things simple – a philosophy they shared. ‘I was asked to make it a more liveable space, with distinct public and private zones,’ explains Georg, but it was no light face-lift.

They gutted the disconnected offices to the west, giving Marie and Eddie a roomy master suite, bathroom, office and kids’ rooms. They also demolished a lot of the building to the east, extending the footprint, simplifying the structure and tying it all together with a lightweight monopitch roof and glass facade, allowing for uncapped natural light, and direct interaction between inside and out. ‘The roof helps to make a lot of separate-use areas feel more like one. It’s unifying,’ Georg says. ▶

BIG IDEA #2

LOOKING IN

Demolishing most of the original kitchen was a necessity. It was long, narrow, faced south and was very much tucked away. Given Marie's love of cooking, a more central kitchen – and an aesthetically pleasing one at that – was on the cards. Most of the old kitchen now forms part of the scullery, where appliances and dishes remain out of sight, while the more social side of cooking happens at a slender concrete island with an oak counter leading off it for breakfasts and intimate dinners. Instead of looking out to the back yard this area now looks into the heart of the home and beyond it through sliding glass doors onto the garden.

The timber pendant lights were designed by Marie and Eddie and the stools came from Pedersen + Lennard (pedersenlennard.co.za).
OPPOSITE By positioning the covered patio at the end of the house incoming light is maximised. The armchairs are from Weylandts (weylandts.co.za) and the stools are from Kamers Vol Geskenke (kamersvol.com).

BEFORE





BEFORE

Retaining the west wing (the main bedroom, new home office and girls' rooms) for private use, the east of the building is one big, open expanse for living, eating, lounging and entertaining, encapsulating Marie's ideal of laid-back beach-house living. When looking south from the lounge, playroom and office, two landscaped courtyards soften the exterior.

The original pool remains in the same place but its old-fashioned shape and red-brick surround were updated with *Corymbia maculata* decking. You could flop into the pool from the dining table if you wanted to and you can keep an eye on it from the living area – a bonus for any parent.

Inside, white walls, cement floors and a combination of concrete and wood play to each other's strengths, resulting in a space that's contemporary but never cold. 'The wood is integral to warming such a big space. If you took it all away it would feel clinical,' she explains.

Marie's bent for interiors that are 'modern rustic' falls in line with a mix of pieces from shops such as Weylandts and Amatuli Artefacts, as well as many she has collected on trips abroad and

Marie made a photo wall in their study of precious family pics. The table is from Weylandts. RIGHT The old covered porch blocked light into the house and so it was completely removed. In its place a café table, Block and Chisel (blockandchisel.co.za) chairs and new pergola have become a favourite spot for morning coffee.



repurposed for everyday use. A time-worn elephant saddle now serves as a bench; an Indonesian pirogue, a bookshelf and an intricate timber screen as a bed head. Her love of salvaging played a large part in their renovation process, too, with windows, bricks, timber and sanitary ware all re-used elsewhere.

‘We only get to take time off a couple of weeks of the year but with the home’s white floors, pale wood and open planning I feel like I’m on vacation,’ she says.

In that case, maybe change really is as good as a holiday. ☺



OPPOSITE, FROM FAR LEFT The original bricked entrance has been drastically softened by creating a landscaped courtyard with newly painted walls. The front door now looks onto a grassed back garden; Marie chose to divide the lounge and dining area with a Jetmaster (jetmaster.co.za) fireplace. The leather sofas are from Klooftique (klooftique.com).



‘THE WOOD IS INTEGRAL TO WARMING SUCH A BIG SPACE. IF YOU TOOK IT ALL AWAY IT WOULD FEEL CLINICAL.’

ABOVE, FROM LEFT The four-poster bed in Mila's room is from Weylandts; a new Dado bath from Italtile (italtile.co.za) is a contemporary addition to the bathroom. Outside, Marie had their carpenter make up a wooden planter box from reclaimed timber. OPPOSITE A Jetmaster stove heats the main bedroom in winter. The armchair beside it is an old recovered Biggie Best (biggiebest.com) purchase.



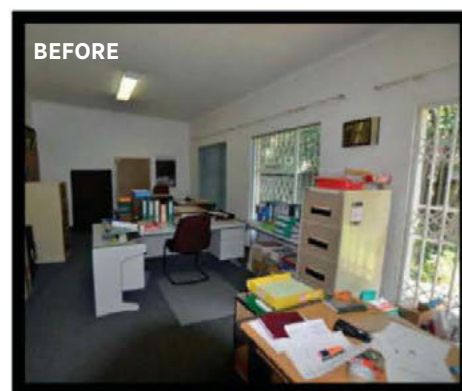
BIG IDEA #3

BEDROOM BLISS

'We really tried to turn the private domain into a sanctuary,' says Georg. Previously a separate wing used as an office space, the new bedroom suite is now connected to the rest of the house with a bathroom coming directly off it. Slatted timber doors offer a direct connection to the garden and are a clever incorporation that answers to ventilation, security and lighting requirements.

LITTLE BLACK BOOK

Architects Gass Architecture Studios, 011-482-2045, gass.co.za
Blinds Blindtime, 011-434-1075, blindtime.co.za **Builder** Vision 5
 Projects, 082-788-2583 **Concrete Tops** Stoneform, 083-630-0891
Cupboards Rudi's Wood Creations, 011-674-1830 **Floors** Cemente,
 083-509-0605, cemente.co.za **Pool** Morningside Pools, 082-599-6464
Steam Shower Wellness Fitness Africa, 011-463-3398, wfa.co.za



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ELEGANT MERGER

COMBINING TWO HOUSES RESULTED IN A LIGHTER, AIRIER SPACE
FOR A GROWING FAMILY IN FORESTED NEWLANDS IN CAPE TOWN

TEXT **HILARY PRENDINI TOFFOLI** STYLING **MIA VINCENT**
PHOTOGRAPHS **MICKY HOYLE**

RENOVATION #2

The front door of Craig and Roxanne Denbury's renovated home in Newlands, Cape Town, opens on to a small but welcoming garden with a charming water feature.

The hanging lamp is from Nap (napliving.co.za) and the basket under the table is from L'Orangerie (facebook.com/orangeriecpt). OPPOSITE Craig, Roxanne, three-year-old Jack and the bulldog Frankie enjoy an alfresco lunch on the deck beside the fern-covered stream. The table and benches are from Block and Chisel (blockandchisel.co.za).





Rampant greenery is one of the advantages of living in the Cape Town suburb known locally as soggy, soggy Newlands – it has the highest winter rainfall in the country. Situated at the foot of Table Mountain in the Southern Suburbs, this historic enclave has fertile soil fed by mountain streams that are the basis of the country's brewing industry. No wonder this spot was one of the early pioneers' popular choices to build their homes.

It's this small corner of wooded paradise that entranced Craig and Roxanne Denbury six years ago when they first set eyes on the pretty, double-storey villa that was to become their home. Its enchanting back garden was shaded by giant swamp cypresses and poplars, and the couple could immediately visualise blissful summer lunches on the deck beside the little fern-covered stream on the edge of the property.

What clinched the deal was the cottage linked to the main house by a courtyard. 'There was enough space there for me to create a separate work kitchen,' says Roxy, who's otherwise known as Roxanne Floquet, London-trained cake maker extraordinaire. ▶



BIG IDEA #1

ROOF RAISER

The biggest challenge was to eliminate the difference in height of the eaves of the two wings. To line up the roof above the guest bedroom with the rest of the house the builder cleverly raised it by disconnecting the roof from the walls, propping the structure up on scaffolding and raising the roof incrementally by adding the required number of brick courses.



BIG IDEA #2

BETTER FLOW

Removing the courtyard downstairs created two major changes. Not only did it open up the whole of the downstairs living space but it also allowed for a guest bedroom to be added above it in the unused balcony space, thereby connecting the two separate upstairs sections of the building and improving the overall flow of the house.

ABOVE, FROM LEFT Jack likes to help his mom bake at the new kitchen island, which is bigger than the old one and topped with a giant slab of Vicostone quartz. The steel-and-oak bar stools are by Pedersen + Lennard (pedersenlennard.co.za); the glass-fronted steel-frame doors on the new island are by Rogers and Wills, the limewashed cabinet is by The Gatehouse at Mavromac (thegatehouse.co.za) and the hanging lamps are from Weylandts (weylandts.co.za). OPPOSITE An upstairs balcony and the courtyard below it originally separated the two buildings. Turning those unused spaces into rooms made it all one building, adding more space and a better overall flow.



Now open plan with the kitchen, the living area has a freer, more contemporary feel. The sofa is from Weylandts, the steel-and-wood coffee table is from Pezula Interiors (pezulainteriors.co.za) and the glass hanging lamp is from Nap. RIGHT Vividly coloured frosted flowers adorn one of Roxanne's striking wedding cakes on a shelf in the tasting room where brides can choose between 18 cake flavours.



Her world-class, multi-tiered miracles of delicate icing and frosted flowers are so exquisite you wonder how anyone has the heart to eat them.

It was the couple's dream house but down the line began to feel what Roxy calls 'a bit cramped and poky and dark'. Jack, now three, had arrived and with another child on the way the family needed more breathing space. Fortunately Roxy and Craig had spotted a few dead areas between the two buildings that could be utilised – the big upstairs balcony, for example, that linked the houses, as well as the unused courtyard below it.

Together with architect Robyn Millenaar they decided to open up the main house, extending it into the unexploited spaces. This would give them an extra bedroom and study upstairs, and downstairs what Roxy describes as 'a freer, more open and contemporary feel, with more space for the kids to move around', while enabling the north sun to come in and lighten up the enlarged living room.

All this entailed a major structural revamp so, for six months, they moved in with Roxy's parents. Changes included removing



ABOVE LEFT, BEFORE

OPPOSITE Warm oak planks have replaced the former tiled floor in the living area. The cabinet was from Smiley's Warehouse (smileysathome.com), the glass hanging lamps are from Weylandts, the yellow flower print is from Pezula Interiors and the wrought-iron dresser below it is from The Gatehouse at Mavromac.

THEY DECIDED TO OPEN UP THE MAIN HOUSE,
EXTENDING IT INTO THE UNEXPLOITED SPACES.





The bathroom is now open plan with the bedroom. LEFT Reindeer horns from Vamp Furniture (vampfurniture.blogspot.com) hang above Jack's brass bed from IronStone (ironstone.co.za). The throw is from Weylandts and the tepee is from Kids Living (kidsliving.co.za).

walls and beams on the ground floor, and putting in support for the upstairs structural walls. 'We used steel I-beams to carry the floor above,' says the architect. 'The challenge was to position them as high as possible to give a continuous feel to the open-plan area.'

The tiled floor downstairs was replaced with warmer oak planks. Wider stacking folding doors were installed in the living room to create a better outdoors connection. The main bedroom was made open plan with the bathroom.

Much of the renovation focus was on the look and functionality of the kitchen. Roxy and Craig both love cooking. 'Frankie Fenner does a weekly delivery of a butchery basket,' says Roxy, 'and we make lots of [Yotam] Ottolenghi-style salads using organic and ethically sourced ingredients. To entertain we like to create a relaxed mood with an abundance of food so we were happy our vision for the kitchen turned out perfectly. We love the combination of steel, glass and raw oak.' That includes the chic little Pedersen + Lennard steel-and-oak bar stools on which six icing-class students can perch around the new kitchen island, which is topped with a giant slab of Vicostone quartz.

Roxy's passion for fresh edibles extends to the reinvented strip of front garden where Swiss chard, spring onions, aubergines and artichokes now thrive among perennials and a water feature. 'We had to rethink this space completely,' says landscaper Arlo Mitchell of Greencube. It was not entirely welcoming as the entrance. Instead, it was 'a solid, impenetrable mass of raised beds of aged Iceberg roses on a grid, with paved pathways in between'.

Now an open and inviting area, it has a small central lawn for the kids framed by recycled pavers and enclosed by an extended *Eugenia* hedge. Pots of cascading herbs and a pair of lovely citrus trees at the entrance complement the veggies. The soil has been enriched with vermicompost and a gypsum-and-kelp mixture, the root systems have been inoculated with endomycorrhizae fungi and trichoderma, and the growing plants have been sprayed with trace elements and bioflavonoid foliar feed. The result? Roxy now has a flourishing New Age garden in historic Newlands to complement the couple's reinvented dream house.

📍 **Roxanne Floquet, roxannefloquet.com**



LITTLE BLACK BOOK

Architect Robyn Millenaar, 082-534-0991, robyn@millenaararch.co.za

Bath Victorian Bathrooms, victorianbathrooms.co.za **Bathroom**

screed Stucco Italiano, 021-982-006, stuccoitaliano.co.za **Builder**

WP Ryan, 021-761-7323, wpryanbuilders@telkomsa.net **Joiner**

(joinery, Vicostone, glass-fronted steel-frame doors, bathroom vanity)

Rogers & Wills, 021-854-3244, rogersandwills.co.za **Landscaper**

Arlo Mitchell, 083-435-3197, greencube.co.za **Shower tiles** Pavimento

Antiqua from Italtile, italtile.co.za **Wooden flooring** Clark Appleby,

082-455-9340, woodenoiledfloors.co.za

ABOVE, FROM LEFT Roxanne's scarf collection hangs on a vintage wooden ladder from Harridans (harridans.co.za) in a corner of the main bedroom. The dressing table is from Biggie Best (biggiebest.com) and the round pendant mirror is from L'Orangerie; on the other side of the room, the bed has a headboard from L'Orangerie and an embroidered linen bedcover from Masquerade (facebook.com/masqueradefranschoek). The side tables are from Biggie Best.

FIND ROXANNE DENBURY'S RENOVATION TIPS ONLINE
AT HOUSEANDLEISURE.CO.ZA



CLASSIC REMAKE

INSPIRED BY OLD KAROO FARMHOUSES, THIS 1940S BUNGALOW HAS BEEN COMPLETELY TRANSFORMED INTO A DREAM FAMILY HOME

TEXT **TESS PATERSON** STYLING **HEATHER BOTING** PHOTOGRAPHS **ELSA YOUNG**



At the back of Claire and Tim Frost's renovated home in Johannesburg a deep timber-covered veranda evokes farmhouse living. Slouchy armchairs were covered by VN Botha (011-474-2766) in fabric from St Leger & Viney (stleger.co.za). The large pendants are from Amatuli Artefacts (amatuli.co.za). OPPOSITE The cupboard in the informal dining area was a second-hand purchase and the artwork is by Tim.





‘I knew exactly what I wanted,’ says interior decorator Claire Frost of her renovated home in a leafy Joburg suburb. ‘I pictured a farmy Cape feel but was terrified of a “hotel chain” look with a gable!’ Drawn to the character and great location of this 1940s house, Claire and her husband Tim bought the property in 2000. Despite a couple of ‘bitty’ renovations, though, it remained a series of rectilinear spaces with neither optimal flow nor sufficient light.

‘The lack of light probably bothered us the most,’ says Claire. ‘More recently we were also aware that our sons Sam, 13, and Ben, 11, needed more space, especially when it came to having friends to stay over.’ Working with architect Karin Harcus-Harrison, the couple’s brief was to extend the footprint while creating a more liveable flow. ‘We wanted a seamless indoor-outdoor connection on both the north and south sides,’ explains Claire. ‘Apart from a study for Tim and a guest loo we had all the rooms we needed but we knew that spatially the house could function far better and look considerably more appealing, too.’

To address the dark interior, the ceilings were raised to a height of three metres, with the red tiled roof replaced by grey corrugated

iron. ‘Generous sash windows and glass doors were standardised throughout,’ explains Karin, ‘and the addition of skylights, plus a strip of clear polycarbonate roofing on the new south-facing patio, suffuses the entire house with light.’

When it came to the spatial challenges Karin’s initial point of departure was the dark central corridor. ‘This was effectively the spine of the house yet it didn’t work well at all. We widened the passageway to 1.8 metres and, as an organisational element, included a bank of linen cupboards as well as a concrete bench and shelving where the boys can off-load their sporting gear. Once this thoroughfare had been rectified the connection to the other living spaces evolved quite naturally.’

On the south-facing side of the house Karin reconfigured the boys’ bedrooms, adapting the long narrow shapes to a larger, more square format. A new shared bathroom was added on, with their existing bathroom absorbed into a roomier playroom. This easy-going space connects to the open-plan, eat-in kitchen where the family gathers for most meals. But perhaps the most dramatic of all the changes is the new patio on this side. ▸



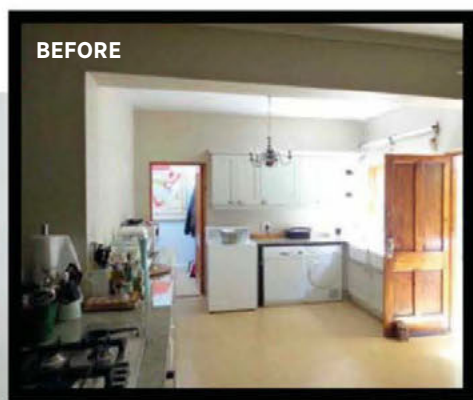
BIG IDEA #1

WELL PROPORTIONED

With its low roof and poky size the original front patio contributed to the home's dark interior. Extending it into the garden, raising the ceiling height and adding a new corrugated iron roof and gable provided the perfect proportions. A new low wall and planter box run parallel to the main bedroom, creating a cohesive Karoo-farmhouse feel. The roughly plastered walls are painted in Wedding White by Dulux (dulux.co.za), while the seringa balustrades and pergola were left unpainted to add a warm tone.

ABOVE The sun lounger under the tree is from Hope Garden Furniture (hopegf.com). OPPOSITE, FROM FAR LEFT The armchair and ottoman in the living room are from Peter JA Stuart (peterjastuart.com) and the grass-cloth wall covering is from Hertext (hertext.co.za); on the veranda industrial chairs from Weylandts (weylandts.co.za) are paired with a natural grass-weave mat from Kath Ponting (083-327-3590).





Running along the boys' rooms, playroom and kitchen, what was once a stretch of unkempt lawn is now a well-used space with an established farm-veranda feel.

Other key changes during the nine-month transformation included the expansion of the front patio with its new gable, enormous fireplace and pergola. 'There's now enough space here for a dining table and comfy seating,' says Claire, 'and we used the space underneath to create a wine cellar.' The main bedroom, which overlooks the garden, was also enlarged and now leads onto a new study for Tim. 'It's got such a great connection to the outdoors and, while it's a private space, you never feel that you're too far away from the rest of the house.'

Throughout the project Claire kept to her vision of a timeless Karoo farmhouse. 'We really tried to pare things down,' she says, 'and Karin looked for the purest forms of every detail, whether it was a coping, skirting or plant box.' Add to this the neutral double-bagged plaster finish and generous proportions, and it's a near-perfect canvas for Claire's relaxed decorating style.

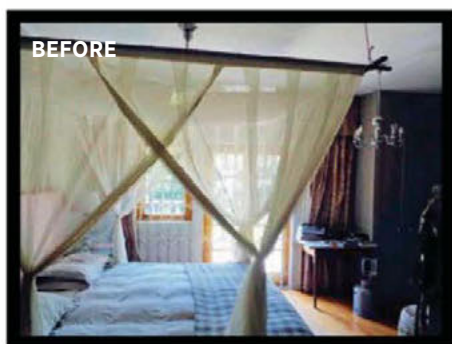
'The black and white tiles were probably the biggest risk,' she laughs. 'Even our tiler expressed serious doubts. We love it, though, and it's an elegant nod to older homes. Although very little remains of the original house it still feels like our home. The soul is definitely here.' □

ABOVE, FROM LEFT The graphic black and white kitchen tiles are from Itile Projects and the old dresser, stacked with cookery books, was another lucky second-hand find; the clear Louis Ghost chairs from Peter JA Stuart are offset by a classic chobi rug from Victor Lidchi (victorlidchi.co.za). OPPOSITE The pendant lights in the informal dining area are from Con Amore (011-262-0385) and the white chairs are from Merge Designs (mergesa.com).



The couple's brief was to extend the footprint while creating a more liveable flow. 'We wanted a seamless indoor-outdoor connection on both sides.'





BIG IDEA #2

SUITE DREAMS

Despite being north facing, the main bedroom, like most of the original house, lacked sufficient light. It was also on the small side, without room for any additional furniture. The raised ceilings, extra sash window and white-painted floors all add to the bright, airy feel. Tim's new study flows off this enlarged space, with both rooms having a close connection to the garden and patio. 'The views are lovely and the sofa is a great place for a quiet read,' says Claire.

ABOVE, FROM LEFT The deep-buttoned ottoman from VN Botha is a good place to rest weary legs; the bathroom chandelier is from Block and Chisel (blockandchisel.co.za) and the Victorian bath was found at The Yard (theyard.co.za) on Queen St, Kensington. OPPOSITE In her serene bedroom Claire chose pendant lights from The Lightshed on Westminster (lightshed.co.za) and an upholstered headboard from VN Botha.

BEFORE





BIG IDEA #3

RECLAIMED SPACE

Overlooked by Claire's top-floor design studio, the back garden was a stretch of sloping lawn that led runoff water straight towards the house. After the ground was levelled and drained a spacious screeded patio was added with a strip of corrugated polycarbonate to allow light into the south-facing rooms. The boys' bedrooms, playroom and kitchen all open up onto this space, with the planter boxes echoing those on the northern side. 'This was a completely neglected part of the property that's become a well-used, liveable space,' says Claire. (See page 69 for more before and after pictures of this area.)

ABOVE, FROM LEFT The rug in the boys' room is from Coricraft and the toy plane was made by Mike (083-949-7495) on William Nicol Drive; the sumptuous wallpaper in the loo is Amazonia WP Original (GDW-5111 001) from the Dos collection by Gastón y Daniela, which is available at Mavromac (mavromac.co.za). OPPOSITE A Jøtul fireplace from Cosy Heating warms the kids' playroom in colder months. The blue cupboard is from Garden Bleu (gardenbleu.co.za).



LITTLE BLACK BOOK

Architect Karin Harcus-Harrison, 073-196-1036, originandjames.co.za

Building contractor Rheinhardt du Toit, 082-332-0445

Heating Jøtul fireplace from Cosy Heating, 011-789-6236, cosyheating.co.za; Paloma gas heaters from HSG Distributors, 086-047-4347, hsgdistributors.co.za

Interior decoration Claire Frost Interiors, 083-449-2653, clairefrost@absamail.co.za

Landscape design Inspirations, inspirationsjhb.co.za **Tiles** Itile Projects, 083-264-2336.

**FIND MORE INSPIRING RENOVATION IDEAS
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SHAPE SHIFTER

A SEASIDE HOLIDAY HOME GETS A PRACTICAL UPDATE TO ACCOMMODATE
DIFFERENT GENERATIONS UNDER ONE ROOF

TEXT **CATRIONA ROSS** STYLING **MIA VINCENT** PHOTOGRAPHS **MICKY HOYLE**



The new street-facing, people-watching counter of a transformed holiday home in Stilbaai is a favourite with the kids of the Pretoria-based homeowners.

The yellow carpet is from Mr Price Home (mrphome.com), while the white standing lamp is from @home (home.co.za). OPPOSITE The renovation's architect, Kobus Nieuwoudt, and his son, Mias, explore the space of the living area. Opened out, it can now accommodate larger items of furniture, such as the French-oak dining table by Pierre Cronje. The pendant globe lights in a Perspex box were designed by Nieuwoudt Architects.



BEFORE



BIG IDEA #1

OPEN UP

For Stilbaai's often windy climate adding stacking doors and windows were key for transforming this holiday house. The owners open them fully on sunny, still days and utilise the interior space by shutting them in windy or wet weather. The overhangs, extended primarily to create more shade, also enable them to open stackers in rain and remain sheltered.

The joy of geometry: roof heights were levelled and a cohesive unit composed of interlocking squares in shades of grey was created for a thoroughly modern holiday house.



Having vacationed in Stilbaai for twenty years, a Pretoria couple and their three children dreamed of owning a holiday home in the scenic coastal village on the Cape's Garden Route. 'We'd been looking for a house with a sea view for two years when we found this 40-year-old property,' the owners explain. They took their architect, Kobus Nieuwoudt, to view it in early 2013 and, with his approval, made the purchase. Wisely, they spent one holiday in the house before starting renovations – the best way to hone their to-do list.

Beautifully positioned, the 510m² double-storey house is situated in a quiet, quaint street, one row of height-restricted houses from the sea, with expansive views down to the old harbour on one side and to the lagoon mouth on the other. To Kobus its elevation is an asset. 'There's enough sense of privacy without losing the visual link to the street or being cut off from the village-life atmosphere,' he notes. 'Passers-by can't look in but you can look out.'

His brief was to create a contemporary beach house with a glorious view, plenty of open spaces, a braai room, and additional beds to accommodate the owners' guests and their children's

friends. Ideally it would blend in with neighbouring houses yet have a distinctive look. Eschewing traditional seaside-house style, the team decided on industrial-chic details and a palette of greys with pops of colour.

During the nine-month renovation that began in April 2014 and was undertaken by a recommended local building contractor, the uneven roof line was levelled, certain interior walls were demolished, and a small garage wing was added. Though the basic structure was left intact Kobus changed the flow, opening up spaces and installing stacking, sliding doors 'so it becomes an inside-outside space'.

He split functions, housing adults on the first floor and youngsters on the ground floor, which has its own kitchenette. A front exterior wall was pushed out to make a fun zone for the children and future grandchildren, including quirky seating arrangements such as a beanbag area and a street-facing counter for leisurely people watching. The garage was converted into a library and bunk-bed room to house young guests, and for each of the couple's three children a suite was created with an ▶



A colour block in yellow in the indoor braai room brings warmth to cool seaside blues and whites. This room opens on three sides with stacking windows and stacking, sliding shutters (from American Shutters, americanshutters.co.za) for efficient climate control and year-round use. The four-metre-long washed-wood table and wicker Ranggap hanging lamps are from Weylandts.



BIG IDEA #2

HIGHER CEILINGS

Removing most of the roof and replacing it with Zincoalume sheeting not only gave the house a clean, contemporary look but enabled the architect to lower the pitch of the roof and therefore raise the ceiling levels inside for more spacious rooms.



Circular mirrors in the bathroom, which were made from Coricraft trays (coricraft.co.za) and repurposed by the owners, are reminiscent of port holes, a nod to the nearby ocean. The washing basket was bought at a street stall and the carpet is from Mr Price Home. LEFT Clean lines and neutrals make the kitchen a calm zone of efficiency. An industrial trolley was sprayed and repurposed to wheel cutlery and china when the owners are entertaining guests. The cupboards were made up with integrated handles to achieve uncluttered lines in a fairly small space.



OPPOSITE Solid pine flooring, stained with Rubio Monocoat for a natural-looking matt finish, was installed throughout the house. The curved sofa and glass-topped table are from Weylandts, the tub chairs are from Wunders and the small wooden table is from De Dekke Antiques and Collectibles Store.

en-suite bathroom and doors leading onto either a deck or small courtyard.

While the house's exterior was painted subtle shades of grey, inside Kobus and his wife Elsie 'played with colour', using splashes of red, pink, blue and yellow to add zing to a basic palette of pale grey. Special attention was paid to lighting: to complement the downlights installed throughout the house, the Nieuwoudts custom designed statement light fittings and used LED ribbon on the trusses in the living area both to create effect and save electricity.

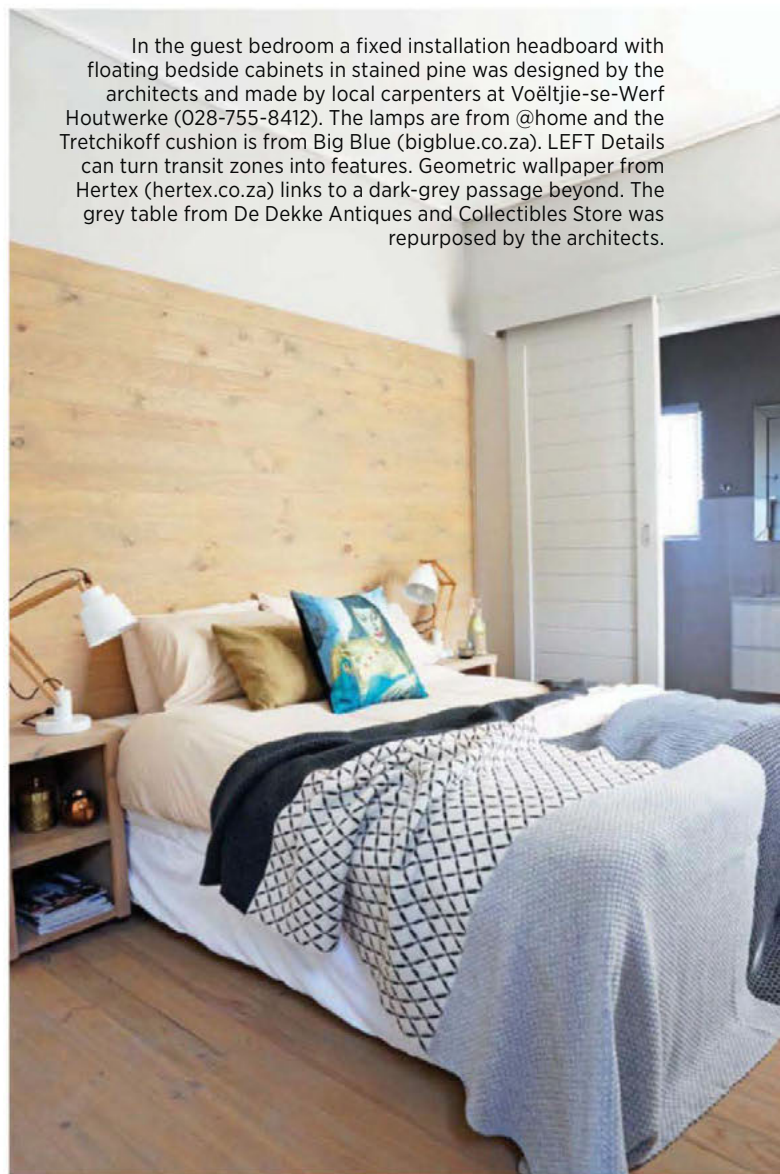
The renovations were completed in December 2014, in time for the owners' year-end holiday. 'We love the stacking doors in the living areas, the kitchen with a view of the ocean and the separate area downstairs for the children with its white cement floor which gives you a beach-house feeling. The braai room is fabulous as its stacking windows open on both sides. We love the interior in general,' they enthuse. Whether gathering with friends in the braai room with its dreamy blue lagoon view or breakfasting at the street-facing counter and watching the ▶

BIG IDEA #3

PLAY WITH PAINT AND WALLPAPER

You don't have to rip out every existing feature and start with a blank canvas; the old can be salvaged, saving time and money, if simply repainted or refinished. Here, picking out details with colour or pattern has set a bold, contemporary tone. In the bunk-bed room a single beam was painted bright yellow to enhance the fun atmosphere; in the dining room geometric-patterned wallpaper frames the opening leading into the lounge.





In the guest bedroom a fixed installation headboard with floating bedside cabinets in stained pine was designed by the architects and made by local carpenters at Voëltjie-se-Werf Houtwerke (028-755-8412). The lamps are from @home and the Tretchikoff cushion is from Big Blue (bigblue.co.za). LEFT Details can turn transit zones into features. Geometric wallpaper from Hertex (hertex.co.za) links to a dark-grey passage beyond. The grey table from De Dekke Antiques and Collectibles Store was repurposed by the architects.



OPPOSITE Nia and Mias Nieuwoudt in the cheerful bunk-bed room. The penny-farthing artwork was bought at an auction and the blanket is from Country Road (woolworths.co.za).

characters of Stilbaai come and go, the family has found its perfect holiday fit.

The owners offer their renovation advice: 'Get a good architect who will understand your vision; start planning and gathering photos and ideas of your ideal home long before you approach your architect; and don't compromise on quality.' Consulting a professional before buying a property to renovate pays off, they feel. 'It's best to have a feeling for what you're letting yourself in for,' Kobus says. 'There are various levels of renovations, from cosmetic to very structural, and you don't want to be caught with huge costs, trying to achieve a certain level of renovation.' 🏠

LITTLE BLACK BOOK

Architect Kobus Nieuwoudt, Nieuwoudt Architects 011-793-2245, nieuwoudt-architects.co.za **Dining room table** Pierre Cronje, pierrechronje.co.za **Interiors and finishing** Elsie Nieuwoudt of Nieuwoudt Architects **Sofas, chairs and lights** Bizarre Bazaar, 044-691-0031, bizarrebazaar.co.za; De Dekke Antiques and Collectibles Store, 082-495-5011; weylants.co.za; Wunders, wunders.co.za


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LEISURE



feeding the soul

The feel-good effect goes beyond the delicious fare served up at Somerset West's Imibala Restaurant & Deli

TEXT **LEIGH ROBERTSON** PHOTOGRAPHS **MICKY HOYLE**

LEISURE HOT SPOT

When considering the options for a foodie outing in Somerset West, the search usually ends in the town's outskirts with views of gabled manor houses framed by rolling vineyards rather than passing cars and pedestrians. But on busy Bright Street, where the sights and mood are expressly urban, the newly relaunched Imibala Restaurant & Deli is drawing a discerning lunch crowd.

That it has a headline name in Nicole Dupper, the talented chef who first launched Bushmanskloof and Bartholomeus Klip as gourmet destinations, is no doubt adding to its allure. And certainly her vibrant and earthily abundant food offering plays beautifully into the language of Imibala, which means 'colours' in Xhosa.

Along with an art gallery and tastefully curated stores, the restaurant and deli form part of the public interface for the Imibala Trust – a philanthropic endeavour founded by the Rupert family that provides school uniforms to disadvantaged children from the Helderberg region.

Architect Marcus Smit has contributed to a modern country vernacular in keeping with the area's heritage, and if the buildings are immaculately white, it only helps to emphasise the focus on colour that pops up everywhere, including the logo: a cheerful multi-hued graphic derived from the sound wave of a child's laughter.

A driving force behind the restaurant and deli is gastronome Ian Downie, who is perpetually inspired by the 'incredible bounty from the earth' presented by the Rupert family farms. Of the simplicity and elegance of the seasonal dishes on the menu he says, 'It was crucial not to mess with the produce and in Nicole we've found a chef who can edify the ingredients. She's spent her life creating food in the style we want to have here so it's been a real meeting of minds.'

Just the thing for wintry days, patrons can enjoy warming soups, wild-mushroom risotto or slow-roasted pork belly with stellar wine pairings. The desserts, such as the ambrosial rhubarb-and-vanilla crumble, will have you sighing.

By night, the elegant surrounds are elevated with the addition of candles, Irish linen tablecloths and napkins, and guests can enjoy alfresco dining on the heated deck.

It's impossible to leave without stopping at the deli for fresh produce such as porcini, honeycomb and organic eggs.

Knowing that profits from a delicious meal are being fed back into the trust is a tremendous feel-good plus. **Imibala Restaurant & Deli, 18 Bright St, Somerset West, Western Cape, imibala.com**



CLOCKWISE FROM TOP Sunny days demand lunching on the deck; sculptures by Lionel Smit outside the Imibala Gallery; chef Nicole Dupper; one of the delicious seasonal dishes on offer. PREVIOUS PAGE Behind a table bearing sumptuous cakes for high tea, the deli's shelves are stocked with choice products, all with a strong local flavour.





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local update

A reinvigorated Cape Town watering hole draws fresh faces with its new concept eatery

TEXT **JESSICA ROSS** PHOTOGRAPHS **MICKY HOYLE**



It's rare that a 'something for everyone' venue really does have something for everyone but that's exactly what new chef proprietor Brad Ball has achieved at Peddlars & Co. Situated on a bend in the road in Constantia, Cape Town, it has been the backdrop to many formative moments in local history. It's the sort of place you'll go to for lunch but leave long after dinner time.

Few have as many Peddlars tales to tell as chef Brad Ball, formerly of Bistro Sixteen82 at Steenberg. His own story at Peddlars on the Bend dates back to his days as a runner, then a waiter, with friends Steve Robertson and Robert Fleck, whose dads were the owners. 'It was a great spot but there was just something missing,' he says. The three mulled over the space's potential with the owners and weeks later became the proud new owners of a business dearly loved by locals but sorely in need of an update.

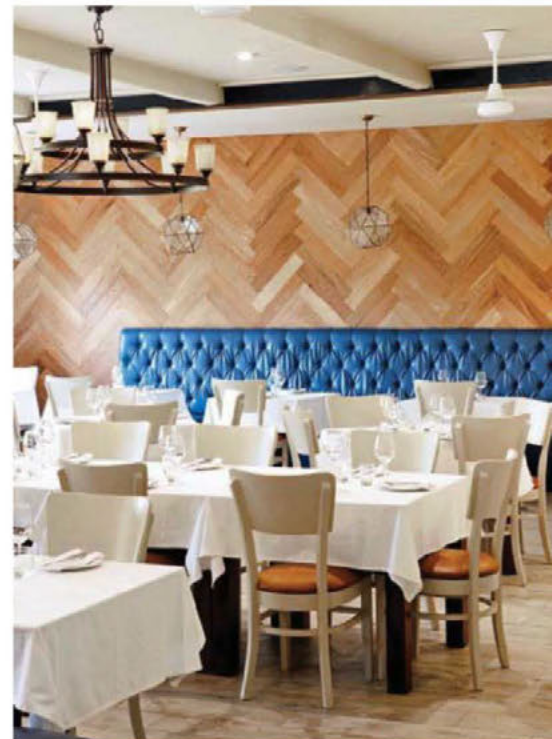
'The idea was to be able to attract a new market. There was a particular clientele coming to Peddlars on the Bend and we wanted to expand on that,' Brad explains. The result is Peddlars & Co., one destination with four distinct concepts. Volaré Ristorante is an upmarket dining area serving modern Italian cuisine, with Brad's flair for flavour and texture evident in such dishes as the ricotta gnocchi with cauliflower, sunflower seeds and a rosemary infusion. The Local is the place to join regulars in cheering on the Stormers, fuelled by a burger topped with bacon jam, crispy coppa and mature Cheddar. Out on The Oak Terrace patrons unwind over drinks paired with a charcuterie platter.

It's the fourth space, however, that's seen the most marked improvement: leading off Volaré Ristorante and out onto The Oak Terrace, Graciales is entirely different to both. Chevron patterns zigzag around lamp shades, yellow chairs hug bodies at sleek oak tables and Consol-jar pendant lights hang above a marble bar that's lit from the inside. It's such a mood shift from Volaré Ristorante that you wonder if you've walked into a neighbouring eatery but that's just what Brad wanted – to demarcate each zone by look. Interior designer Deborah Coppin of Insight Design Studio took on Graciales and gave The Local a refurbish, while Clair Drier of Flock Design handled Volaré Ristorante.

As for the food at Graciales, it's all about sharing – think 'social grazing boards' and small plates. 'There are plenty of dishes out of people's comfort zones,' says Brad. 'I don't do it for the "wow" factor; it's because I love to eat those things, and Graciales is a great space for that.'  **Spaanschemat River Rd, Constantia, Western Cape; peddlars.co.za**



YOU WONDER IF YOU'VE WALKED INTO A NEIGHBOURING EATERY BUT THAT'S JUST WHAT BRAD WANTED.



CLOCKWISE FROM TOP LEFT The Local pub; sticky pork belly on the menu at Graciales; Volaré Ristorante got a fresh update with chic herringbone walls; chef/owner Brad Ball. OPPOSITE Graciales is a vibrant, social dining spot in Cape Town's Peddlars & Co.

READ MORE ON CHEF BRAD BALL'S FOOD PHILOSOPHY PLUS TOP FOODIE TRENDS FOR 2015 AT HOUSEANDLEISURE.CO.ZA 



capital cool

This Pretoria pop-up market is gaining in popularity with those who love good food, design and the capital city

TEXT **MILA CREWE-BROWN** STYLING **LEANA SCHOEMAN** PHOTOGRAPHS **SABIE BOTHA**

WHAT? One of the latest in a string to form part of Gauteng's burgeoning market scene, Pretoria's Market @ The Sheds hums. Held on the last Saturday of each month from 9am to 4pm, the city's cool kids descend on this shifting venue with stall holders offering up freshly prepared food, drink, beautiful crafts, clothing, art and design. Brought to you by the keen advocates of Capital Collective, it's no surprise that the market stands for inner-city revival and the public seem to be lapping it up.

WHO? You can expect the ubiquitous and design-hungry hipster types, as well as a few young families seeking somewhere fresh and exciting to grab a meal, hang out and shop. Think of Cape Town's Old Biscuit Mill and you'll have an idea of the crowd.

WHAT TO EXPECT It pulls in talent from Pretoria and surrounds, and you'll be offered a curated selection of wares from local producers, be they artists, fashion designers or jewellers. If you're parched you'll be spoiled for choice with craft beer, wine, cocktails, Brew coffee served straight out of its truck and juices on offer from Colour Me Healthy. Foodies can expect

a varied selection from Asian and Greek to proudly South African staples such as biltong and *roosterkoek*. With a stage for live music, and a line-up of musicians that changes monthly, the market becomes a really lively place to be come midday.

DON'T LEAVE WITHOUT... trying one of the sweet or savoury gourmet jaffles (with fillings such as bobotie or smoked chicken) from Aard Ateljee Deli. The fudge (and other irresistible sweet delights) on offer at Black Salt is also a must – with flavour combinations like Rooibos and Amarula or white chocolate, grapefruit and Campari you're wasting your time even trying to resist. Add to that a piece of Cleilap's intricately detailed ceramics and you won't go wrong.

X-FACTOR The fact that Market @ The Sheds is a roving market sets it apart from all the rest and keeps it dynamic. It also means it'll be showcasing more of the capital city's hottest venues, popping up at a new location every month. **Keep an eye on marketatthesheds.co.za to find out where it will be next.**

VISIT HOUSEANDLEISURE.CO.ZA TO FIND A HOT MARKET IN YOUR CITY.



CLOCKWISE FROM TOP LEFT Market @ The Sheds is held at a different venue in Pretoria each month; The Blue Pot Delicatessen's succulent pulled-pork *roosterkoek*; satisfy your sweet tooth with Black Salt's delicious offerings; earthenware by Cerameek and Cleilap.



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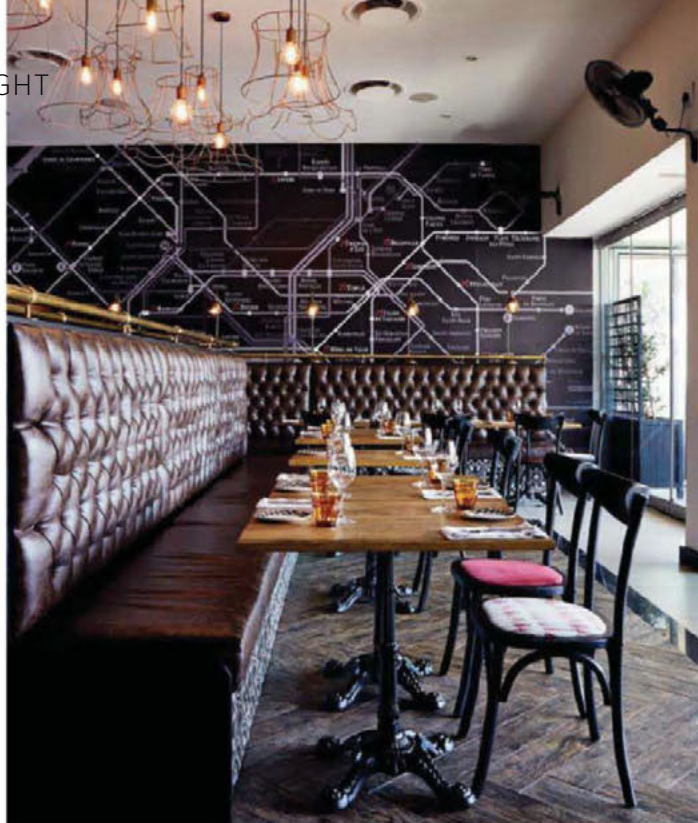
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bistro with history

Michel Morand's Auberge Michel was the first restaurant to be awarded a five-star rating by the Tourism Grading Council of South Africa. At his recently opened Bistro Michel he and his long-standing team serve gloriously old-fashioned comfort food. Book for breakfast, Sunday lunch or a cosy dinner – and don't miss the pavlova. **Shop 22, Blubird Shopping Centre, corner Atholl-Oaklands Rd and Fort St, Birnam, Gauteng, 011-440-0769**



GASTRO GENIUS

ONE BITE AT THE NEW LA COLOMBE RESTAURANT AT SILVERMIST AND YOU'LL KNOW THAT, APART FROM THE VENUE, NOTHING'S CHANGED. CHEF SCOT KIRTON AND HIS TEAM ARE STILL WHIPPING UP ENVELOPE-PUSHING DISHES THAT LOOK SO PRETTY YOU'RE ALMOST LOATH TO EAT THEM. TAKE THE TUNA TATAKI STARTER: YOU'LL GIGGLE WHEN YOU HAVE TO PEEL OPEN A TIN BUT THERE'S NOTHING GIMMICKY ABOUT THE PERFECTLY SEARED FISH INSIDE. WITH ITS RELAXED ATMOSPHERE AND ACCOMPLISHED PAIRINGS IT'S NO WONDER THE RESTAURANT CONTINUES TO DRAW INTERNATIONAL GASTRONOMES. **SILVERMIST WINE ESTATE, MAIN RD, CONSTANTIA NEK, CONSTANTIA, WESTERN CAPE, 021-795-0125, LACOLOMBE.CO.ZA**

foodie news

COMPILED BY DANIELLE LE CHAT



VIVA ITALIA!

After the success of Lupa Osteria in Hillcrest and Westville, a third has arrived in Durban North with the same eye-catching and fun styling – bare brick, wood, glass, monochromatic prints – and great food. Try the rotolo of spinach with ricotta, mushrooms and brown sage butter or a wood-fired pizza and save space for a salted-caramel popcorn sundae. **6-12 Swapo Rd, Durban North, KZN, 031-941-1181, lupa.co.za**



Food Lover's Signature range of home-style rusks, including sugar-free and authentic 'boere' rusks, has arrived just in time for hot-tea dunking. From R29,99 for 400g at Food Lover's Market. fruitandvegcity.co.za



richard bosman

This charcuterie connoisseur is bringing home the bacon for Mother City dwellers

TEXT AMY-LEIGH PATERSON PHOTOGRAPHS JAC DE VILLIERS



there are more
taste shapers
online at
houseandleisure.co.za



Richard Bosman works magic with meat. Trained by *fleischmeister* Walter Haller, he ran The Deli in Hermanus for five years before founding Richard Bosman Quality Cured Meats in 2009. Now he's feeding the habit of Cape Town's bacon junkies with the opening of a bar in Bree Street dedicated entirely to the meat of the moment. 'Bacon will never go out of fashion,' he says. 'It's no longer just a commodity item but rather a main ingredient.'

Bacon on Bree offers everything from traditional bacon-and-egg butties to BLTs with lashings of baconnaise and chicken wings smothered in umami bacon sauce. All Richard's produce is organically sourced and his cooking advice is to find the best ingredients available and do as little as possible to them. His foodie heroes are 'the producers who do what they do because they want to and not for profit'. Not that his restaurant's location in the city's epicurean Mecca means he's having any trouble drawing in hip crowds with a penchant for pork. As Richard well knows, 'the appeal of a good bacon sandwich is universal'.

Bacon on Bree, 217 Bree St, Cape Town, bacononbree.com

BACON'S NO LONGER A COMMODITY ITEM BUT RATHER A MAIN INGREDIENT.

What tastes remind you of childhood?

Bacon and eggs, chocolate mousse, chicken Kiev. **What's always in your pantry?** Olive oil, chilli sauce, smoked paprika, a tin of tomatoes, soy sauce, fish sauce, dried mushrooms and decent red-wine vinegar.

If you were a drink, what would you be?

A very old, single-malt whisky. Mostly smooth, you only notice it if it's bad but love it when it's good. **What's for supper tonight?** First-date soup: prawns, chorizo, bacon, peppers, tomatoes and onion in a shellfish stock topped with fresh coriander.

Current favourite restaurants? Societi Bistro, Pesce Azzurro and Carne. **What would be on the menu for your last meal?** A fresh boiled crayfish with garlic-lemon

butter, a 24-hour slow-roast pork shoulder with mash and cucumber salad, and dark-chocolate mousse. **Can't live without?** Coffee, Wi-Fi, my Lowry Santoku knife, salad and music. **Your most memorable meal?** There is no one meal that can capture this title. I find that certain food moments have a special place in my memory forever, such as eating fresh sardines with a cold beer in Portugal in a street café or slicing wild Scottish smoked salmon with my friend, Tim. The first bite of a kokoreç (roasted sheep intestines) sandwich in Istanbul, sharing a green papaya salad on a secluded beach in Thailand with my wife and a simple tomato salad on Capri, dressed with fresh basil and olive oil. In most of these one ingredient just shone so brightly that it is etched in my memory. As you can see, the simple things can be the most delicious. **What's on your kitchen wish list?** A gas salamander. **Do you have any culinary vices?** I have some food-security issues so I tend to stock the fridge and pantry with more jars and goodies than the average household uses in a year. I also don't do leftovers so whatever is not eaten goes to work with my wife the next day. **Your most used recipe book?** *Sauces* by Michel Roux. **Your favourite sandwich filling?**

Gammon, avo, mayo, mustard, tomato and rocket. **Your ultimate breakfast?** Eggs Benedict. **What won't you eat?** Microwave meals. **Weirdest thing you've ever eaten?** Durian fruit in Thailand. They smell bad and don't taste as good as they are supposed to. **What wine are you enjoying right now?** The Chocolate Block for special occasions and Spice Route Grenache for every day. **Food aromas you love?** Garlic and lemon. **Absolute food weakness?** Buttermilk rusks and coffee on holiday. **Soundtrack to the perfect dinner party?** Coldplay. **Secret talent?** I play a bit of guitar. **What do you think will be the next food trend?** Mexican food. **Favourite foodie destination in the world?** Barcelona. 🏠

LOCALÉ IS LEKKER

A quirky espresso bar by day and a casual cocktail spot by night, brand-new Localé is the answer to Little Mowbray locals' request for a chilled-out, resident hang-out space. **71 Durban Rd, Mowbray, Cape Town, 021-685-2155**



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what to drink

COMPILED BY DANIELLE LE CHAT

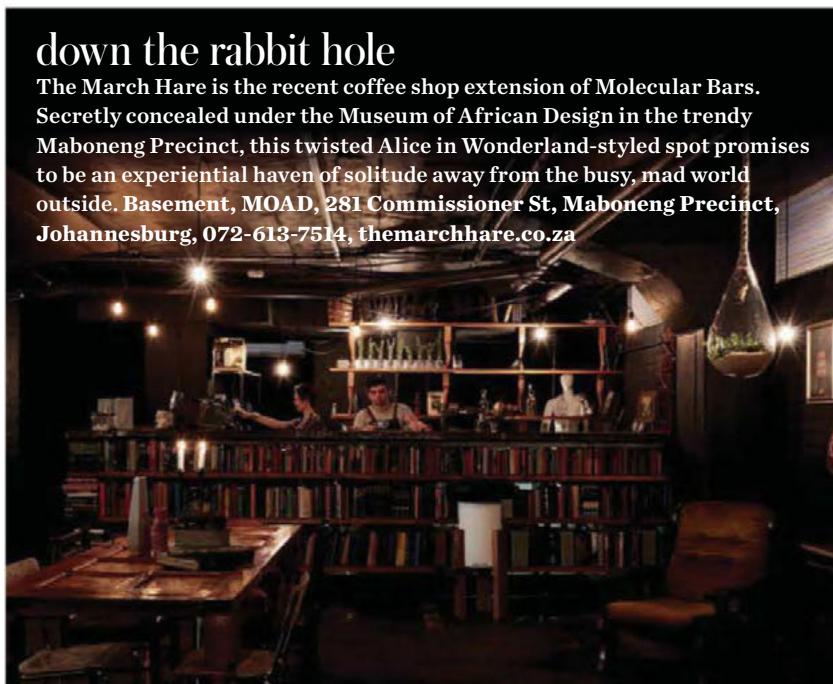


CIDER HOUSE RULES

A new cider made from indigenous fynbos wood has just launched in SA. Produced by boutique brewery Windermere Cider in Elgin, rooibos chips in the Windermere Rooibos Wooded Cider lend their colour and intense earthy aroma to this drink. **From R22 at leading retailers.**

down the rabbit hole

The March Hare is the recent coffee shop extension of Molecular Bars. Secretly concealed under the Museum of African Design in the trendy Maboneng Precinct, this twisted Alice in Wonderland-styled spot promises to be an experiential haven of solitude away from the busy, mad world outside. **Basement, MOAD, 281 Commissioner St, Maboneng Precinct, Johannesburg, 072-613-7514, themarchhare.co.za**



Got milk? You will now with this fun glass milk carton (R89) from @home's Village range. It's too cool not to whip out at tea time. home.co.za





Don't miss Nobu Cape Town's superb wine-and-dine evenings, which pair fine local estate wines with the restaurant's sublime contemporary Asian cuisine. Next up: Graham Beck bubbly (2 July); Paul Cluver Wines (6 Aug); Hartenberg Wine Estate (3 Sep). From R495 per person for a four-course meal with wines. To book, call 021-431-4511.

LEISURE DRINK UP



TAKE 3 SYRAHS

■ **FABLE MOUNTAIN VINEYARDS SYRAH 2011 (R318)** THE LABEL SHOWS THE WITZENBERG MOUNTAINS WHERE THE WINERY'S BIODYNAMIC GRAPES ARE GROWN - NATURE'S KEY HERE AND FINDS POETIC EXPRESSION IN THIS STAND-OUT SYRAH. DRINK IT WITH A RICH TURKISH LAMB STEW.

■ **TAMBOERSKLOOF SYRAH 2011 (R150)** FROM KLEINOOD FARM COMES THIS TOP-SCORING QUAFER THAT HINTS OF RIPE CHERRIES AND STRAWBERRIES WITH A DUSTING OF SPICE. A DASH OF MOURVÈDRE ADDS EXTRA OOMPH. TRY IT WITH HOME-MADE GAME PIE AND ROASTED ROOT VEG.

■ **REYNEKE WINES BIODYNAMIC SYRAH 2012 (R110)** THIS IS A WINE TO WAX LYRICAL ABOUT, ESPECIALLY ITS RATIO OF SUBLIME QUALITY TO PRICE. THE JUICY BERRY BURST IS HELD IN A PERFECT TANNIN GRIP. IT'S MADE WITH LOVE AND CARE, AND YOU'LL TASTE IT. A HIT WITH LENTIL BOBOTIE AND SAMBALS.

wine

TEXT LEIGH ROBERTSON

LOVE THIS... LABEL
Stanford Hills Estate's Veldfire Shiraz (R88)

grabs attention
not least for its

reminder of the scourge of wild bush fires – scary but essential for fynbos regeneration. This Overberg farm has had its share but the vividly illustrated label also references the Veldfire pincushion that's grown here for export. stanfordhills.co.za



SUPER SIPPERS

If you're after smooth, easy-drinking winter reds that offer great bang for your buck, go for these excellent choices from Neethlingshof. Both the lusciously fragrant Malbec 2013 (R69) and velvety Merlot 2012 (R75) are absolute winners with a multitude of hearty dishes, especially Italian. Yum! neethlingshof.co.za

CAPE TOWN WINE BAR **PUBLIK** IS TAKING ITS CONSIDERED OFFERING OF UNUSUAL LOCAL WINES TO OENOPHILES COUNTRY WIDE. SIGN UP TO ITS WINE RENEGADES CLUB TO RECEIVE A MIXED CASE EVERY MONTH OR SHOP THE ONLINE SELECTION. [PUBLIK.CO.ZA](http://publik.co.za)



a taste of tashas

Passionate restaurateur Natasha Sideris shares four delicious recipes from her new cookbook *Tashas* with *HL*

TEXT, RECIPES AND FOOD PRODUCTION **NATASHA SIDERIS**
STYLING **ALEXANDRA ROSS** PHOTOGRAPHS **DAVID ROSS**



Quinoa and edamame salad
OPPOSITE Parmesan chicken
couscous (recipes on page 100)



Greek lamb cutlets

PARMESAN CHICKEN COUSCOUS

16 pieces of tender stem broccoli
ice water
8 chicken breasts
3 eggs, beaten
salt and black pepper
100g Parmesan cheese
200g breadcrumbs
500g couscous
oil for deep frying
1 fennel bulb, thinly sliced
60ml olive oil
juice of 1 lemon
200g chèvre
a large handful of micro greens
2 lemons, cut into wedges, to garnish
Blanch the broccoli stems in boiling water for about two minutes, then shock them in a bowl of ice water to stop the cooking and retain their colour. Drain and set aside until needed.

Flatten the chicken breasts with a meat mallet. Beat the eggs in a bowl and season.

Shave the Parmesan cheese and then break the shavings into small pieces. Mix them with the breadcrumbs and couscous, and spread it out on a plate.

Dip each chicken breast into the beaten egg and then into the couscous breadcrumbs. Coat each one evenly.

Deep-fry the chicken breasts until they are well cooked and the crumbs are golden brown.

While the chicken is cooking, marinate the fennel in olive oil and lemon juice.

Plate the broccoli, then the chicken, fennel, chèvre and micro greens. Garnish with lemon wedges. **SERVES 4**

GREEK LAMB CUTLETS

for the lamb
salt and black pepper
6 lamb cutlets, about 100g each
4 lemons, ends cut off
oil for deep frying
4 medium potatoes, cut into 5mm slices
20 calamata olives, pitted and sliced across the width

for the basting sauce
240ml olive oil
120ml lemon juice
2 sprigs of rosemary, stalks removed
a pinch of dried oregano

for the tomato salad
2 large salad tomatoes, sliced
20 baby heirloom tomatoes, sliced
half a red onion, sliced
200g feta, crumbled

for the tomato-salad vinaigrette
80ml olive oil

15ml red-wine vinegar
a pinch of dried oregano

Season the lamb and set it aside.

To make the basting sauce, combine all the ingredients and season to taste.

Prepare the tomato salad by mixing all the salad ingredients in a bowl.

Whisk the vinaigrette ingredients, adjust the seasoning and drizzle it over the salad.

Grill the lamb cutlets for about three minutes on each side on an open flame, basting them with the sauce as they cook.

Place the lemons on the grill cut-side down until they are just brown.

While the cutlets are on the grill, deep-fry the potato slices until they are golden brown.

Dip the lamb chops in the basting sauce once more before serving.

Serve the lamb on individual plates or on a large serving platter in the centre of the table so that people can help themselves. Serve with the tomato salad, potatoes and small bowls of olives on the side. **SERVES 4**

QUINOA AND EDAMAME SALAD

for the salad
440g quinoa
1 litre of boiling water
salt
2 medium onions, sliced
olive oil
800g edamame beans
24 pickled beetroot, sliced
120g pecans, dry roasted
2 large handfuls of micro greens

for the vinaigrette
120ml olive oil
1T red-wine vinegar
120ml fresh lemon juice

for the feta spread
80g Danish feta
2T olive oil
a pinch of dried oregano
black pepper

Boil the quinoa in a litre of salted, rapidly boiling water. Keep the lid on and cook for about 20 minutes. Most of the water should have evaporated. Remove the pot from the heat and leave the quinoa to steam in the pot with the lid on for five to 10 minutes.

Lightly season the onion with salt and sauté it on a low heat until it is soft and golden.

Boil the edamame in a pot of water for 10 minutes or until it is tender. Rinse under cold running water, drain and set aside.

Make the vinaigrette by whisking all the ingredients.

Mix the feta-spread ingredients to form a fine paste and season with pepper.

Toss the cooled quinoa, onion, edamame, beetroot and pecans in a large bowl with the vinaigrette. Transfer it to a serving dish and garnish with micro greens. Serve it with dollops of feta spread. **SERVES 4**

DOXA'S CHOCOLATE SLICE

for the cake

250ml sugar

4 eggs, separated

125ml oil

125ml hot water

a pinch of salt

2t vanilla essence

60g cocoa powder

250ml flour

2t baking powder

caramel-coated cashews, to serve

ice cream, to serve

for the syrup

38g tin evaporated milk

250ml white sugar

for the chocolate sauce

380g tin evaporated milk

300g plain milk chocolate

Preheat the oven to 165 °C. Line a 24cm or 26cm baking tin with baking paper.

To make the cake, mix the sugar, egg yolks, oil, water, salt and vanilla essence in a bowl.

In a second bowl mix the cocoa powder, flour and baking powder. Fold the two mixtures together.

In a separate bowl, beat the egg whites till fluffy, then fold this into the other ingredients. Pour the mixture into the lined baking tin and bake for 30 to 35 minutes.

Make the syrup by bringing the evaporated milk and sugar to a boil. Stir

to make sure the sugar is completely dissolved. Set it aside to cool.

When the cake is ready, remove it from the oven and poke a few holes in it with a skewer. Leave it to cool, then pour the syrup over the cake. Make sure it has all been absorbed before you slice the cake.

To make the chocolate sauce, heat the evaporated milk. Once it starts steaming, add the chocolate. Stir continuously until the chocolate has melted.

The chocolate sauce can either be served on the side or as a topping. If you like, serve with caramel-coated cashew nuts and vanilla ice cream. **SERVES 4.** 🏠

Recipes from *Tashas* (Jonathan Ball Publishers, R399).

tashascafe.com, f tashascafe1

FOR MORE TANTALISING RECIPES BY TOP SOUTH AFRICAN CHEFS VISIT HOUSEANDLEISURE.CO.ZA



slow food

Warm up this winter with lovingly cooked comfort food that is guaranteed to impress

RECIPES AND STYLING **BRITA DU PLESSIS** PHOTOGRAPHS **SEAN CALITZ**
FOOD PRODUCTION **ELIZABETH INGRAM**



Moroccan lamb soup
(recipe on page 105)



Ultimate chicken cider pie
(recipe on page 105)



Slow-baked stuffed brinjals

ULTIMATE CHICKEN CIDER PIE

salt and freshly ground black pepper
 8 free-range chicken pieces (thighs, breasts and drumsticks)
 6T salted butter
 half a handful of sage
 half a handful of thyme
 half a handful of origanum
 1 bottle dry cider
 2 cups milk
 4 leeks, chopped
 100g diced bacon
 2T flour
 1 cup cream
 1 puff pastry roll
 1 egg, lightly beaten with a dash of milk
 Season the chicken well with salt and freshly ground black pepper, then set aside.

Melt three tablespoons of the butter in a heavy-based pot until it starts to foam. Add the herbs and stir through.

Place the chicken pieces in the pot and brown them, turning them over after a few minutes. Add the cider and reduce the heat to a simmer.

Pour in the milk, cover the pot and poach the chicken for 45 minutes, then leave the pieces to cool in the liquid.

Remove the chicken and reserve one cup of the poaching liquid. Pull the chicken off the bone, discard the skin and bones and set the chicken aside.

Place the remaining butter in a pan and heat until it is foaming. Add the leeks and bacon and sauté for five minutes, then add the flour and stir through for a minute or two. Pour in the cream and reserved stock and bring the liquid to a boil, then reduce the heat, add the chicken, stir through and simmer for a few minutes until the sauce starts to thicken.

Remove the pan from the heat and set it aside to cool. Preheat the oven to 200°C.

Place the cooled chicken mixture in a pie dish, top it with the puff pastry, brush the egg wash on top and bake for 20 minutes or until the pie is golden brown and puffy.

SERVES 4

Cook's note: For a stronger cider taste halve the reserved stock and add half a cup of cider to the sauce.

MOROCCAN LAMB SOUP

3T olive oil
 2 whole lamb shanks
 1 onion, finely diced
 1 carrot, grated
 2t cumin
 2t paprika
 1t cinnamon
 2 cups good quality beef stock

1 can of chopped tomato
 1 can of chickpeas, drained and rinsed
 2 cans of lentils, drained and rinsed
 crusty bread, yoghurt and coriander, to serve

Heat two tablespoons of the oil in a heavy-based pot over a medium heat. Brown the lamb shanks all over, then remove them and set them aside. Add the remaining olive oil to the pot. Sauté the onion, carrot and spices for three minutes, then add the shanks and sauté for another two minutes or until the onion is soft and translucent.

Pour in the beef stock and tomato and bring the mixture to a boil, then reduce it to a simmer and cook, covered, for two hours.

Remove the lamb shanks (set the pot aside), discard the bones and break up or shred the lamb. Return the lamb to the pot, add the chickpeas and lentils and simmer for 15 minutes.

Serve the lamb with crusty bread, yoghurt and fresh coriander. **SERVES 4-6**

SLOW-BAKED STUFFED BRINJALS

4 large brinjals
 olive oil
 Maldon salt
 250g baby Rosa tomatoes, diced
 1 cup canned Italian chopped tomatoes
 ½ cup roasted pine nuts
 2T raisins, soaked in hot water for 30 minutes
 2T chopped fresh dill
 2T chopped fresh parsley
 ½ cup double cream yoghurt
 pomegranate molasses
 mint and watercress leaves, to garnish
 Preheat the oven to 160°C.

Cut the brinjals in half and score the surface, then place the halves on a lined baking tray. Drizzle olive oil liberally on top and season with salt before baking for 30 minutes in the oven.

Remove the halves from the oven and gently scoop out half the flesh, leaving a 1cm border around the edges. Mix the scooped out flesh with the tomatoes, pine nuts, raisins, dill and parsley and adjust the seasoning if necessary. Spoon the mixture back into the brinjal halves, return them to the oven and bake for 30 minutes.

To serve, drizzle yoghurt and pomegranate molasses on top and garnish with fresh mint and watercress leaves.

SERVES 4

Cook's note: Pomegranate molasses is available from good delis or specialty stores.

ASIAN PORK NECK WITH JASMINE RICE AND GREENS

2T peanut oil
 salt and freshly ground black pepper
 1kg deboned pork neck, cut into chunks
 1 onion, finely chopped
 1 carrot, finely chopped
 1t sesame oil
 4 star anise
 1 cinnamon stick
 3cm piece of ginger, grated
 4 garlic cloves, crushed
 2 spring onions, chopped
 1 cup light soy sauce
 ½ cup rice-wine vinegar
 ½ cup brown sugar
 ¼ cup mirin
 2 cups beef stock
 fresh lime juice, to taste
 cooked jasmine rice, to serve
 sautéed spring onions, to serve
 fresh bok choy and cabbage, to serve
 Heat the peanut oil in a heavy-based pot over a medium heat. Season the pork, then brown it in batches for three to four minutes before removing each batch from the pot and setting it aside.

Add the onion and carrot to the pot and sauté for four minutes or until it is soft and caramelised. Add the sesame oil, star anise, cinnamon stick, ginger, garlic and spring onion and sauté for another minute. Add the soy sauce, rice-wine vinegar, sugar, mirin and stock and bring the liquid to a simmer. Return the pork to the pot, cover and simmer for an hour and a half or until the meat is soft and tender.

Remove the meat from the pot and reduce the heat to a gentle simmer until you have reduced the sauce by a third. Adjust the balance with a little lime juice to taste.

Return the pork to the sauce, heat it through and then serve it with jasmine rice and sautéed spring onions, fresh bok choy and fresh cabbage. **SERVES 4**

Cook's note: To make the sauce stickier simmer it a little longer to reduce it by half instead of a third. ▶

**FIND HOUSE AND LEISURE'S ONLINE
 ARCHIVE OF TASTY RECIPES AT
 HOUSEANDLEISURE.CO.ZA**

Asian pork neck with
jasmine rice and greens
(recipe on page 105)



our bonus
beer beef stew
with colecannon
mash
recipe is at
houseandleisure.co.za

POACHED QUINCE CRUMBLE

for the quinces

4 quinces
3 cups gluhwein
1 cup orange juice
2 cups sugar
1 cinnamon quill

for the crumble

250g cold butter, diced
175g plain flour
50g brown sugar
100g flaked almonds
vanilla whipped cream or
ice cream, to serve

Peel, core and halve the quinces.

Bring the gluhwein, orange juice, sugar and cinnamon to the boil in a large pot. Add the quinces, reduce the heat to a simmer and

poach the quinces for an hour or until they are soft but still firm.

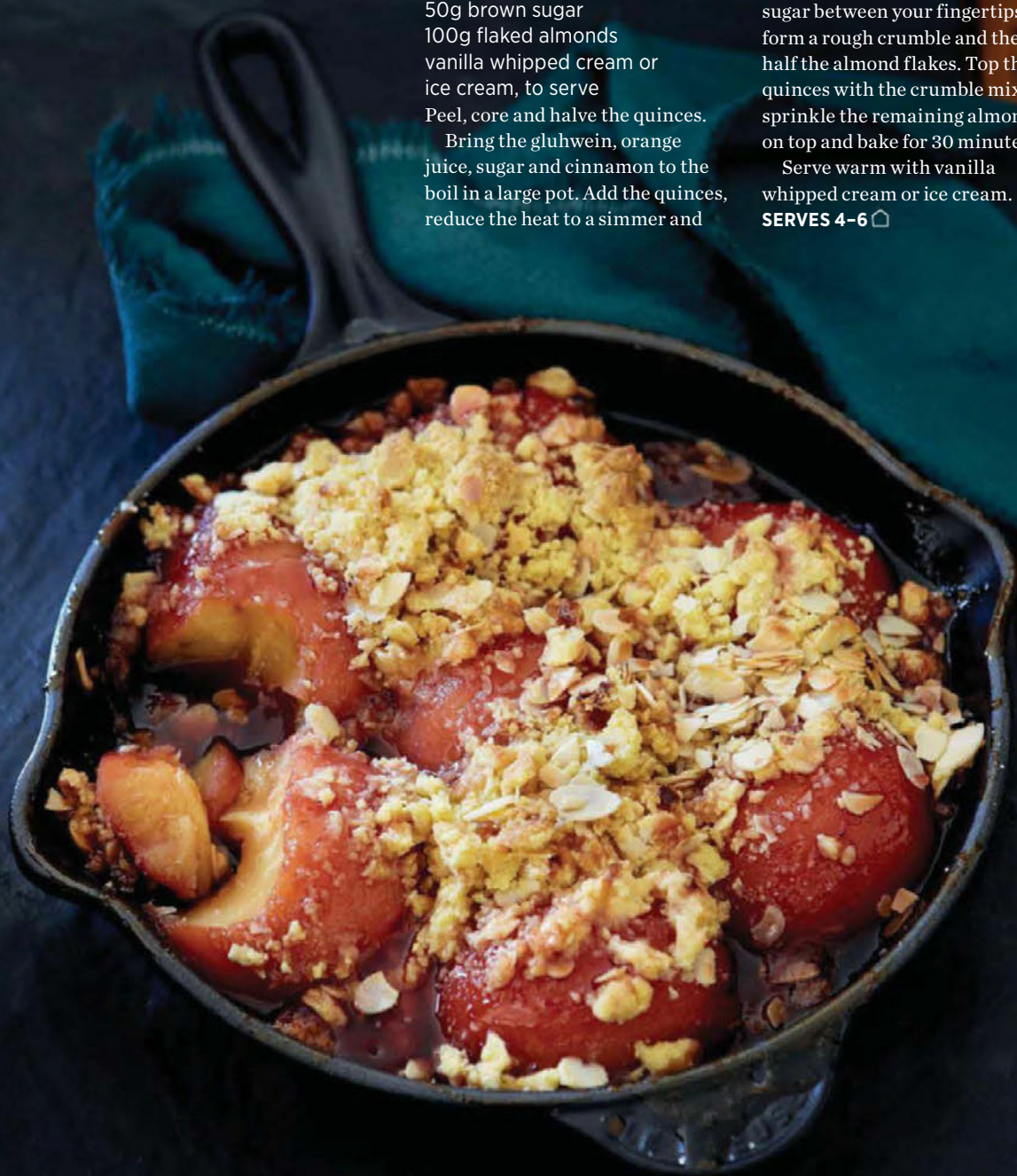
Gently remove the quinces from the poaching liquid and place them into a baking dish or pan. Reduce the liquid until it is syrupy and spoon a little over the quinces.

Preheat the oven to 180°C.

To make the crumble, rub the butter with the flour and brown sugar between your fingertips to form a rough crumble and then add half the almond flakes. Top the quinces with the crumble mixture, sprinkle the remaining almonds on top and bake for 30 minutes.

Serve warm with vanilla whipped cream or ice cream.

SERVES 4-6 🏠



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IMMER BESSER

BETTER BREWS

NO LONGER AN ARTISANAL TREND, COFFEE CULTURE HAS GROWN UP TO EMBRACE A MORE INTERNATIONAL OUTLOOK AND CHAMPION ETHICAL CAUSES

TEXT LEIGH ROBERTSON



VINYL FRONTIER

Ask for The Lennon with some old-school beats on the side at Cape Town's Hard Pressed Café. It's a popular spot for a game of backgammon or to get your hands on a new record, and the modern-retro interior adds to the easy-going mood. 'Coffee and vinyl just go together,' says owner Yaron Wiesenbacher. 'The concept really works because vinyl lovers get to browse our music and enjoy a cup of coffee while doing so.' 5 Buitengracht St, Cape Town, hardpressed.co.za, @HardPressedCafe



eastern promise

Nespresso's Limited Edition Grand Cru Monsoon Malabar makes for a deliciously intense cup that's also silky on the palate. R79 per sleeve, while stocks last, from Nespresso boutiques or online at nespresso.com.



mug shot

Sometimes you just need a very large cup of coffee in the middle of a tough day or when the temperature drops. Conveniently, Le Creuset has introduced these Giant Cappuccino Mugs (400ml, R249 each), in cheerful hues. lecreuset.co.za



COFFEE = COMMUNITY

That's essentially the ethos at Durban's cool, clean-lined Jacksonville Coffee, which came about, says founder Clint Walters, from 'a desire to bring people together' but it's the excellent coffee – 100 per cent arabica beans, mostly from Ethiopia, Kenya, Zambia and Malawi – that draws an appreciative crowd. **Moses Mabhid Stadium and 10 Outlet Park, 59 Meridian Dr, Umhlanga, Durban**, fJacksonvilleCoffee, @JacksonvilleC, @jacksonvillecoffee

read our
Q&A with
Clint
Walters at
houseandleisure.co.za

WHAT'S BREWING

HOWZIT BREW

'Coffee is a great medium [for me] to connect to people from different backgrounds, cultures and communities. I absolutely love chatting and connecting to all my customers,' says Shmuel Montrose, barista-in-chief of Jozi Blue, the speciality Glenhazel coffee shop in Joburg. He says great beans, skilled baristas, top-quality machines and grinding on demand are all crucial elements to a proper coffee experience. That's exactly what punters can expect in this inviting space that serves espresso based coffees (as well as siphon, AeroPress, pour over and plunger styles) using single-origin beans.

9 Northfield Ave, Glenhazel, Joburg, joziblue.wordpress.com, @joziblue1



READ OUR Q&A WITH JOZI BLUE'S SHMUEL MONTROSE AT HOUSEANDLEISURE.CO.ZA

'I HAVE NUMEROUS CUPS OF COFFEE DURING ANY GIVEN DAY. ALL THIS CAFFEINE GIVES ME A CONSTANT HIGH AND A SIDE EFFECT IS IT HELPS ME TO REMEMBER OVER 200 PEOPLE'S NAMES AND COFFEE PREFERENCES.' – SHMUEL MONTROSE

COFFEE SUPPLEMENT



WE'RE HOOKED ON INSTAGRAMMERS, SUCH AS @MANMAKECOFFEE, WHO GIVE US A DAILY DOSE WITH VERVE.



frothed up

Prepare perfect cappuccinos and lattes with the DeLonghi PrimaDonna Exclusive ESAM6900, which has a special automatic milk frother. There's also a silent coffee grinder with 13 settings and an automatic chocolate button for hot chocolate. R19 999 at Hirsch's and Dion Wired. delonghi.com

THE FULLY AUTOMATIC SIEMENS EQ.7 PLUS TE717209RW ESPRESSO AND COFFEE MAKER LOOKS SET TO PUT SOME BARISTAS OUT OF BUSINESS. EXPECT PERFECT WHITE COFFEE, CAPPUCCINO, ESPRESSO, OR LATTE MACCHIATO AT THE TOUCH OF A BUTTON. R20 999. AVAILABLE FROM HIRSCH'S, KLOPPERS AND TAFELBERG FURNISHERS.



double dose

Miele's CVA6401 built-in bean-to-cup coffee machine offers extra programmes to enable you to make two cups of coffee, espresso or cappuccino at once, as well as timer functions for coffee when you want it. It features a 500g coffee container and a 2.3-litre water container, as well as the EasyClick milk system for swift removal of the milk flask. R39 999, miele.co.za

ON THE LOCAL SCENE...

Coffee 101

'We do everything coffee,' says co-founder Wayne Burrows of Urban Grind Roasters in Johannesburg, a roasting- and training-focused operation that's all about 'creating a better understanding of our craft'. The team roasts up to seven single origins in house, supplying the industry and public and providing both with mad coffee skills. Try the Judge, the house blend Wayne describes as 'big, bold and fun on the tongue'. 66 6th St, Parkhurst, Joburg, [@ugroasters](https://twitter.com/ugroasters)



read more about urban grind's training in our Q&A with Wayne Burrows at houseandleisure.co.za

COFFEE FOR A CAUSE

Sip a quality espresso and do some good in the process. Kevin Clark and his Brazilian wife, Rebeca, opened Vintage Coffee, their non-profit artisanal coffee shop in Gauteng, with the 'simple yet radical mission: to add value to our city one cup of coffee at a time'.

Every month customers get to vote for NPOs that stand to benefit. The signature coffee? 'We have an off-the-wall cortado - we extract the espresso differently,' says Kevin. 69 Freight Rd, Centurion, vintagecoffee.co.za, [@vintagecoffeesa](https://twitter.com/vintagecoffeesa), [@vintagecoffeesa](https://www.instagram.com/vintagecoffeesa)



DISCOVER MORE ABOUT THE COFFEE AND PHILANTHROPIC ETHOS AT VINTAGE COFFEE IN OUR Q&A AT HOUSEANDLEISURE.CO.ZA

'THE AMOUNT OF WORK THAT IS INVOLVED IN PRODUCING FANTASTIC COFFEE AND THE INCREDIBLE DEXTERITY AND PERSEVERANCE OF THE FARMERS GROWING COFFEE KEEPS ME FILLED WITH AWE.' – JOANNE BERRY



there's more
on Joanne Berry's
globetrotting
coffee journey at
houseandleisure.co.za

joanne berry

It was while working as a buyer for a coffee-importing company in London that former Cape Town girl Joanne met her current employer, green coffee-sourcing company Nordic Approach. Now based in Oslo, her job takes her around Europe, Japan and the US, but mostly to East Africa.

What does your job entail? My role is mostly in quality control and buying, with a focus on the countries we buy coffee from in East Africa. Nordic Approach is most importantly concerned with sourcing the greatest coffee that exists and that could exist in partnership with the right people in each of the countries we work. **Favourite countries you've**

visited? I have a real soft spot for Rwanda, it surprises me every time I go. Ethiopia is exceptional because it has such complex coffee, coffee you would not believe can be coffee. You could work your whole life in Ethiopia and never get bored. **What's the coffee culture like in Oslo?** People drink a lot of coffee in Norway! While Oslo is a small city, for its size there's an incredible amount of coffee shops and some real standouts. The culture in Scandinavia in general is to roast lighter than many other parts of the world and coffee is predominantly drunk in the brewed form and not espresso. **Your**

own coffee preferences? I have a preference for bright, delicate coffee. If I know a café is doing a great job I'll sometimes order an espresso but mostly I am drinking brewed coffee through a [Hario] V60 [pour over] or AeroPress. A flat white is also a great treat every now and then. **What's next?** I want to learn more about production and processing, to experience and understand the difficulties farmers are facing in their efforts to achieve all of the things we're demanding from them. Practically, I'll be spending as much time in East Africa as I can get away with. nordicapproach.no, [@jobeonekanabee](#)

COFFEE TAKES YOU PLACES



marck barter

Commuters on the road between Hout Bay and Camps Bay in Cape Town have found a trusty antidote to traffic blues: Detour Espresso Bar, Marck Barter's coffee wagon, which throws epic ocean views into the mix. When Marck, who's also a surfer and artist, returned home after 25 years in Canada, he had his mobile unit built to spec and started trading. He had no idea his concept would take off to the extent that he's made lasting friendships with many of his loyal coffee customers.

What's on your menu? I use the Espresso Balducci blend from Caturra Coffee Company, a brand I think is overlooked – there are so many trendy places, so much hype. You can get just about any coffee here. I also sell cookies and snacks from Bags of Bites. **What won't you serve?** There is no soy or rice milk. No chai lattes. You've got to play nice here, or no coffee. **What's the best thing about what you're doing?** It's quite sociable, with all these little groups of regulars who've come to know each other. By the end of the week I'm exhausted, I've had enough, but come Sunday I can't wait to start again and see everyone again. **Victoria Road, from 7–11am on week days, weather dependent.**



COFFEE TEQUILA ICE CREAM WITH SMASHED MALTED PUFFS

2 free-range eggs
100g granulated white sugar
60ml espresso powder
250ml milk
5ml vanilla extract
500ml fresh heavy or whipping cream
45ml coffee tequila liqueur (such as Patrón XO Cafe)
±100g malted puffs, roughly smashed in a bag, plus extra for serving

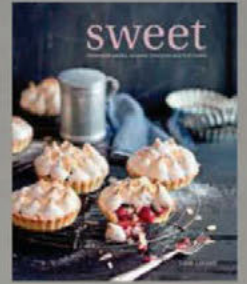
Using an electric mixer, beat the eggs and sugar until it is pale and fluffy (about three minutes). It should double in volume.

Dissolve the espresso powder in the milk, and add this along with the vanilla extract and cream to the egg and sugar mixture. Beat it briefly.

Add the liqueur and churn the mixture in an ice-cream maker according to the manufacturer's instruction until it's as firm as it can become. Add the smashed malted puffs and churn briefly until mixed. Transfer the mixture to a freezer-proof container or a lined metal loaf tin, and freeze.

Serve with additional smashed malted puffs as decoration.

MAKES ±700ML ▶



This showstopper from *Sweet* by Sam Linsell (R250, Struik Lifestyle) will have everyone begging you for the recipe. The coffee tequila is particularly indulgent and amplifies the coffee flavour in the ice cream. If you prefer a vanilla base, simply leave out the espresso powder. It works well either way.



marcio mordoh

Born in Brazil, hotel-school trained in Switzerland and a Joburg resident for the past two decades, Marcio has always kept an eye on trends in the food and beverage industry so it's no surprise he was one of the first to join the mobile-food movement with Full of Beans, his coffee concept that takes to the road not in the food trucks that are now a common sight in South Africa but via classic Piaggio Ape (TriVespa) scooters. Cleverly, Marcio has converted his three-wheel beauties into artful, retro-styled mobile coffee units.

How did your interest in coffee start? I developed my interest while working for TriBeCa Coffee Company. **Where will coffee lovers find Full of Beans?** We started trading as a proper food truck going to offices daily. As our function business started to grow, we decided to concentrate only on functions. **What coffee do you have on your menu?** We serve a wide range, such as cappuccino, latte, Americano, espresso and mocha. For the non-coffee drinkers there's also hot chocolate and chai tea. **What's your signature brew?** Our Organic All African Blend. **Where do you source your beans?** From TriBeCa Coffee Company. **What is it about coffee that you love?** The constant pursuit to create the perfect cup of coffee and the different ways you can achieve it. **What else can customers expect?** As a part of the mobile movement we would like to improve and grow our product offering in as many ways as possible. **fullofbeans.co.za, @FullOfBeans_SA**



ishan natalie

To say Ishan is passionate about coffee is an understatement. As the national beverage and training manager for TriBeCa Coffee Company in Gauteng, Ishan monitors coffee quality through barista training and upliftment, and manages the upkeep of equipment. He's also South Africa's reigning barista champion and, at the recent World Barista Championship in Seattle, was ranked 18th.

Where did it all start? In 2001, while studying for a BCom accounting degree and working part-time at Woolworths Cafe in Gateway. Then, while working as a waiter, I was asked to assist behind the coffee machine (I wasn't the best of waiters). That's when my romance with coffee began. I wanted to be the best barista in the company and then South Africa. I eventually moved up the company to manager but still spent half my day in store behind the coffee machine. This kept my skills sharpened and the company quickly realised the opportunity to start a barista academy to train all baristas for consistency. That has been my main role since then. **What does being the National Barista Champion entail?** Being an ambassador to the coffee community and baristas. The champion represents SA at the World Barista Championship in the goal to win that ultimate title and does appearances and workshops for SCASA (Speciality Coffee Association of Southern African). **What was it like to participate at this year's World Barista Championship?** It was a fantastic experience. It was my third time there but this time I'm a lot older and wiser and have put a lot of time into growing and preparing. I achieved my best performance on the world stage by moving up 20 positions in the rankings since the last time. I took back that I have what it takes to win the title. With a little more work and time I will achieve it. **What is it about coffee that makes you tick?** It's forever evolving and is one of the world's most interesting products. I love the flavour and aroma of high-quality coffee; it's very similar to wine and pure cacao. **What's next for you?** I'll be driving a new micro roastery we plan to open in the next few months. I want to focus on roasting and working hard on many ideas I have in the goal to produce the best quality coffee and towards winning that World Barista Champion title. **tribeca.co.za, @Ishan_Natalie, @dodgybarista**

true grit

Meet Joseph Matheatau, the blind barista who's pouring some of the best espressos and cappuccinos to be had in the Western Cape, and serving as an inspiration for other visually impaired people in the process. Joe, who was trained by Truth.Coffee, fronts the Blindiana Barista coffee shop located at the Institute for the Blind's museum in Worcester. Follow a look around the museum with a fine cup of coffee and some tasty sweet and savoury treats. **134 Church St, Worcester, Western Cape, fblindianabaristaworcester**



FIND THE FULL Q&A WITH ISHAN NATALIE AT HOUSEANDLEISURE.CO.ZA



creamy indulgence

Lancewood's class-leading range of soft cheese is perfectly delicious in sweet or savoury dishes

Cheesecake with coffee syrup

for the poppy-seed base

120g poppy seeds
10g ground coffee
100g desiccated coconut
100g almond flakes
3 eggs
100g dark chocolate, melted
for the cheesecake
15ml cornflour
2x230g tubs Lancewood cream cheese
1 tin condensed milk
2 eggs
200g white chocolate, melted
for the coffee syrup
50g sugar
50ml water
20ml ground coffee

Preheat the oven to 180°C. Line a 22cm loose-bottomed cake tin with baking paper and set it aside.

To make the poppy-seed base, combine the poppy seeds, coffee, coconut and almond flakes in a bowl. In a separate small bowl, combine the eggs and melted chocolate. Add the egg-and-chocolate mixture to the dry ingredients and mix thoroughly. Spread half of the poppy-seed mixture into the prepared tin, level the surface and bake for 13 minutes.

To prepare the cheesecake, add the cornflour to the cream cheese and mix well to combine. Add the condensed milk, eggs and melted white chocolate. Stir with a spoon until it is smooth, then set it aside.

Remove the poppy-seed base from the oven and leave it to cool, then pour half the cheesecake mixture over the base and return to the oven to bake for another 13 minutes.

When the cheesecake is finished baking, remove it from the oven and gently layer the reserved poppy-seed mixture over the top of the cheesecake, level the surface and top with the remaining cheesecake mixture. Bake for 15 to 18 minutes.

Remove the cheesecake from the oven and leave to cool, refrigerate it until ready to serve.

To prepare the coffee syrup, heat the sugar and water in a pot and stir until the sugar has dissolved. Boil for five minutes, then add the coffee and stir. Simmer for five minutes or until the syrup thickens, then set it aside to cool.

Pour the coffee syrup over the cheesecake and serve immediately. **Serves 10-12**

f LancewoodCheese
lancewood.co.za



HOW TO MAKE VIETNAMESE ICED COFFEE

CÀ PHÊ SỮA ĐÁ IS HOT NEWS ALL OVER THE WORLD. WHILE YOU COULD MAKE IT THE TRADITIONAL WAY USING A SLOW-D RIP VIETNAMESE COFFEE FILTER (CÀ PHÊ PHIN, FOUND IN MANY ASIAN SUPERMARKETS), IT'S DEFINITELY OKAY TO CHEAT. SIMPLY ADD TWO TABLESPOONS OF SWEETENED CONDENSED MILK TO A TALL GLASS, TOP IT UP WITH ICE CUBES, AND THEN ADD A DOUBLE OR LONG SHOT OF ESPRESSO. SERVE WITH A LONG-HANDLED SPOON TO BLEND THE LIQUID WITH THE ICE. ☺



TIP: To enhance the chocolate flavours in the coffee add a garnish of crushed dark chocolate.



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lady soul

Dating back to the 1880s, Yellowwoods in the KZN Midlands is a grande dame of enduring charm

TEXT **TESS PATERSON** PHOTOGRAPHS **CHRISTOPH HOFFMANN**







THIS PAGE AND OPPOSITE At Yellowwoods, Meryn and John Turner's Balgowan home in the KZN Midlands, Blossom Magic roses (see detail, right) were trailed over an archway to frame the rolling valley views. Gardenia bushes were planted at the archway base. PREVIOUS PAGE The rambling English country garden reflects its Victorian origins.



WHEN MERYN AND JOHN TURNER SAW THIS VICTORIAN HOMESTEAD IN THE HEART OF THE MISTY KZN MIDLANDS, THEY KNEW THEY HAD TO BUY IT.

'It was definitely the house and its wraparound veranda that drew us in,' says Meryn. 'The garden was pretty nonexistent except, of course, for the beautiful, established trees and gorgeous old steps and pathways.'

At the time the couple were living in Babanango, Zululand, where they run an environmental education centre for children. 'We spent the next four years commuting to the Midlands and totally transformed the house,' says Meryn. The no-holds-barred renovation included re-wiring the entire home, updating the

Victorian plumbing system, repairing the sash windows and reconstructing the veranda, which collapsed out of the blue one Easter. 'This is a heritage home, so we had to work within strict guidelines. The ceilings, for instance, were repaired with the exact tongue-and-groove construction as the original.'

When it came to tackling the expansive three-hectare garden, the couple turned to local landscaper Sue Tarr for help with the hard landscaping. 'Sue appreciated that we wanted to recreate an old English-style garden in keeping with the house,' explains

Meryn. 'The idea was to develop a degree of formality, such as the terraced hedges, which run down the side of the house. The existing stone walls were repaired and new pathways laid out, and within this structure we pictured a less formal, free-flowing planting.'

Meryn drew up a plan of the entire garden, systematically tackling one section at a time.

'There were so many magnificent trees to work around, including the magnolias, camellias, dogwoods, oaks and our huge London plane with its piles of autumn leaves. The old entrance way where the carriages once arrived is lined with large stinkwoods and yellowwoods, after which the home was named.'

The couple also inherited an orchard of Methley plum trees named after the family who originally built the house. Add to this the vistas of rolling blue hills and neighbouring indigenous forest, and you have a setting that is quietly breathtaking. ▶



‘I like a garden to have special rooms, with surprises that draw you from one area to another,’ adds Meryn. Using colour as a guide, these rooms include a white garden that envelopes the wraparound veranda. Here, a pale profusion of Winchester Cathedral, White Spire and Iceberg roses are combined with Queen Anne’s Lace, *Helleborus* and foxgloves. In stark contrast, an archway at the bottom of the main lawn is entwined with the Blossom Magic rose – a swathe of bright pink against the distant hills. ‘I lost count of our roses at over 400 but still know each one that we planted by name,’ says Meryn. ‘After a rose tour of England, David Austin roses became a passion. We were also fortunate to visit Monet’s garden at Giverny and were so inspired by the water lilies, irises and large-span, rose-covered archways.’

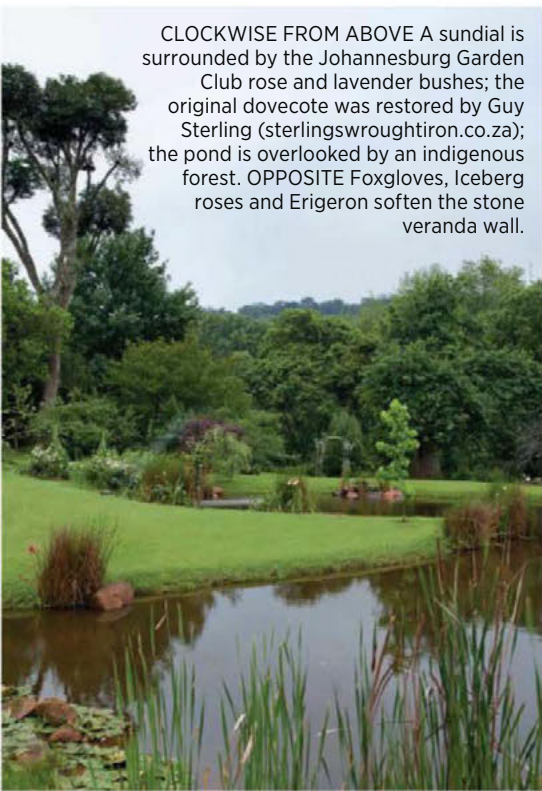
Recently, the Turners came across some photographs of the garden taken in the early 1900s. ‘In its heyday there were no less than five full-time gardeners!’ This grande dame has a rich history and over the years Yellowwoods was also home to the Pennington family, two members of whom were rectors at Michaelhouse school nearby. ‘We planted a section with deep burgundys and reds as a tribute to the school colours,’ says Meryn. Looking ahead, the couple plans to reinstate more of the old stone walls and flower beds to recapture the garden’s Victorian past. ‘It’s beautiful in all seasons,’ they say. ‘Autumn is just glorious and the winters are cold enough for English snowdrops and bluebells to flourish. It’s an absolute privilege to live here.’ ☺

Sue Tarr, 082-448-8246

MERYN’S TIPS FOR LARGE-SCALE GARDENS

- Have the discipline to begin with the hard landscaping. We spent months reading books and magazines before planning what to plant.
- Create ‘eye catchers’ to draw you through the garden. These could take the form of moss-covered walls, winding paths, stairways and old gates.
- The best advice I got was to keep the intense planting, such as annuals, closer to the house, with lower-maintenance plants farther away.
- Create easy access to perfumed beds to enjoy the scent.
- Use colour for impact: try blending different shades of one colour, then pop in a contrast for interest.

CLOCKWISE FROM ABOVE A sundial is surrounded by the Johannesburg Garden Club rose and lavender bushes; the original dovecote was restored by Guy Sterling (sterlingswroughtiron.co.za); the pond is overlooked by an indigenous forest. OPPOSITE Foxgloves, Iceberg roses and Erigeron soften the stone veranda wall.



FIND MORE ROMANTIC ENGLISH-STYLE GARDENS AT HOUSEANDLEISURE.CO.ZA





the luxe league

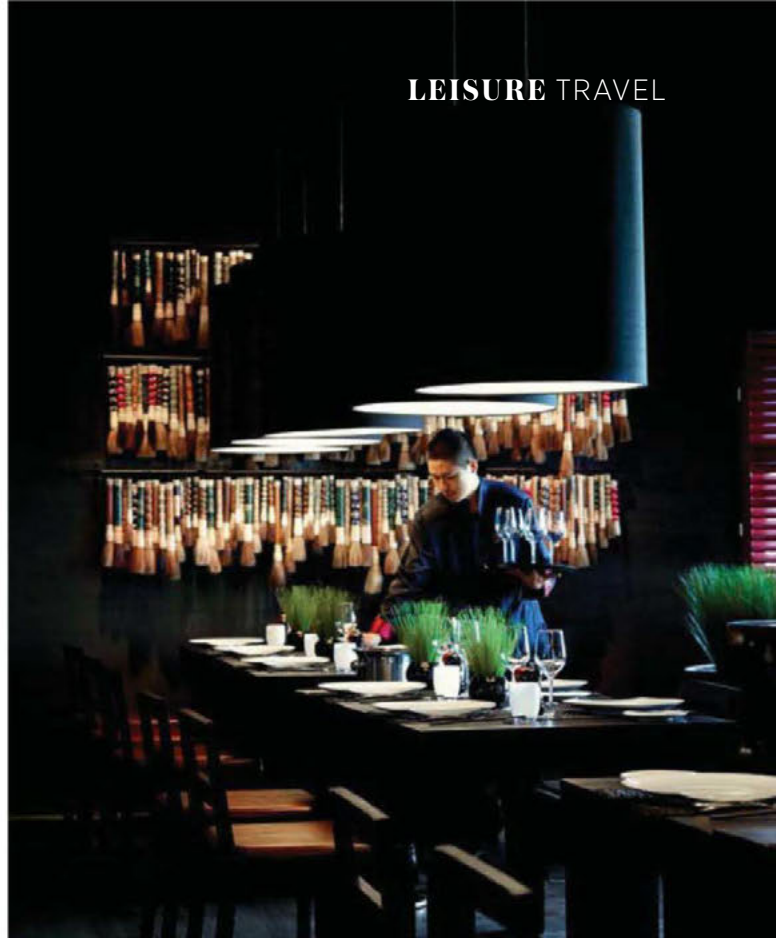
Pop-up treats, a 21st century attitude toward luxury and a cast of industry leaders are all part of this forward thinking resort group's game plan

TEXT **MILA CREWE-BROWN** PHOTOGRAPHS **SUPPLIED**





CLOCKWISE, FROM TOP LEFT A light and lofty lobby welcomes guests at luxury beach-side resort LUX Belle Mare in Mauritius. The pendant lights in the foyer were custom made using locally sourced materials; home-made *dan dan mian* and Peking duck are just two of the dishes on offer at the resort's contemporary-Asian Duck Laundry restaurant; ice lollies are made on site daily at the ICI ice-cream parlour. OPPOSITE The enormous pool at LUX Belle Mare is one of the biggest on the island.



Among piles of documents, to-do lists and sticky notes that have been propagating across the surface of my desk I pick up the press folder entitled LUX. Inside, a neat stack of papers awaits, together with the impressive quarterly LUX magazine and the brand's CD of ambient tunes, all of which transports me instantly from my desk to a place where the only deadlines are the ones that dictate pool use. It's my point of departure and the first taste of what LUX is all about. I revel in it.

Paging through the magazine I pore over evocative images of mercurial sea waters, abundant coconut palms and beguiling stories from the exotic destinations under LUX's ownership, captured and penned by some of the world's best. In just moments, the magazine has got my attention... and that's only the beginning.

Having whiled away the day in a state of torpor at Ile des Deux Cocos, a LUX-owned private island off the southeast coast of Mauritius no bigger than a postage stamp, a one-hour minibus journey sends me wending through narrow and serpentine coastal roads along Mauritius' eastern shores. Flanked by encroaching rows of sugar cane I whizz past ramshackle homes with gardens chock full of cultivated vegetables. Further on men are gathering up high on the ocean's banks to chew the fat in the late-afternoon sun. Occasionally we pass through dense sections of tropical jungle straight out of Tarzan's back yard. We're headed northeast towards LUX Belle Mare, the latest in a string of hotels to be updated by the luxury resort group following a cash injection of \$20 000 000.

By the time we arrive my predisposition for motion sickness has caught up with me and yet somehow I'm able to inhale an ice lolly and Italian kiss with nut-filled centre offered to me upon arrival. It's funny how the important things such as ice cream and chocolate supersede any kind of ill.

I'm led through the foyer, which is open on all sides to the salted Indian Ocean air. A ceiling of thatch and painted timber beams towers overhead. Beneath it a cluster of colossal woven pendant lights stops me in my tracks, while elaborate black peacock chairs ▶

and splashes of yellow and violet break the resort rule book. As I descend to the bar my eyes scan the vast swimming pool (vast, as in 2 000 square metres) and pristine beach front just beyond it. I glimpse a row of woolly grasses emblazoned by the dusk light, which casts a golden glow on what surely must be paradise. I stop to take a seat at K-Bar, which has a central microbrewery and stacked blonde beer barrels filled with LUX Belle Mare's very own unfiltered Flying Dodo brews. Why? Because when you're LUX, you make your own.

I GLIMPSE WOOLLY GRASSES EMBLAZONED BY THE DUSK LIGHT, WHICH CASTS A GOLDEN GLOW ON WHAT SURELY MUST BE PARADISE.

An integral part of what makes LUX the brand it is is its Reasons to Go, a unique set of initiatives that set it apart from other resort groups. One of my favourites is Phone Home (by way of a rotary-dial telephone in a red London phone booth, for which someone other than you foots the bill), as is the Secret Bar, a minibar on wheels, stocked up and hidden on the grounds each day, awaiting thirsty (and surprised) guests. 'It's about experiences,' Ashish Modak, the resort's general manager, tells me as he whisks me off on a mini tour of the property, stopping at the back of the ICI ice-cream parlour and out of the heat to sample the celebrated iced delights.

So who better to bring the resort's look up to speed with current trends and introduce her brand of magic to its aesthetic than Kelly Hoppen, one of the globe's foremost interior designers? Celebrated for her subtle take on comfort, Kelly's treatment of LUX Belle Mare is fresh and contemporary, steering clear of outdated notions. 'Often luxury hotels can be guilty of over cluttering. I wanted to strip that all back,' she explains. Her aim is echoed in the hotel's light-infused beach-centric design, which carefully walks the line between laid-back and luxe.

You'll sense her signature harmonious colour palette grounded by taupe and crisp white but it's enlivened by vibrant shots of pink and orange. Even the materials used suggest a more understated approach – thatched roofs, lime-washed pine panelling, sun-silvered balau decking and Egyptian cotton. Then there are the beds specially designed for the group by a Pretoria-based aeronautical engineer. Trust me – you've never had a night's sleep as sublime as this.

The element of surprise is reinforced when lunch is delivered on the deck by head chef Walter Lanfranchi who rides in on one of the hotel's hot pink Martone Cycling bikes (available to hire), his basket spilling over with freshly baked bread. He's followed by the rest of his pedalling team. I later stumble upon an intriguing pop-up café among the palm trees. Come lunch time the El Jefe-inspired food truck opens its hatch and serves up relaxed café food. ▶

CLOCKWISE FROM TOP One of the honeymoon suites with a sparing dash of colour; it's always 4 o'clock at Café LUX, which encourages guests to unwind and lose their grip on time; Martone Cycling bikes are available to rent for day trips; the resort's famous (and free) Phone Home telephone booth. **OPPOSITE** Staff members prepare for the evening by lighting lanterns along the pool's edge.





LEISURE TRAVEL

The majestic Rolls-Royce that it's hitched to once belonged to the queen of England, naturally, but don't expect to see these concepts stagnating over time. The LUX team meets every six months to re-evaluate its Reasons to Go, hashing out the latest global trends and ensuring that LUX remains ahead of the pack.

The on point food and drink offerings don't stop there. You've a choice of more restaurants and bars than you could wish for. Most notable is the quirky Duck Laundry, which offers authentic Asian fare, and the very chic Amari by Vineet – the domain of Michelin-starred chef Vineet Bhatia, whose focus is contemporary Indian.

Perhaps most impressive of all is the resort's dedication to great coffee. I found myself stationed at Café LUX (another of the Reasons to Go) most days. It's the café where the coffee is so on the money you'll be hard pressed to leave. The café roasts its own organic Island blend on site, conceived for it by South Africa's Deluxe Coffee's Judd Francis, and you'll find everything from the perfect flat white to ahead-of-the-curve brews such as nitro coffee, cold drip and iced coffee poured from a beer tap.

Ranking high as another of the Reasons to Go is ICI. It's Mecca for those who yen for a little of the icy stuff: picture a retro ice-cream parlour that churns out the works, from home-made ice lollies and ice-cream sandwiches to authentic sorbet and gelato, all of which is made on site from island-sourced ingredients and served in waffle cones made fresh while you wait. Vanilla or chocolate? Think again. ICI takes it up a notch with flavour combinations such as pineapple and chilli or tamarind with coconut, curry leaves, coriander and lemon grass. Merely calling it ice cream is an insult.

With innovations such as these LUX Belle Mare is not a box-ticking resort. Rather, it's a collection of experiences designed to stay with you long after you've left.



CLOCKWISE FROM TOP RIGHT The novel ICI parlour at LUX Grand Gaube offers guests home-made ice cream in a glut of varieties; the restaurant Amari by Vineet at LUX Belle Mare has a sophisticated Indian-inspired interior with mirrors by US company Arteriors; at LUX Belle Mare the microbrewery at K-Bar produces four in-house beers.





LUX GRAND GAUBE

Less than an hour away on the island's north coast, LUX Grand Gaube is LUX Belle Mare's more secluded sister. Nestled into a peninsula, it offers three smaller, more private beaches (rather than LUX Belle Mare's public one), making it a popular choice for those seeking a romantic getaway.

My favourite spot has to be Banyan – The Island Kitchen restaurant. It's easily one of the most sublime places to linger over a meal, especially when you're seated in the shade of a 200-plus-year-old banyan tree being lulled by a guitar-playing musician.

It's Bhasker Desai, the LUX group's astronomer and a member of the Mauritius Astronomical Society, who leaves the biggest impression as he gives me a guided tour of the galaxy. Through the lens of his telescope I spy a constellation that's 2 600 light years away and, for the first time (thanks to Bhasker), I'm fully able to comprehend what that means as I gaze at a cluster of stars between 190 and 240 million years old. When was the last time a resort offered you that kind of experience? luxresorts.com



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FROM TOP The main beach at LUX Grand Gaube on the north coast of Mauritius spans two of its restaurants, with one – The Beach – perched at the water's edge; Banyan – The Island Kitchen offers a child-free dining experience in the shade of its eponymous tree.

GETTING THERE

Air Mauritius flies daily out of Johannesburg (except on Wednesdays), three times a week from Cape Town and twice a week from Durban.

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HOUSE AND LEISURE

HOUSE OF THE YEAR 2015

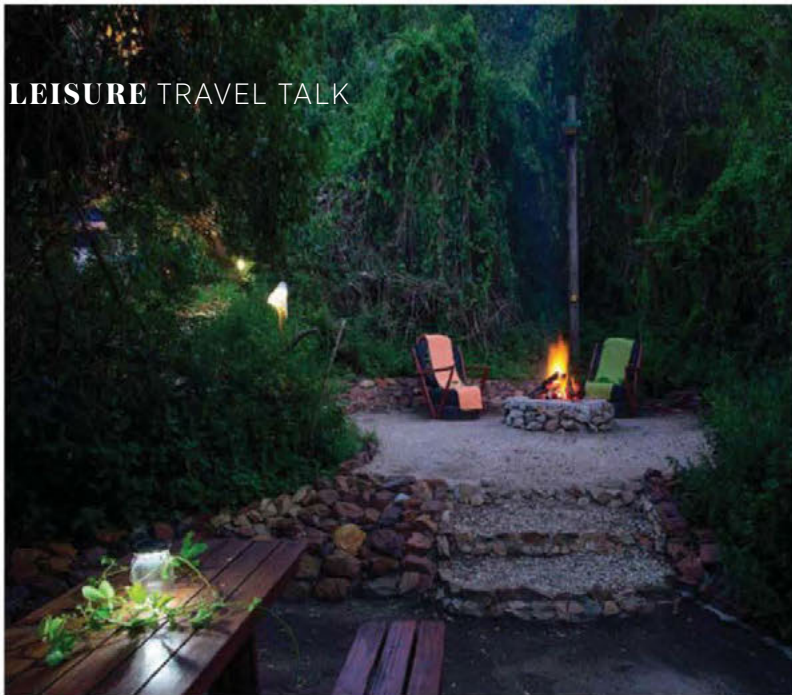
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THUNZI BUSH LODGE

WHERE? Maitland Rd, Port Elizabeth, 072-597-4810

WHY WE LOVE IT If it's a first-class self-catering experience you're after then you're in luck here. Nestled between thickets of indigenous coastal forest, the luxury raised wooden chalets at Thunzi Bush Lodge are kitted out with the latest fittings and quality comforts. Although only a short drive from the city, the lodge is rural enough to allow you to get in touch with the great outdoors and put the surrounding hiking trails, beaches and fishing spots to good use.

X-FACTOR The private balcony of each chalet is the place to be, whether you are bird-watching or relaxing with a bottle of good wine surrounded by nothing but the glow of fireflies and the calming sound of nature's nightlife in the distance.

thunzibushlodge.co.za

what's hot

COMPILED BY **NAOMI LARKIN** TEXT **GEMMA BEDFORTH,**
MILA CREWE-BROWN PHOTOGRAPHS SUPPLIED

MENLYN BOUTIQUE HOTEL

WHERE? 209 Tugela Rd, Ashlea Gardens, Pretoria, 012-425-9580

WHY WE LOVE IT Considered design and a celebration of art, wine and food is the focus at this recently revamped hotel. The new building, with its contemporary design-centric suites and abundance of glass and concrete is an exciting addition, and the Black Bamboo restaurant downstairs pulls in a discerning crowd every night. Whether you're a capital-city local looking for a night away from home or a style-savvy out-of-towner, you'll be impressed by the emphasis on modern comfort here.

X-FACTOR Under the guidance of innovative executive chef Pellie Grobler, the hotel's restaurant Black Bamboo is outstanding in its own right. menlynhotel.com



FIND MORE LOCAL GETAWAYS ONLINE AT HOUSEANDLEISURE.CO.ZA

SPA OF THE MONTH

Signature treatments are often the best place to start when choosing a spa. The Mama Africa, Moya Crystal Massage and Healing Touch of the Zodiac are all unique to Cape Town's Sanctuary Spa, and are proof that this is one to visit. It may be small in size but the level of professionalism is tops – as is its convenient location close to the V&A Waterfront. newmarkhotels.com



WIN

One lucky *HL* reader will win a five-night stay for two in a Royal Suite, including all meals and two game drives with a tracker and ranger, at Kapama River Lodge in Kapama Private Game Reserve, all worth R50 000

Kapama Private Game Reserve is wild Africa at its best. Sweeping across 13 000 hectares, Kapama lies within the greater Kruger National Park area and is teeming with wildlife. It's home to the Big Five as well as vast herds of antelope and plentiful predators. Birding at Kapama is spectacular year round with over 350 species to be seen.

The reserve offers accommodation options across four unique lodges. Kapama Karula is the flagship lodge built on the banks of the Klaserie River. Suites are decadent, have private decks and swimming pools, and Wi-Fi access. Kapama Southern Camp also has luxury suites with lap pools as an option. The smallest, most intimate lodge is Kapama Buffalo Camp, which is tented with old-world enchantment. Kapama River Lodge exudes vibrancy and energy, while also boasting a full spa within the Wellness Centre. A romantic sleepover in the bush, under the stars, on a custom-built raised deck is a further option.

Getting to Kapama is easy – it's just a six-hour drive from Johannesburg or can be reached via daily scheduled flights from Cape Town and Johannesburg to Hoedspruit Airport. Kapama offers complimentary transfers to fly-in guests and the short drive to the lodge on open safari vehicles also takes in a game drive. You may even spot the Big Five before you reach the lodge! **0861-527-262, res@kapama.com**

HOW TO ENTER

SMS 'HL Kapama', your name, surname and email address to 35443 or visit houseandleisure.co.za/win before 31 July 2015. For competition rules see page 159.





(Change)



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SOLUTIONS

wall of fame

If your bricks and mortar are more wallflower than wow, transform them with bold new textures, patterns and colours

COMPILED BY LISA JOHNSTON



Into the future

Through its ornate textured and shaped tiles the UK's KAZA Concrete has revolutionised the way the world sees concrete. The company is now sculpting a new dimension in wall cladding by inviting artists and architects to collaborate in tile design, such as on Edgy by designers Patrycja Domanska and Tanja Lightfoot (pictured). Once the company has received the size and scope of a project it will send an estimate, including shipping costs worldwide. kazaconcrete.com

add texture

Create the effect of textured walls with exciting new claddings, from fabric to reclaimed wood and 3D panels.



The natural look

Hertex's collections include a quality, washable wall covering that assumes the textures of nature, from bamboo to reptile skin with a metallic sheen. ABOVE Intrigue - Allure R912/m² and Intrigue - Midnight R912/m², both from the Off the Wall Collection, hertex.co.za

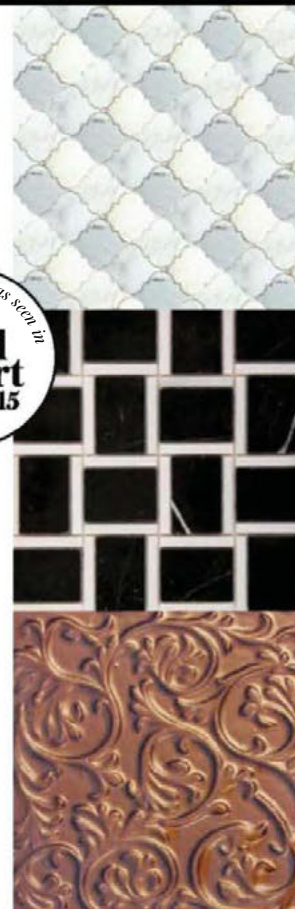
Environmental concerns

The two Anthology collections of wallpaper from Black Fabrics are inspired by natural textures such as parchment, hemp, slate, sulphur and minerals. Pictured here is Peninsula Amber (EREE110814), from the Anthology 1 collection, R3 015/roll, blackfabrics.co.za

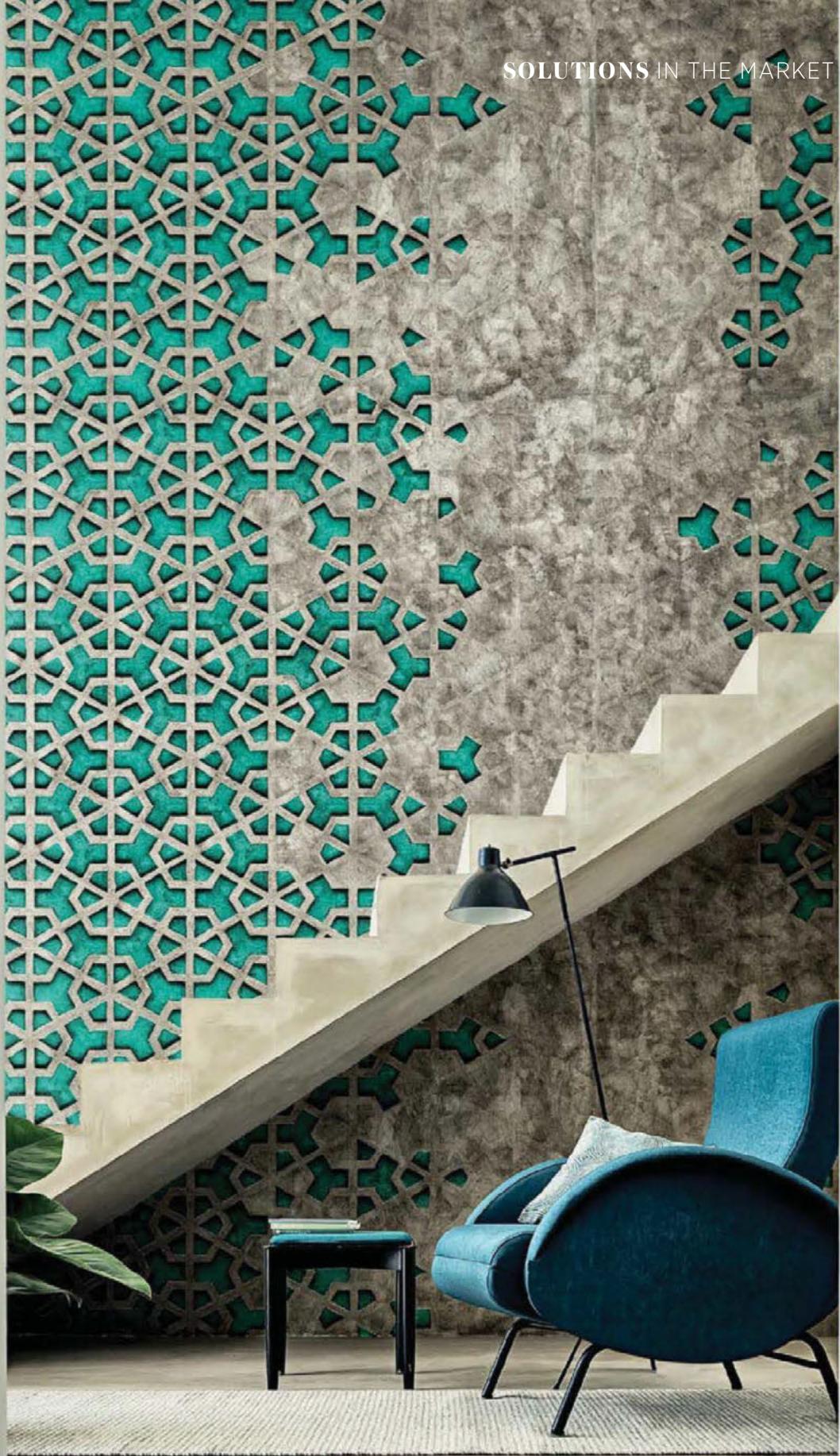


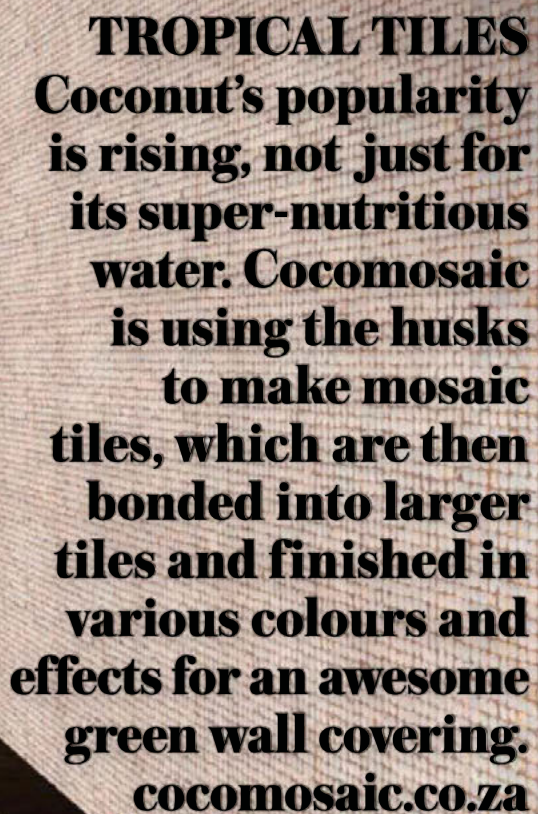
In style

The Douglas Jones collection features both classic and contemporary textures. RIGHT FROM TOP Arabesque in Calacatta Gold (6801) R240/sheet, Oriental 150x600 in Anise (5662) R564/tile, and Matchbox in Shadow (6152) R171/sheet, all from douglasjones.co.za



Wall & Decò's products (which are available locally through Mavromac) shatter all prior notions of wallpaper with its striking collection of wall art, which mimics patterns and textures with strong graphic detailing. Pictured is Exa 2015 wallpaper in WDEX1501 by Giovanni Pesce R2 811/m², mavromac.co.za ▶





TROPICAL TILES
Coconut's popularity is rising, not just for its super-nutritious water. Cocomosaic is using the husks to make mosaic tiles, which are then bonded into larger tiles and finished in various colours and effects for an awesome green wall covering.
cocomosaic.co.za

The stone age

Natural stone cladding, such as Pietra Charcoal (below) R449/m² from Italtile, can soften hard architectural lines by adding a natural feel to an exterior wall. italtile.co.za



FIND MORE IDEAS IN THE WALL TREATMENTS BOARD AT [PINTEREST.COM/HOUSEANDLEISURE](https://pinterest.com/houseandleisure)

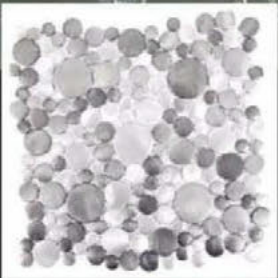
Fake it till you make it



Due to the vast selection of wallpapers available today you can easily recreate the tactile experience of textured tiles, paper or wood without the fuss of installing the real thing. Pictured is Egon RD80029, a Luxury Vinyl heritage-print wallpaper by Anaglypta (available at Wallpaper Inn, R650/roll), which has been installed and then painted a bright colour. wallpaperinn.co.za ▶



MOONCRATER



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www.douglasjones.co.za



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Paint it

Every year leading paint manufacturers introduce new colours to their collections, seducing us with a slew of candy-coated names, but the truth is that it's how and where you apply your paint that makes or breaks a room. Therefore, when you treat your walls as a canvas, paint is often the easiest and cheapest way to add artistry to your space.



Get colour wise

When painting a room Plascon's experts advise you to apply the 60-30-10 principle to avoid the monotony of one colour or the overbearing nature of too many. The numbers refer to the ideal distribution of colours in a room: the main colour should take up approximately 60 per cent, a secondary colour (think a feature wall or colour accents) about 30 per cent, while a final 10 per cent can be introduced through rugs, cushions or accessories. Visit plascontrends.co.za for more inspiration. ▶

GET BOLD
When it comes to bold feature walls Dulux likes to deviate from the norm. Visit dulux.co.za for step-by-step how-to projects to make your walls talk.





Moyo Pier Cement

New Fusion by Johnson Tiles brings together the beauty of photo-realistic design with the quality and heritage associated with Johnson Tiles. The modern cement design offers fashionable aesthetics, along with the light movement and softness associated with sea-washed surfaces; suitable for floors and walls in your lounge, bathroom or kitchen. Our ink-jet technology allows us to imitate stone, wood and even cement designs, with none of the maintenance or preparation often considered when using these materials.

Create a splash

Bathrooms are no longer the expected domain of sterile tiling or drab finishes. It's not hard to create a sanctuary with materials as innovative as wallpaper or as traditional as ceramic tiles.



Creta ceramic tiles in Perla by Fap Ceramiche R645/tile, kenzantiles.co.za
RIGHT Concrete Beige Lapatto, Concrete Natural Lapatto and Concrete Nero Lapatto all 60x120cm R500/m², and Concrete Natural Lapatto and Concrete Nero Lapatto, both 60x60cm R300/m², all johnsontiles.co.za
INSET ER-158 Escarpment Autumn Ceramic Floor/Wall R100/m², tileafrica.co.za



The wallpaper revolution

With the Wet System range of highly decorative wallpapers from Wall & Decò, which are available from Mavromac (POR), you can make a stylish splash, secure in the knowledge that your wall covering won't wilt. These wall finishings, such as Track By Track wallpaper in WET_TB1401 from the Wet System 14 collection (pictured) are specifically designed for damp environments such as bathrooms, spas and even kitchen splashbacks.

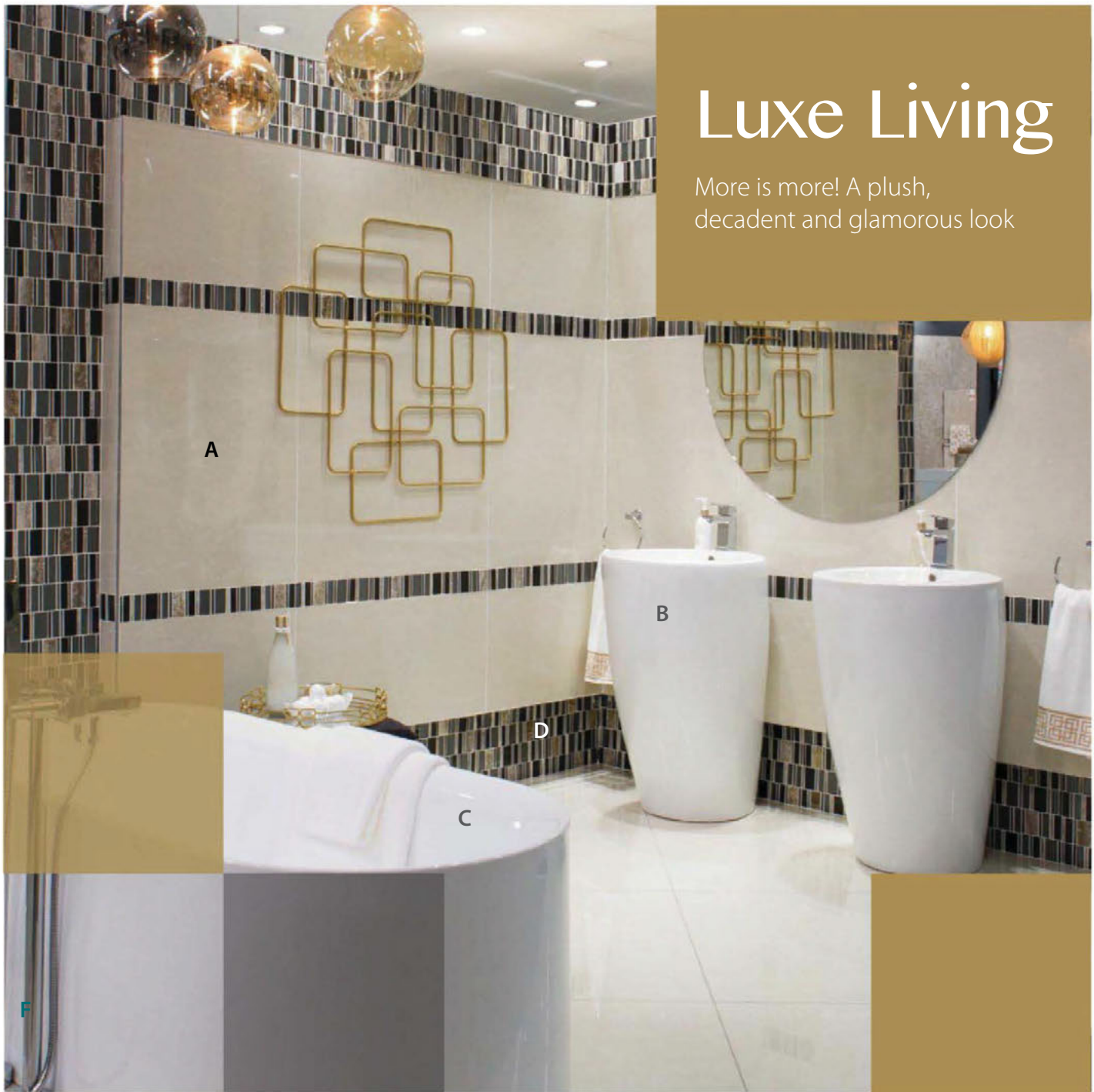


Another dimension

An easy way to create a striking 3D effect on a wall is to mix tiles in a chequerboard pattern to emphasise contrasts in colour or texture. You can create the look, from R1 500/m² (for tiles and cutting), using tiles from Italtile's catalogue, such as the Uptown range in various shades or a mix of Technostone Carbone and Technostone Nero. ▶

Luxe Living

More is more! A plush, decadent and glamorous look



Classic sophistication is the hallmark of this style. Taking the rich colours and textures of marble, travertine and precious metals as inspiration, adding glam and sparkle with crystal. The look is timeless and elegant, with just a touch of sumptuous luxury.

Products featured

A. Galaxy polished porcelain floor tiles 800x800mm R249.99m² B. Xina freestanding pedestal basin (available in square option) R3499.99 C. Indy freestanding bath R8999.99 D. Marblestone terra firma mosaic R269.99 p/sheet

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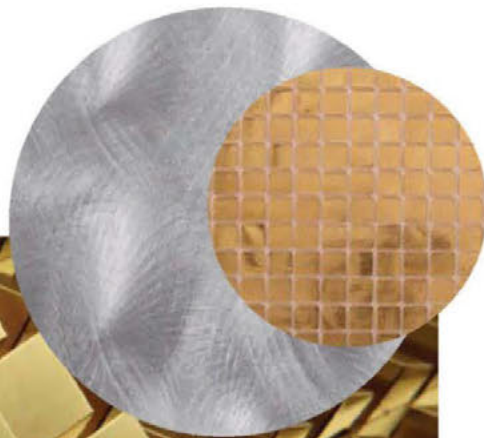
Glitterati

Glamorous wall claddings are a quick way to add a luxe touch to your home.

Future perfect

London-based surface-design company Giles Miller is innovating with designs that marry architecture with gorgeous interior finishes, such as Rosaic in Brass (pictured). Prices are project based, and shipping to South Africa is offered. The company has already been commissioned by some of the world's top venues, including The Ritz-Carlton hotel group and the Design Museum in London, to develop bespoke surfaces. gilesmiller.com

ABOVE RIGHT Douglas Jones offers various eye-catching surfaces, including Supernova in Steel (6390), R143/tile, and a tile made from pure gold (R14 a piece) that's perfect when used with discernment as an accent on a feature wall.



Big ideas

Old-fashioned surfaces are being reinvented with a modern twist.



Smart walls

Plasterboard is well known for its excellent thermal-insulation abilities and acoustic-dampening properties and Gyproc's Habito plasterboard includes extra benefits, such as being as durable as brick. This means you can fix shelves, curtain poles, picture hooks and TVs in place without needing to use any specialist drilling or fixing equipment and tools. gyproc.co.za



THE RETURN OF FACE BRICK
Face brick, along with exposed brick, has ditched its dowdy past to become the cool kid of the blocks. The low maintenance finish is making a comeback as both interior and exterior feature walls.

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IN SINK

If you're renovating, consider the Genesis range of stainless-steel sinks by Franke. It comprises two sleek, industrial-style inset options: the Genesis GSX 621-120 double-bowl sink and the Genesis GSX 671 double-bowl sink with a centre half bowl. From R1 956. franke.com

Le Creuset's stylish new cast-iron Signature Roaster (R2 400) is perfect for preparing hearty roasts and casseroles.
lecreuset.co.za



kitchen

COMPILED BY **GEMMA BEDFORTH**

SPACE SAVERS

The Squish range of collapsible kitchenware at Banks Kitchen Boutique is perfect for kitchens with little storage space – simply flatten the items and stow them away once the job is done. bankskitchenboutique.co.za



A HAPPY UNION

New to SA, Miele's clever DGM 6800 model is a steam cooker and microwave oven in one. The integrated appliance will be available in store this July. R47 990 at leading retailers. miele.co.za



POT LUCK

Eetrite's Moroccan-mod Eurostone tagine in Matt Black is perfect for spicy slow cooking. R589 at Yuppiefchef. yuppiefchef.com



IF YOUR HOME-MADE SOUP IS SALTY ADD A FEW RAW POTATO WEDGES TO THE POT AND LET IT SIMMER FOR 10 MINUTES BEFORE REMOVING THE WEDGES. THE STARCH IN THE POTATO SHOULD ABSORB EXTRA SALT AND NEUTRALISE THE FLAVOUR.

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FABRIC NATION

Mark Alexander's latest fabric range, Folk (available at Romo), offers a modern take on cultural art in the form of decorative prints, loose weaves and artisan-dyed sheers in cool, subdued hues. Dharma, for instance, is a screen-printed linen inspired by the traditional Kashmiri paisley, while Maya – a chevron embroidery – draws inspiration from Mayan stonework. romosouthafrica.com



lounge

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TEXT ESTEE KERSHOFF

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PATTERN PLAY

Have some fun indoors by introducing the vibrant Multicoloured Chevron rug from the Printed Rug Collection to your floors. R1 495 (1.5x2.3m) at Airloom. airloom.co.za



Display your favourite objets d'art in these glass-and-wood showcases (from R2 900) from La Grange Interiors. lagrangeinteriors.co.za

BIG SOFTIE

The Abstract jacquard throw's bold grey-and-white pattern makes a graphic style statement. R200 at MRP Home. mrphome.com



CONCEIVED BY MARCEL WANDERS FOR MOOOI, THE SUPER-COMFY NUT LOUNGE CHAIR IS ALSO UPHOLSTERED IN THE DESIGNER'S RICHLY PATTERNED, SIGNATURE OIL FABRIC. R19 300 AT CRÉMA DESIGN. [CREMADESIGN.CO.ZA](http://cremadesign.co.za)

ROOM TO GROW

'Make the most of indoor spaces and create the biggest play area possible to encourage active and imaginary play,' advises Sam Scarborough, author and children's decor consultant, when talking about the importance of play in the developmental process of kids. To help parents build creative environments Sam started her online store Kids Decor, which sells beautiful, affordable decor items, such as beanbags (R1 150), customised toy boxes (R1 900) and lampshades (R120). kidsdecor.co.za



Modelled on old school seats, the Retro chair (R2 000) by Aspace comes in a range of bright colours from neon pink to zesty lime, navy blue and white. nestdesigns.co.za

sleep

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TEXT ESTEE KERSHOFF



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SITTING PRETTY

Who says kids' rooms can't be jolly and fashionable? The soft cotton Chevron ottoman (35x35x35cm) in Black and White provides practical seating with an on-trend design. R500 at Mono Online Shop. monoshop.co.za



THE LONDON SIGHTS PADDINGTON FABRIC IN RED/BLUE FROM THE NURSERY TALES RANGE BY JANE

CHURCHILL (R3 129/M) AT MAVROMAC IS PERFECT FOR A TODDLER'S ROOM. MAVROMAC.CO.ZA

KIDS' ROOMS special



BUILDING BLOCKS

Learn while playing with Djeco's 12 Colour Animal blocks (R295) from A Little Luxury. Each side has a picture puzzle youngsters must complete by stacking the blocks in the correct order. alittleluxury.com



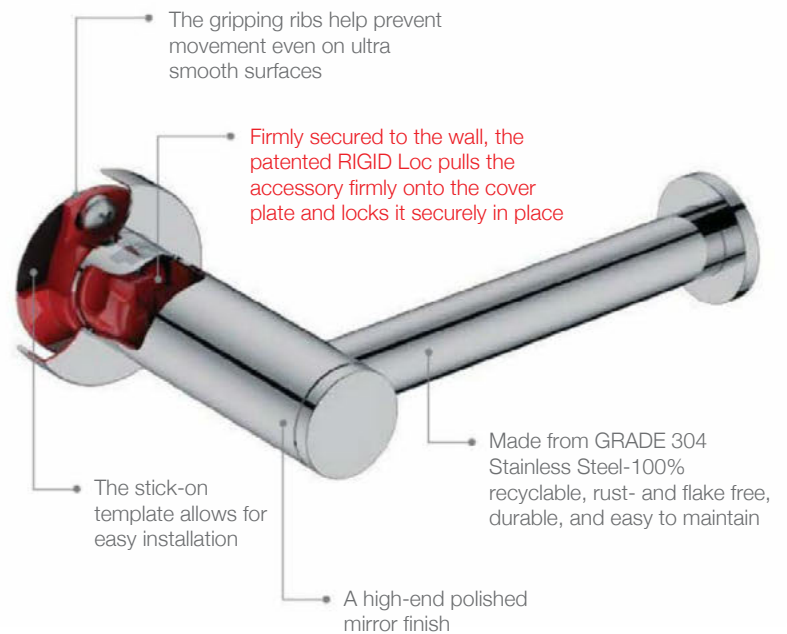
MONKEY BUSINESS

Little ones will have more fun than a barrel of, well, monkeys with Maximillian Monkey by Jellycat (R339) from A Little Luxury. alittleluxury.com



Keep your bathroom accessories **firmly secured** in place with Bathroom Butler's patented new **RIGID Loc Mounting System**

Traditionally, bathroom accessories were attached to the bathroom wall using grub screws, which had to be regularly tightened in order to keep them firmly secured. To negate this problem, Bathroom Butler has introduced an innovative mounting system - the RIGID Loc System - to ensure that bathroom accessories remain tightly mounted to the wall.



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BATH-TIME BLISS

Now you can soak in the tub for hours thanks to the generous proportions and heat-retentive, cast-acrylic material used in the making of the Classique in Skirt bath from the Bespoke Baths range. R18 150 at Victorian Bathrooms. victorianbathrooms.co.za

LIGHT UP

Okha's Lab Series draws design inspiration from old laboratory equipment and consists of solid brass candle holders and lamps in a variety of shapes and sizes. From R4 689 at Okha. okha.com



bath

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PHOTOGRAPHS: SUPPLIED

Wash away the day's worries with Santa Maria Novella's Olio Di Jojoba gentle cleanser (R550) made from sweet almond and jojoba oils. 021-425-8181



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TERRY-FIC

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PLANT NOW

There's still time to get your *Lilium* bulbs in the ground for a bright, heady display come early spring. When planting, remember that most lillies grow between one and two metres tall, so place them towards the back of beddings with stalks for support.

garden

COMPILED BY ESTEE KERSHOFF

FRESHLY GROWN

101 Essential Tips Growing Vegetables (DK, R105) guides novice gardeners through the basics of growing their own veggies from organic gardening methods to improving soil quality and harvesting produce.



THESE BOOTS WERE MADE FOR... GARDENING

Keep your feet warm, dry and looking stylish while trudging through the mud this winter with Havaianas' Helios Rain Boots (from R829).
en-za.havaianas.com

The LC3 Outdoor range by Cassina offers sleek outdoor seating of the highest quality with polished stainless-steel frames and weather-resistant cushions with drainable polyurethane inners to prevent mould. From R77 900 at A + I Unlimited Design. 011-325-4228



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RAY OF (SUN)LIGHT

Ensure that your property stays well lit and secure with the new LEDS Solar Sensor Flood Light 20594 (R400) from The Lighting Warehouse. The floodlight has super-bright LEDs, can detect movement over a range of five metres and will last up to eight hours after a full charge. lightingwarehouse.co.za



PLAYING TAG

The Toast light shade, which is made from upcycled bread tags, is not only a radiant focal point in homes – it also helps its designer Adriaan Swanepoel support the charity Breadtags for Wheelchairs. From R4 900 at Breadtag Light. breadtaglight.co.za



Q&A marcelle warner,

passionate plant lover and owner of Cape Town-based Vertical Veg, which installs customised vertical food gardens in a locally produced pocket system.

Why vertical gardens? They're a great way to grow herbs and veggies in a limited space. They're accessible and water wise, and you can eat seasonally without racking up carbon miles.

Is plant maintenance an issue? No more than looking after container plants. The pockets are generous, so food plants can grow large root systems, which are vital for good plant health. You can also install irrigation dripper systems.

What about pests? Healthy plants in a healthy environment cope well with pests and won't easily succumb to disease. For food plants, take care to use only natural pest-control methods, whether you use sprays or companion plants.

Best winter gardening tips? Grow walls of lettuce, as well as leafy Asian greens. Feast on all the cool-season peas, spinach plants and kale. Most herbs, such as rocket and red mustard, are available now to add flavour and colour.

Any advice for beginner vertical gardeners? Start small with a 10-pocket panel to see how the plants grow and how you manage with maintenance and using your produce. Get advice on plant requirements from a good nursery.

What excites you about the future? Everyone has a wall of sorts and can benefit from eating fresh, home-grown food. verticalveg.co.za

green living

COMPILED BY ESTEE KERSHOFF



STAY CONNECTED

The nifty little WakaWaka Power solar charger offers an easy, green way to charge smartphones and tablets – especially when travelling. It also has a handy built-in light. R880 at Faithful to Nature. faithful-to-nature.co.za



The durable LifeStraw
Go bottle filters waterborne bacteria and parasites and is perfect for hiking and camping – just scoop water from a nearby river. R599 at yuppiechef.com

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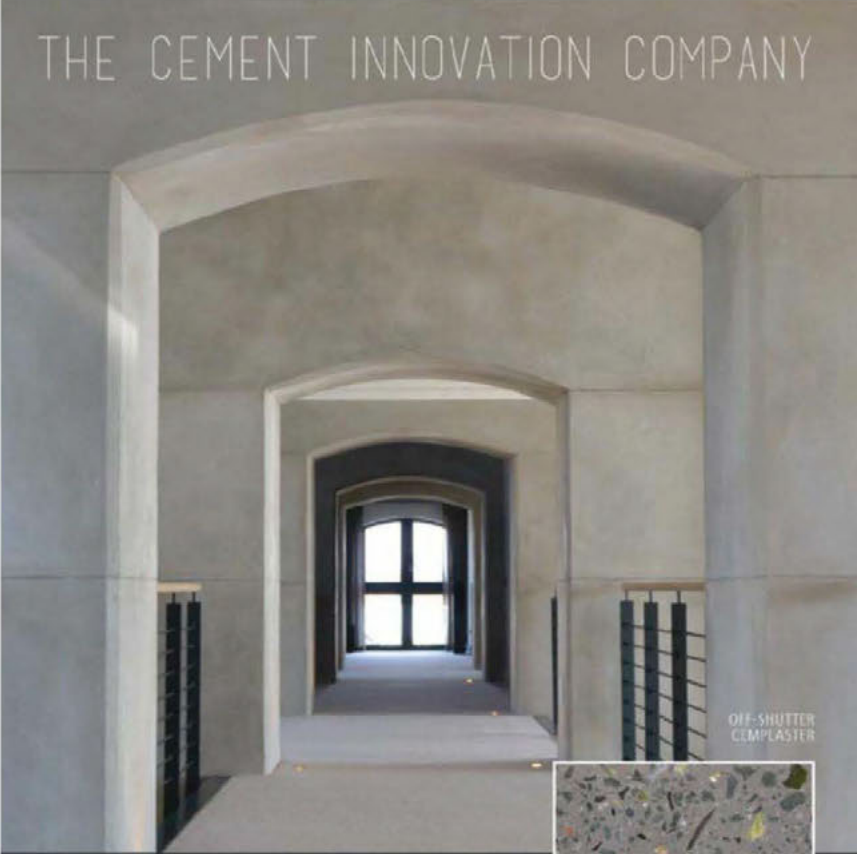
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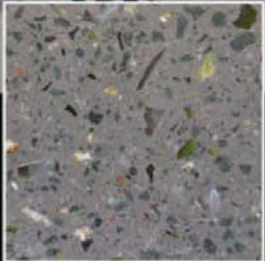


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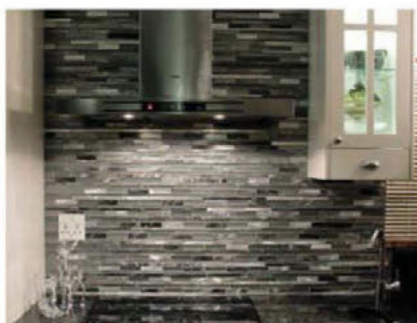
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Lim lim.co.za

Livision livision.co.za

Lula Fabrics lulafabrics.co.za

Lulu & Marula luluandmarula.com

Madwa madwa.com

Mae Artisan Rugs maerugs.com

Marlanteak marlanteak.com

Mavromac mavromac.co.za

Mezzanine mezzanineinteriors.co.za

Nonna nonna.co.za

Norick Interiors norickinteriors.com

Okha okha.com

Old Barn Originals oldbarnoriginals.co.za

Optiphi optiphi.com; theshop.thecde.co.za

Ordinary Skincare ordinaryskincare.co.za

Pezula Interiors pezulainteriors.co.za

Pure Beginnings Organic Care

purebeginnings.co.za

Red Square redsquare.co.za

The Silk and Cotton Company silkco.co.za

SKNLogic sknlogic.com

Skoon skoonskin.co.za

Smeg smeg.co.za

The Space thespace.co.za

St Leger & Viney stleger.co.za

Stuttafords stuttafords.co.za

T&Co tandco.co.za

Tafelberg Furnishers tafelberg.co.za

Tessa Sonik tessasonik.co.za

Tonic tonicdesign.co.za

Truworthe truworthe.co.za

Unique Kitchens 021-981-9393

Vogel vogeldesign.co.za

Weylandts weylandts.co.za

Wood You Believe It

woodyoubelieveit.co.za

Woolworths woolworths.co.za

Zana zanaproducts.co.za

Trends Want it! Green it product information from page 28:

FROM LEFT **Palm tree in planter**, Amatuli Artefacts' own; fiddle-leaf fig **plant** R175, GardenShop; Chinese wooden **container** R890, Amatuli Artefacts; *Asplenium antiquum* **plant** R125, and FI Schaerz **planter** in Black R195, both GardenShop; metal **stool** in Gold R1 232, and mokoro wooden **canoe** from R4 332, both Amatuli Artefacts; Loft D9406 **floor lamp** in Olive Green RAL.6003 by Jieldé R12 580, Tonic; nephrolepis plant R49,95, Lenso cardboard **vase** R125, and peace-in-the-home **plant** R39,90, all GardenShop; metal **planter** from R329, and wooden **coffee table** R2 144 (small), both Amatuli Artefacts; Lowline **sofa** with Matt Black mild-steel base upholstered in Xian fabric in 3455/04 from the Destinations collection by Jim Thompson (available at T&Co) R32 410 (including one scatter cushion), Tonic; wooden **coffee table** in Green R5 472, Amatuli Artefacts; **book**, Amatuli Artefacts' own; bird's-nest fern **plant** R79,95, GardenShop; metal **planter** from R329, Amatuli Artefacts; *Aglaonema* 'Silver Queen' **plant** R89, GardenShop; ceramic **pot** in Green by Digby Hoets R2 010, and hand-blown glass **vessel** in Green R6 145, both Tonic; **scatter cushions** covered in Istanbul fabric in Tumeric and Sea Grass from the Day and Night collection R534 each, Tessa Sonik; **palm tree in planter**, Amatuli Artefacts' own; metal **Café chair** in Gold R933, Amatuli Artefacts; *Monstera deliciosa* **plant** R99,90, GardenShop; metal **planter** from R329, and wooden Cactus **decorative object** R2 667, both Amatuli Artefacts; areca **palm tree** R89,90, GardenShop; Chinese wooden **container** R890, and metal **side table** in Gold R2 144 (small), both Amatuli Artefacts; **fan**, Amatuli Artefacts' own; bamboo **bird cage** from R890, and wooden **coffee table** from R3 740, both Amatuli Artefacts.

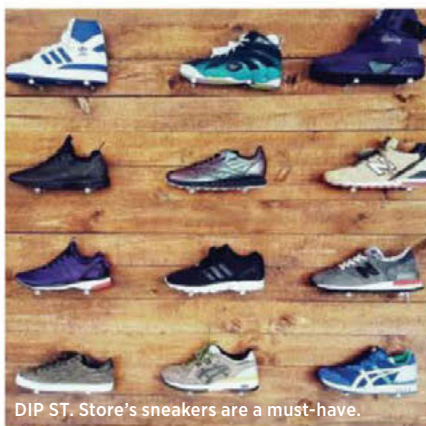
PRODUCTION ASSISTANTS: HEATHER BOTING, MATTHEW MOSSELS. SHOT ON LOCATION AT AMATULI ARTEFACTS, AMATULI.CO.ZA, 6 DESMOND ST, KRAMERVILLE, JOHANNESBURG. FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE.



Anthony is a homebody and likes to spend Friday nights working on his music. LEFT Maboneng Precinct is great for a light lunch.



Enjoying the Neighbourgoods Market vibe.



DIP ST. Store's sneakers are a must-have.



Sleeping in on a Saturday is a luxury.

HL's weekly
instagram
roundup
is at
houseandleisure.co.za

anthony bila

AKA The Expressionist, this street-style photographer, artist and blogger prefers no two days to be the same

TEXT **ANTHONY BILA** INSTAGRAMS **ANTHONY BILA**

I do my utmost to ensure that my days vary – I've seen *Groundhog Day*... So a recent Friday night ended with a few drinks at the advertising agency I work at in Sandton as a social-media manager/copywriter by day and visual artist (photography, videography and illustration) as well as musician by night. I'm a bit of a homebody and recluse so post work drinks I go home, work on some music and watch a TV series or movie or read a book.

Saturday I never get to sleep in so occasionally when I do, I revel in it, then grab some breakfast. I normally do photography/videography shoots on Saturday afternoons before I meet up with friends. I've recently moved into my own place so I do a bit of decor shopping, too, looking for light fixtures in Parkhurst. I also have a proclivity for sneakers so I go to DIP ST. Store at 33 De Korte Street to

see what it has in stock. I might do a light lunch in Maboneng. I also occasionally stop by the Neighbourgoods Market or Father Coffee for a quick caffeine injection.

Saturday night I like to see live music, whether at Kitchener's or elsewhere, such as The Orbit in Braamfontein for some live jazz and good food. I call it a night after that, get home and edit some images from my shoots.

Sunday morning I go for a picnic with friends in Tembisa in the East Rand. Post picnic, I like to go to Cinema Nouveau in Rosebank to watch a movie by myself or with a friend (as long as they agree not to ask myriad questions during the screening). I like to round out the weekend with my couch, a good book or just music playing in the background as I mentally prepare for the week that is to come. 🏠

anthonybila.com, [@TheExpressionist](https://www.instagram.com/anthonybila),
t anthonybila.tumblr.com



Backstage at Mercedes-Benz Fashion Week.

'I'VE MOVED INTO MY OWN PLACE SO I DO A BIT OF DECOR SHOPPING'



Shopping for light fixtures in Parkhurst.

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REMOVES STAINS FASTER*



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